

MESSAGE FROM THE PRESIDENT

Janet C. Mentes

PhD, APRN, BC, FGSA, FAAN



Happy New Year! Welcome to 2020, the International Year of the Nurse and Midwife, as designated by the World Health Organization. It is so designated to commemorate the 200th birth of Florence Nightingale. It is interesting to note that Nightingale advocated for improved nutrition, exercise, sanitation and clean air (several social determinants of health) to improve the health of persons under her care, which is taking an increasingly important role in present day nursing care. I have not discovered what she recommended for a long life (she lived to 90 years), but from her written works she would likely think that we were on the right path by focusing on preventive actions such as diet/exercise and environmental issues.

As NHCGNE moves into a new decade, we continued to be committed to improving the quality of health care to older adults in all settings--the community, hospital and long term care facility. We are growing with new members every year, both in the US and internationally and we expect 2020 to continue in this trend. Consider joining us if you are not currently a member; we have many networking opportunities with gerontological nurses across the world and other important member benefits.

Happy International Year of the Nurse,

A handwritten signature in black ink that reads "Janet C. Mentes". The signature is fluid and cursive.

Janet C. Mentes, PhD, APRN, BC, FGSA, FAAN
President, NHCGNE