









Ambassadors for Recovery

Chester County PRO-ACT May 2019!



| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|---|--|--|--|---|--|
| <div style="border: 1px solid black; padding: 5px;"> For CRS Services, contact Adam Sledd, Coordinator: P: 484-325-5990 F: 484-318-2908 </div> | <div style="border: 1px solid black; padding: 5px;"> Chester County Office: 16 Mystic Lane Malvern, PA </div> | <div style="border: 1px solid black; padding: 5px;"> Volunteer Coordinator Per Hagen 610-675-4208 </div> | 1 Overcoming Addiction 10-11:30 Family Education Program 7-9:00PM | 2 Working Through Recovery 6:00 PM– 7:30 PM | 3 | 4 Adventures in Recovery Hike Rickets Glenn Falls Trail Hike 11am |
| 5  | 6 Chester County Vision Team 6-7:30 | 7 | 8 Overcoming Addiction 10-11:30 Family Education Program 7-9:00PM | 9 Working Through Recovery 6:00 PM– 7:30 PM | 10  | |
| 12 Kacie's Cause Mothers Day Walk 9am to 12pm PRO-ACT Table | 13 | 14 | 15 Overcoming Addiction 10-11:30 Family Education Program 7-9:00PM | 16 Working Through Recovery 6:00 PM– 7:30 PM | 1  | |
| 19 | 20  | 21 | 22 Overcoming Addiction 10-11:30 | 23 Working Through Recovery 6:00 PM– 7:30 PM | 24 | 25 |
| 26 | 27 CLOSED  | 28 | 29 Overcoming Addiction 10-11:30 | 30 Working Through Recovery 6:00 PM– 7:30 PM | 31  | <div style="border: 1px solid black; padding: 5px;"> Project Coordinator Alison Slickers 610-675-4200 </div> |

Highlights in May 2019

Volunteer Orientation Training: We are committed to the success of our volunteers. All volunteers complete this training to help them identify strengths and assets so everyone can get the most out of their volunteer experience. Please contact Per Hagen to register. This training is held at 16 Mystic Lane Malvern, PA 19355.

Peer Mentoring Training: Our Peer Mentoring training will help you learn effective peer mentoring strategies, active listening and supporting many pathways to recovery. Please contact Per Hagen to register. This training is held at 16 Mystic Lane Malvern, PA 19355.

Group Leadership and Facilitation Training: This training is for volunteers who have completed the Volunteer Orientation Training and would like to learn how to facilitate our Life Skills programs or a topic workshop. The training helps you hone your presenting, listening and leader skills. Please contact Per Hagen to register. This training is held at 16 Mystic Lane Malvern, PA 19355.

PRO-ACT Family Education Program: A three week, educational program for loved ones of those struggling with substance use disorder. Program is not for children under age 14 and not for the person suffering from a substance use disorder. The program is held the first three Wednesdays of May from 7:00 pm—9:00 pm at 16 Mystic Lane, Malvern Pennsylvania 19335. Pre-registration is required. Please call (800) 221-6333 to register.

Overcoming Addiction: A peer-led support and discussion forum where people in recovery learn to see their struggles as their “story.” Group meets Wednesdays 10:30 to 11:30AM at the Coatesville Center for Community Health, 1001 E. Lincoln Highway, Coatesville PA 19320. call Per Hagen, Volunteer Coordinator, with any questions (610) 675-4208.

Working Through Recovery: A peer-led support and discussion group for all pathways to recovery. Group meets Thursdays 6 - 7:00 PM at the Salvation Army in Coatesville— 669 Lincoln Highway, Coatesville PA 19320. Please call Per Hagen, Volunteer Coordinator, with any questions (610) 675-4208.

Kacies Cause PRO-ACT Table: Come visit the PRO-ACT Table at Kacie’s Cause Mothers Day Walk: 700 main Street Parkesburg, PA 9am to 12pm

Vision Team— Brainstorm and develop peer-based recovery support services and activities for Chester County PRO-ACT. This meeting is held at 16 Mystic Lane in Malvern from 6:30-8PM. In order to join our Vision Team, we ask for a one year commitment. Please call Per Hagen, Volunteer Coordinator, with any questions (610) 675-4208.

Adventures in Recovery: Ricketts Glen Hike. Come Join us for an beautiful/magical hike. 20 waterfalls are on this trail! Pack a lunch and wear good hiking shoes. Some transportation in available. 695 State Rte 487 Benton, PA 17814 Saturday May 4th. Per Hagen, Volunteer Coordinator, with any questions (610) 675-4208.

Complete your community service hours with PRO-ACT! Contact Per Hagen today to find out more!

Cell: 610-675-4208

Email: phagen@councilsepa.org