



# Sidekicks

## Spiritual Partners Helping U be U

Thank you for participating in our Sidekicks Program!  It is a blessing to welcome a new friend into our lives. We are hoping that this will lead to more connections in the future and hope to expand the program this fall, inviting everyone in the congregation to make a connection with a new friend. For now, we're starting small and asking you to meet up one time this spring. If you would like to continue meeting, that's up to you!

Please reach out to your new friend to plan a time and place to chat. It can be after a Sunday morning service, at a community spot, or at someone's home. Please plan 10 to 30 minutes to visit. Lee is happy to stay after service and help get you set up with a craft, game or even just some Legos to help break the ice :)

You are welcome to use a few of the questions below or come up with your own questions. And everyone can answer them, not just the older adult! The idea is to just encourage conversation, and gently nurture a relationship. If you want to take a photo with your new friend, we can add it to a bulletin board at the UUCSC as together, we build community. You could also take a short video, if you feel inspired, and post photos and videos on our facebook and instagram accounts with the hashtags #ubeu and #uusoco

Have Fun! – The RE Committee

# Sample Questions **(or use your own!)**



Did you have a pet when you were younger?

What did you do for your first job**?**

What flavor of ice cream do you like?

What kind of chores did you do when you were a kid?

Do you remember what your family car looked like?

What was/is a favorite food you ate as a family**?**

Did you go to church when you were a kid?

Did you ever get really sick as a young person**?**

What were/are your teachers like in school?

Do you remember stories from your own grandmother/grandfather?

Did you ever go on a really cool trip?

What are you most proud of?

What kind of music did you like as a kid?

Have you ever lived in another country?

Is there an adventure you would like to go on?

Do/did you like to sing, dance, act on stage, make art?

