

Aging in Utah Today

Monthly Online Seminar*

Feb 18th, 2026 8AM MT

Sponsored by the Hartford Center for Gerontological Nursing Excellence at the University of Utah College of Nursing



Acupuncture and Aging

Dr. Lisa Taylor-Swanson
College of Nursing



Preventing Delirium During Hospitalization

Lauren Chamberlain, MS
Hospital Elder Life Program (HELP)



What's the Big Deal about Mitochondria?

Dr. Cathy Maxwell
College of Nursing
Hartford Center of Gerontological
Nursing Excellence

EVERYONE IS WELCOME!

Join by computer:

<https://utah.zoom.us/j/89616521620>



SCAN TO JOIN
BY PHONE