

A MESSAGE FROM THE EXECUTIVE DIRECTOR

During these uncertain times, resilience is key. We all know that nurses are resilient which has been regularly reinforced since the onset of the pandemic. We have adapted our daily work and found new ways to get things done. Our networking and conferences have been converted to virtual events that meet our needs in new and different ways. Your NHCNE Leadership is working to make NHCNE a resilient organization by looking at new ways to partner with others to achieve our objectives.

It is exciting to see how quickly and creatively we have been able to adapt. Many have used their voices in advocacy for others such as the hearing impaired, persons who have guardians in long term care, and others who are marginalized or unable to speak for themselves.

I hope that you are keeping a journal of some sort these days to keep track of your experiences, thoughts, and feelings during this extraordinary time. There are some stories being told in the moment, but many will need to be shared after the situation improves to get the full story of nursing out there. From the perspective of NHCNE, we will need to be sure we understand how the pandemic impacted the quality of care for older adults and how we can be better prepared in the future. We know that nursing education at all levels has been affected and that it will be challenging to get future nurses and APRNs access to the necessary clinical experiences to prepare for their practice.

Personal care is also important to maintaining your individual resilience. It is hard for nurses to do in the midst of many other demands, but it is so important. As we enter the Fall, please take time for your own rest and wellness. Stay safe and healthy.



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