

1. When do you get/feel sad?

2. Are there parts of your life that hurt? Are there people who have hurt you?

3. Have you ever been depressed?

4. How is depression different than “sad”?

5. Who do you talk to about the “BIG” things?

- What friends?
- What adults?
- Why are these the people you choose?

6. What is suicide?

7. Have you ever wondered what “being suicidal” would feel like?

8. Do you know anyone who has said they were depressed or talked about hurting themselves?

- How did you handle the conversation?
- How did you feel about the conversation?

9. Is suicide an easy topic to talk about? Why or why not?

10. Do you think thoughts of suicide are normal?

11. What causes depression?

12. What are the things that are painful about school for you or for your friends/acquaintances?

13. What causes suicidal feelings?

14. Is feeling depressed different from feeling suicidal? How do you think they are different?

15. What can you do if a friend talks about suicide? How would you know when to go for help?

16. What would keep you from going to an adult if you thought a friend was in trouble or being hurt?

17. Have you ever had thoughts of suicide? Did you talk to anyone about those thoughts? Who did you talk to?

18. What would keep you from coming to me if you were being bullied, were depressed or thinking of suicide?

19. What can I do to assure you that I would take you and how you were feeling seriously if you came to me with, fears, worries or thoughts of depression or suicide?

20. If you felt like you couldn’t come to me, who are you going to talk to?

21. Here are some people I feel you could go to\_\_\_\_\_.