Share the Plate March and April 2026

Barbara Beckwith, Chair

The recipient for Share the Plate for March and April, 2026 is Mental Health Association of Rhode Island (MHARI). It has been in existence for 110 years. Today mental health issues can be found among one in every five individuals in the United States. Data shows one in every 19 people suffer a serious mental health episode that may require professional help. In Rhode Island alone almost 30,000 of our residents have an identifiable, often treatable mental health issue. The efforts of MHARI to bring awareness to this problem are much needed.

MHARI hopes that its 110th anniversary will raise awareness and provide support for Rhode Island residents, who often suffer in silence. The organization advocates to end the stigma and discrimination surrounding mental illness while building partnerships across the state. These efforts help advance comprehensive legislation focused on education and improving access to effective, affordable treatment and services. Despite having a small staff, MHARI is frequently present at the State House, promoting legislation to representatives and senators with the goal of seeing it passed into law. They welcome support in many forms, including both financial contributions and volunteer assistance.

Please read more about MHARI here. https://mhari.org/. To learn an interesting bit of history please click here. https://mhari.org/the-bell/