

# Jesus Calms a Storm

*Mark 4:35-41*

## **Bible Point: We turn to Jesus when we are afraid**

There are all kinds of times when we might be afraid, but in the Bible we'll learn about a time when the disciples were on a boat in a storm. Jesus taught the disciples to turn to him and trust him when they were scared. Like that, we turn to Jesus when we are afraid.

Jesus was preaching near a lake, and many people had come to hear him. There were so many people at that lake to see Jesus that Jesus sat in a boat near the edge of the water while the people crowded along the shore to hear him. Let's read what happened next:

*Mark 4:35-41*

*35 That day when evening came, he said to his disciples, "Let us go over to the other side." 36 Leaving the crowd behind, they took him along, just as he was, in the boat. There were also other boats with him. 37 A furious squall came up, and the waves broke over the boat, so that it was nearly swamped. 38 Jesus was in the stern, sleeping on a cushion. The disciples woke him and said to him, "Teacher, don't you care if we drown?"*

*39 He got up, rebuked the wind and said to the waves, "Quiet! Be still!" Then the wind died down and it was completely calm.*

*40 He said to his disciples, "Why are you so afraid? Do you still have no faith?"*

*41 They were terrified and asked each other, "Who is this? Even the wind and the waves obey him!"*



The disciples must have been really scared. And it seemed like a normal time to be afraid. But Jesus told them that even in the storm they didn't need to be afraid because he'd always be there to help them. Our Bible Point tells us that we turn to Jesus when we are afraid. Jesus wants us to trust him in scary times, too.

Just like the disciples, we all have fears. But it's what we do with them that matters. When we think of something we're scared of, we can give it to Jesus. We can trust that he'll take care of us in that area of our lives.

## **Prayer:**

Dear God,

Thank you for giving us Jesus, and thank you that we can always turn to him when we're afraid.

In Jesus' name we pray, Amen.

# Ice Boats:



## Supplies:

- pipe cleaners or tape
- ice cube tray or plastic containers
- water
- straws (cut in half) or popsicle stick or small twig from outside
- scissors
- construction paper or aluminum foil
- hole punch

## Instructions:

-Find a container or ice cube tray and place your cut straw, popsicle stick, or twig in the center. This will be the mast of your boat. To keep it up right while the water freezes take either a pipe cleaner or tape to help it stay straight or the boat will be off balance.



-Fill the ice cube tray with water and place it in the freezer.



-Cut sails for the boats out of construction paper or foil. Use the hole punch to punch a hole at the top and bottom of the sail.

-Pop the ice cubes out of the tray. Slide the foil or paper sail on to the mast, then place the boat in water. Fill your sink or tub. Have fun creating big storm waves for your boat just like the disciples experienced!