

### **Ordering details for My Grandmother's Hands**

Anyone wanting to order the book, and get the discounted rate, please send Barbara an email by Sunday evening, 11/29 - [BarbaraLHoltzman@gmail.com](mailto:BarbaraLHoltzman@gmail.com)

The books should be in around December 5th. Please look at the website for the store hours <https://www.thecollective401.com/> and call to make sure the books are available for pick up in-store or curbside.

They are giving us a 25% discount, so the cost will be \$13.47 plus \$.94 tax. =\$14.41. If you need the book to be delivered by mail, or you are having difficulty reaching the store, contact Maggie Kain at [maggiekain401@gmail.com](mailto:maggiekain401@gmail.com)

You can read the book on your own but you will get much more out of it if you join our slow read/experiential/exploratory process with the Anti-racism group which meets every Monday at 7 pm through Zoom. If you are avoiding meetings because of video, consider joining by audio only. Twice a month, every other week, starting December 7, we will be diving deep into exploring and healing our own internalized racism with My Grandmother's Hands as our guide. This is a slow process and will take many months. On alternate weeks, the Anti-racism group will be focusing on using activism to heal our community. You are welcome to join both focus groups or only the one of greatest interest to you. Please join us!