

Rush Hour

Evening rush hour (**between 4 PM and 7 PM weekdays**) is a dangerous time to drive due to crowded roadways and drivers eager to get home after work. In the winter, it's dark during rush hour, compounding an already dangerous driving situation.

Some tips to make rush hour safer:

- Stay calm
- Reduce your speed
- Stay in your lane and be aware of drivers who dart from lane to lane
- Don't tailgate
- Even though your route home is familiar, don't go into autopilot; stay alert
- Use defensive driving techniques
- Don't use your phone, eat, drink or do other things that are distracting.