

March 25, 2020

A Finger Game

In this finger game make the shape of a little mouse with your hand for each line; the older children can separate each finger to show each mouse

5 little mice on the pantry floor, *your five fingers wiggle close to the ground*
This little mouse peeped behind the door, *your hands reach up to your eyes*
This little mouse nibbled at the cake, *one hand nibbles into the palm of the other hand*
This little mouse not a sound did make, *bring your finger to your lips in a hush gesture*
This little mouse took a bite of cheese, *one hand bites gently into the palm of the other hand*
This little mouse heard the kitten sneeze. *put your hand to your ear*
“Atchoo!” said the kitten, *sneeze!*
“Squeak, squeak!” they all cried, *your five fingers open and close*
‘Til they found a hole and hid inside. *make a hole shape with one arm, let your other fingers and hand run into that hole and tuck under your armpit*

A Poem

In this poem tuck yourself tightly into a ball shape on the floor, then gradually and slowly open up, arms stretched wide open, and finally jump right up!

Winter tells us little bulbs to tuck our head in so,
Then we need not shiver when the cold winds blow.
Soon the warm spring sun will come
And shine upon our heads.
We'll grow and grow and grow and grow,
And jump right out of bed!

A Song

Wake up, wake up all dear little children,
Sunlight, sky bright, spring is coming now.
Gusty March winds blowing,
Daffodils a-bowing,
Birds sing, bells ring, there's blossom on the bough.

Piper, piper, play your happy music,
Singing, singing, we will follow on.
Dancing through the day time,
Lead us to the May time.
Ding dong, spring song, the winter's past and gone.

A Dance Song ~ Dancing All Together

Round and round the ring we go! *Holding hands, circle to the left while singing*
Dancing all together,
Round and round the ring we go!
Dancing all together.

Reach so high we touch the sky! *Stand and let go of hands, make the gesture of reaching high*
Dancing all together,
Reach so high we touch the sky!
Dancing all together.

Round and round the ring we go! *Holding hands, circle to the left while singing*
Dancing all together.

Turn around and touch the ground! *Stand and let go of hands, touch the ground*
Dancing all together,
Turn around and touch the ground!
Dancing all together.

Round and round the ring we go! *Holding hands, circle to the left while singing*
Dancing all together.

Point your toes and touch your nose! *Stand and let go of hands, make the gestures*
Dancing all together,
Point your toes and touch your nose!
Dancing all together.

Round and round the ring we go! *Holding hands, circle to the left while singing*
Dancing all together.
Round and round the ring we go!
Dancing all together.