

October 2026

EVERY WEEK

MONDAY Noon–8 p.m.	TUESDAY Noon–8 p.m.	WEDNESDAY Noon–8 p.m.	THURSDAY Noon–8 p.m.	FRIDAY Noon–5 p.m.
Computer Lab* noon–6 p.m. Meditation at BioPark* 12:15–12:45 p.m.	Computer Lab* noon–6 p.m. Benefits Screenings noon–4:30 p.m. Health Suite Appointments noon–5 p.m. JustAdvice 3:15–5:15 p.m. Line Dancing 6–7 p.m.	Computer Lab* noon–6 p.m. Benefits Screenings noon–4:30 p.m. Health Suite Appointments noon–5 p.m. Workforce Wednesday 2–5 p.m. Yoga at BioPark* 5:15–6:15 p.m.	Computer Lab* noon–6 p.m. Health Suite Appointments noon–5 p.m. Open Build 1–5 p.m. Yoga 5–6 p.m. Zumba 6–7 p.m.	Computer Lab* noon–5 p.m. Health Suite Appointments noon–5 p.m. Senior Art 12:30–2 p.m.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5 Dealing with Student Loan Debt Session noon–1 p.m.	6 Entrepreneurship Series <i>Money Moves</i> 6–7:30 p.m.	7	8 Healthy Eating and Shopping Session 1:30–3:30 p.m. Voter Education Session 5:30–7 p.m.	9	10
11	12	13 Train2Work <i>Health Care, Biotech, and Culinary</i> 4–7 p.m.	14 Glowforge Training <i>Earrings</i> 12:30–3:30 p.m. Community Town Hall 5:30–6:30 p.m.	15	16	17
18	19 Early Voting Kickoff Party at the Polls 4:30–6:30 p.m.	20 Nonprofit Leadership Series <i>Zoning</i> 5:45–6:45 p.m.	21 Grocery Giveaway and Vaccine Clinic 1:30–2:30 p.m.	22	23	24
25	26	27 Volunteer Tax Preparer & Navigator Info Session 5:30–6:30 p.m. Cricut Training: Tote Bag 5:30–8 p.m.	28	29 Smartphone Photography Series 6–8 p.m.	30 Trick or Treat with UMB! 4:30–6 p.m. <i>No programs or services after 3 p.m.</i>	31
Early Voting 7 a.m.–8 p.m.				Early Voting 7 a.m.–8 p.m.		

*BioPark classes are off-site. Faxing, scanning, and printing available until 5 p.m.

Learn more and register for our free opportunities
umaryland.edu/occe/center/opportunities



REGISTRATION NOTICE

Programs and services require registration unless otherwise noted. For questions or assistance with registration, call 410-706-8260 or email community@umaryland.edu.

HEALTH AND WELLNESS

Health Suite: Free health screenings, blood pressure checks, and general support. To schedule an appointment, visit bit.ly/cechealth.

Healthy Eating and Shopping: Learn about portion sizes, food labels, and healthy substitutions at Superfresh, 1205 W. Pratt St. Register: bit.ly/cechealtheducation.

Grocery Giveaway and Vaccine Clinic: Get free groceries, COVID-19 and flu vaccines, A1C screenings, and health resources. No registration required.

Fitness Classes: Stay active with yoga, line dancing, and Zumba. Register: bit.ly/cecfitness.

Wellness at the BioPark: Unwind and restore with yoga and meditation classes. Register: bit.ly/bioparkwell.

For more information on Health and Wellness offerings, call 410-706-8260 or email community@umaryland.edu.

WORKFORCE AND FINANCIAL WELLNESS

Benefits Screenings: Food, phone, medication, and energy assistance. To schedule an appointment, visit bit.ly/cecfinancialwellness. For questions, call 410-541-5086 or email cec@cashmd.org.

Provided by the CASH Campaign of Maryland and funded by a grant from the West Baltimore Renaissance Foundation.

Dealing with Student Loan Debt: Learn about federal and state student loan forgiveness programs, repayment, and eligibility requirements. Register: bit.ly/cecstudentloaninfo.

Entrepreneurship Series: Explore financial, entrepreneurial, and wellness topics and gain practical strategies and support. Register: bit.ly/cecentrepreneurship.

Train2Work: Explore free career training programs and participate in workshops that can help you start a new career. Register: bit.ly/cectrain2work.

Volunteer Tax Preparer & Navigator: Learn more about becoming a volunteer and the benefits of these opportunities during this information session.

Register: bit.ly/ceccashvolunteer.

Workforce Wednesday: Receive support with job searching, training resources, and résumé building. Drop in any Wednesday from 2–5 p.m. or join the virtual job seeker support sessions on Tuesdays from noon–1 p.m. at bit.ly/cecjobstues.

For questions about Workforce Initiatives, call 410-706-1931 or email workforce@umaryland.edu.

SUSTAINABILITY

Community Composting: Drop off your compost at the bin behind the CEC on Booth Street. Visit bit.ly/UMBcompostQuiz for the code.

COMMUNITY CONNECTIONS

Community Town Hall: UMB leadership will discuss the fiscal climate, UMB's future, and community support.

Register: umaryland.edu/communitytownhall.

Trick or Treat with UMB: Wear your costume and enjoy treats, games, music, and crafts. No registration required. For questions about these events, call 410-706-8260 or email community@umaryland.edu.

Early Voting Kickoff: Get ready for the election with voter registration, early voting information, and helpful resources. Register: bit.ly/umbpartyatpolls.

Voter Education: Explore key community issues, policymaking, and ways to create positive change. Register: bit.ly/cecvotereducation.

For questions about voting programming, call 410-706-4143 or email ebony.nicholson@umaryland.edu.

Nonprofit Leadership Series: Sharpen your skills with workshops for residents and employees of nonprofit organizations. Register: bit.ly/cecnonprofitseries. For questions about nonprofit workshops, call 410-706-1678 or email bsturdivant@umaryland.edu.

MAKER PROGRAM

Cricut: Learn to use a Cricut machine and create your own custom tote bag using heat transfer vinyl.

Register: bit.ly/cecmakertraining.

Glowforge: Design a pair of earrings using a laser cutter. Register: bit.ly/cecmakertraining.

Makerspace Open Build: After completing safety trainings, use maker equipment to work independently on projects. Register: bit.ly/cecopenbuild.

Senior Art: Explore new art techniques and get creative. Register: bit.ly/cecartclasses.

Smartphone Photography Series: Learn simple tips and techniques to take better photos with your smartphone. Register: bit.ly/cecphonephotography.

For questions about Maker programming, call 410-706-5620 or email community@umaryland.edu.

COMMUNITY RESOURCES AND SUPPORTS

Housing and Resource Navigation: Connect with United Way 211 to get help finding resources and services. For assistance, call 410-895-1319 or visit uwcm.org/CEC211.

JustAdvice: Meet with a lawyer to discuss your questions and receive brief legal advice. To schedule an appointment, call 410-929-4809 or email justadviceclinic@gmail.com.

COMPUTER SERVICES

Computer Lab: Free printing, scanning, and faxing are available until 5 p.m. Computers are available until 6 p.m. Walk-ins are welcome. Call ahead to confirm availability at 410-706-8260.



Connect With Us

Newsletter: umaryland.edu/occe/subscribe-to-our-newsletter

Instagram: umbengage

Facebook: umbengage



UNIVERSITY of MARYLAND
BALTIMORE

OFFICE OF COMMUNITY
AND CIVIC ENGAGEMENT