



The Share the Plate committee met and discussed many organizations offering to help Ukraine . The following have all been vetted, and a high percentage of their funds are spent on programs relative to overhead. Here is a list of four very good options if you individually are looking for a way to support Ukraine.

International Rescue Committee
122 East 42nd Street
New York, NY 10168-1289
www.rescue.org

HIAS
1300 Spring Street
Suite 500
Silver Spring, MD 20910
www.hias.org

Doctors Without Borders USA
40 Rector Street
16th Floor
New York, NY 10006
www.doctorswithoutborders.org

Unitarian Universalist Service Committee (UUSC)
689 Massachusetts Avenue
Cambridge , MA 02139
www.uusc.org

submitted by Barbara Beckwith



One way to donate directly and instantly to help Ukrainians...

Book an Airbnb stay in Ukraine — not to visit but as a way to send money to a family in need. Last week, 61,000 nights were booked at Airbnbs in Kyiv and other cities — 34,000 of them by Americans. [Try it.](#)