

# SENIOR TECH 2020

Sunday, June 7 - Saturday, June 13

## All Sessions Are on Zoom

We will be using two Zoom rooms:

BR = [zoom.us/my/bayridge](https://zoom.us/my/bayridge) or, by phone dial 646-558-8656, Meeting ID:796 830 5542

OW = [zoom.us/my/owlshead](https://zoom.us/my/owlshead) or, by phone dial 646-558-8656, Meeting ID: 449 630 8335

Type the zoom address into your browser at the time of your session, or, follow the links from the schedule at [bayridgecenter.org/senior-tech](http://bayridgecenter.org/senior-tech). If you are new to Zoom, join a session in the first box below.

## CALENDAR OF EVENTS

Events are still being added & schedule is subject to change.

Please see [bayridgecenter.org/senior-tech](http://bayridgecenter.org/senior-tech) or call Bay Ridge Center, 718-748-0650 for updates.

How-to Use Zoom	Sunday June 7	Monday June 8	Tuesday June 9
New to Zoom? Join Tech Trainers for a Helpful Lesson!  <b>Thurs., June 4 - 4:00 pm (BR)</b> <b>Fri., June 5 - 11:00 am (OW)</b> <b>Sat., June 6 - 1:00 pm (BR)</b>	<b>11:00 am Quikiks:</b> Hands-Free Shoes with Step-in-Go Technology (OW) <b>12:30 pm OATS:</b> How To Spot Fake News (BR) <b>2:00 SeeYouLink:</b> Connecting Unconnected Seniors (OW) <b>5:00 *Candoo Tech (BR)</b> <b>7:00 *Candoo Tech (OW)</b> <b>8:00 Bay Ridge Ctr:</b> Online Learning Apps (BR)	<b>10:00 am SeeYouLink:</b> Connecting Unconnected Seniors (OW) <b>11:30 Grimaldi &amp; Yeung:</b> Getting Your Legal House in Order with Tech (BR) <b>1:30 pm Abely:</b> LiftMeUp: Portable Bed Recliner (OW) <b>3:00 *Wellness APPS (BR)</b> <b>4:30 Redstring:</b> Intro to Bay Ridge Village (OW) <b>7:00 Panel Discussion: "I Hate Technology" (BR)</b>	<b>10:00 am Bay Ridge Ctr:</b> Find Accurate Health Info (BR) <b>1:30 pm Grimaldi &amp; Yeung:</b> Telemedicine: New Rules for Healthcare Online (OW) <b>3:00 OATS:</b> Streaming & Smart TVs (BR) <b>4:30 Bay Ridge Ctr:</b> Online searches (OW) <b>6:00 Silverbills:</b> Concierge Billpaying Services for Seniors (BR) <b>7:00 Bonbouton:</b> Smart Insoles Detect Diabetic Foot Ulcers (OW)
<b>10:00 am Bay Ridge Ctr:</b> Free Wellness Videos (BR) <b>3:30 pm Grimaldi &amp; Yeung:</b> Analyzing Online Legal Tools (BR) <b>4:30 Dorot:</b> University Level Classes by Phone or Online (OW) <b>6:00 Bay Ridge Ctr:</b> Digital Calendars (BR) <b>8:00 Bay Ridge Ctr:</b> Smart Homes (OW)	<b>11:00 am Grimaldi &amp; Yeung:</b> Using Tech to Improve Long Distance Caregiving (OW) <b>1:00 pm Burn &amp; Rave Society:</b> Travel with Technology (BR) <b>3:00 AlterG Gravity-Free Treadmill:</b> Exercise Without Pain or Falls (OW) <b>4:30 Stonewall Village:</b> Resources for LGBTQ Elders (BR) <b>6:00 Bay Ridge Ctr:</b> Voice Recognition (OW)	<b>10:00 am *NY Memory Ctr:</b> Dementia Care & Virtual Programming (OW) <b>11:00 Bay Ridge Ctr:</b> Staying Safe Online (BR) <b>1:30 pm ORAH:</b> Quality Care Platform (OW) <b>3:00 PSS Circle of Care:</b> Online webinars & Cognitive Health (BR) <b>4:30 Pop Doc:</b> O-line Joint Health Program (OW) <b>7:00 Bay Ridge Ctr:</b> Choose a Smartphone (BR) <b>8:00 *Music &amp; Memory:</b> BR)	<b>11:00 am Bay Ridge Ctr:</b> Online Sources for Civic Engagement (OW) <b>1:00 pm *Candoo Tech(BR)</b> <b>3:00 Redstring.</b> Bay Ridge Village: new online site for older adults (BR) <b>4:30 Tech Fair Staff &amp; Participants:</b> What's Next? (OW)
			* Expect adjustments - time or title may change