



Sarah Chappell Armentrout

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It was a full circle moment having my mentor and coach of 25 years ago, [Peggy Cummings](#), teaching Hazel and Ivy this past week. My favorite question: "Peggy, what was my mom like at 25?" 🧐🤔❤️.

Peggy remains a gifted teacher to this day and I was fortunate to have been her working student, along with fellow coach [Susanne Hamilton](#), many moons ago. Both women joined us this past week for an unforgettable Para-Dressage Camp focused on blind and visually impaired athletes at Carlisle Academy, co-hosted by [Ana Belo O'Brien](#). Three days of inspired learning and fun collaboration.

Full heart. 🥰