

Albany County, WY  
Recruitment Announcement



WYOMING  
INSTITUTE FOR  
DISABILITIES



## **Friendships and Dating is recruiting!**

**We are looking for participants in Albany County**

### **About the program**

*Friendships and Dating* is a preventative program that teaches individuals with intellectual and related developmental disability how to develop and maintain healthy relationships.

### **About the course**

*Friendships & Dating* is a ten-week course. Participants meet for class twice a week.

- The first class of the week is held in a classroom setting
- The second class of the week is held in different locations in the community to help reinforce skills participants learn in the classroom

### **Course topics**

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Friendships & Dating covers the following topics:

- Introduction to Friendships & Dating
- Feelings and emotions
- Communication and meeting others
- Personal boundaries
- Planning activities and dates
- Safe dating skills
- Personal safety
- Sexual health
- Staying healthy

### Who can participate

- Individuals with intellectual and/or developmental disabilities
- Individuals who live in Albany County

### Where to participate

- Start date: January 29, 2019
- Tuesdays and Thursdays, 4-5:30pm
- Laramie Fire Dept Station 2 Meeting Room, 1558 N. 23<sup>rd</sup> St

### How to apply

Complete the application and return to via:

- Email to [tmisra@uwyo.edu](mailto:tmisra@uwyo.edu) *or*
- Fax to (307) 766-2763 *or*
- Applications can also be completed by mailing them to:

**Attn: Tara Misra**  
**Sexual and Reproductive Health Program**  
**Wyoming Institute for Disabilities**  
**Dept. 4298, 1000 East University Avenue**  
**Laramie, WY 82071-3226**

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Friendships and Dating Participant  
Application

Resources for Individuals  
with Disabilities

Sexual and Reproductive Health Website

## Contact Information

Sexual and Reproductive Health Program  
Wyoming Institute for Disabilities  
Dept. 4298, 1000 East University Avenue  
Laramie, WY 82071-3226  
Phone: (307) 766-2853  
Fax: (307) 766-2877  
Email: [tmisra@uwyo.edu](mailto:tmisra@uwyo.edu)



SEXUAL & REPRODUCTIVE  
**HEALTH**

WIND  
Website

