



Wamogo Regional High School

SERVING THE TOWNS OF WARREN, MORRIS AND GOSHEN

Grades 7-12

98 WAMOGO ROAD • LITCHFIELD, CT 06759

PH: (860) 567-7410 FAX: (860) 567-6659 WEB: www.rsd6.org



March 13, 2017

Dear Parents/ Guardians,

In the upcoming weeks, a postural screening program will be conducted for all female students in the 7th grade and male students in 9th grade. The purpose of this state mandated screening is to recognize the signs of spinal curvature at its earliest stages, so that the need for treatment can be determined. Many cases of curvature of the spine are mild and require only ongoing monitoring by a doctor. Others get progressively worse as the child grows, especially during the years of rapid adolescent growth, and require active treatment.

As the school nurse, I will be conducting the screenings. Each student is guaranteed privacy and confidentiality. The procedure for the examination is a simple one, requiring less than one minute. The entire back, from shoulders to hips, should be visible without covering. Girls should be observed wearing a two-piece bathing suit, bra or sports bra, gym shorts or sweatpants. Boys should wear gym shorts or sweatpants. I will inspect the student's spine as he/she is standing up straight with his/her back to me. Next, he/she will put their palms together and bend forward at the hip. I will inspect the spine from the front, side and back. If a spinal problem is suspected, the student will be rechecked at a second screening.

If further consultation is recommended, parents/guardians will be notified and will be asked to seek further evaluation from their own physician. Every attempt will be made to have the screenings performed during PE or study hall. If you have any questions concerning the postural screening, please feel free to contact me directly at 860-567-7429.

Sincerely yours,

Shannon Vernali, RN

860 567-7429

Preparing all students for learning, living and achieving.

Regional School District No. 6 does not discriminate on the basis of race, color, national origin, sex, disability, or age in its programs and activities and provides equal access to the Boy Scouts and other designated youth groups. The following people have been designated to handle inquiries regarding the non-discrimination policies:

Title IX – Contact
Debbie DeLisle
98 Wamogo Road, Litchfield, CT 06759
860-567-6656

Section 504 Contact
Debra Foley
98 Wamogo Road, Litchfield, CT 06759
860-567-6642