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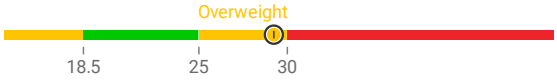
medical Body Composition Analyzer

Name: **Last, First**
IDP: **CP1234**
Gender, Age: **Male, 55**

Date of test: **10/15/2025, 6:00 AM**

Body Mass Index - BMI

29.2 kg/m²



Weight: **215.3 lbs**
Height: **6 ft**

Fat Mass Index - FMI

9.8 kg/m²



Fat Mass: **72.3 lbs**
Fat Mass Percentage (FM%): **33.6 %**

Fat-Free Mass Index - FFMI

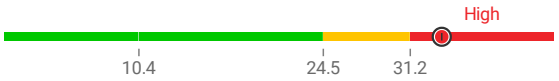
19.4 kg/m²



Fat-Free Mass: **143 lbs (66.4 %)**

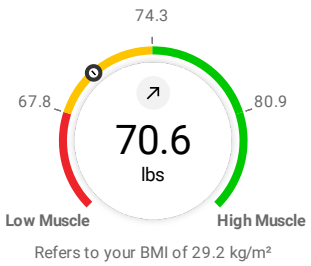
Fat Mass Percentage - FM %

33.6 %



Fat Mass: **72.3 lbs**
Fat Mass Index (FMI): **9.8 kg/m²**

Skeletal Muscle Mass - SMM



Refers to your BMI of 29.2 kg/m²

Skeletal Muscle Mass Percentage: **32.8 %**

Skeletal Muscle Index by MRI - SMI

9.6 kg/m²



Skeletal Muscle Mass: **70.6 lbs**

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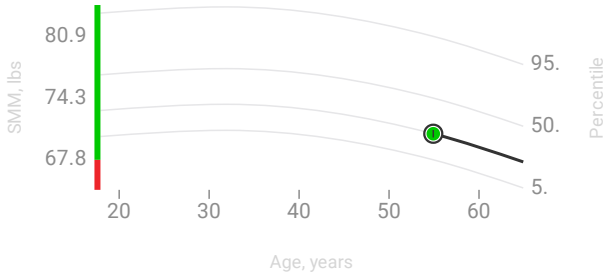
medical Body Composition Analyzer

Name: Last, First
IDP: CP1234
Gender, Age: Male, 55

Date of test: 10/15/2025, 6:00 AM

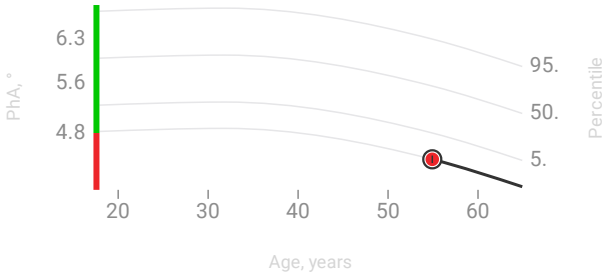
Skeletal Muscle Mass over Age - SMM

↗ 70.6 lbs 17. Percentile



Phase Angle - PhA

↗ 4.4° 1. Percentile



Water Ratio - ECW / TBW

↘ 44.5 %

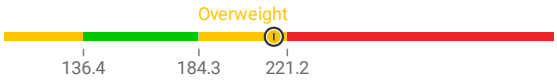


TBW:
48.3 Liters (49.1 %)

ECW:
21.5 Liters (21.9 %)

Weight

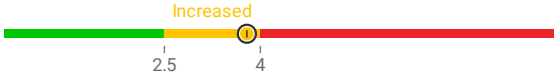
↘ 215.3 lbs



BMI
29.2 kg/m²

Visceral Adipose Tissue - VAT

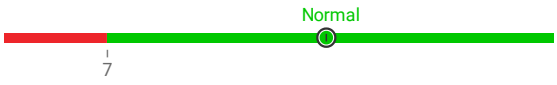
↗ 3.8 Liters



Waist Circumference:
40 ⅛ in

Appendicular Skeletal Muscle Index by DXA - ASMI

↘ 9.1 kg/m²



Skeletal Muscle Mass by DXA is equivalent to lean soft tissue

Appendicular Skeletal Muscle Mass:
66.9 lbs (31.1 %)

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medical Body Composition Analyzer

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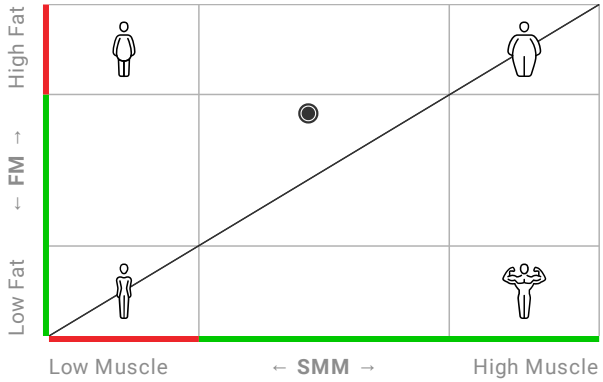
Waist Circumference - WC

→ 40 ⅛ in

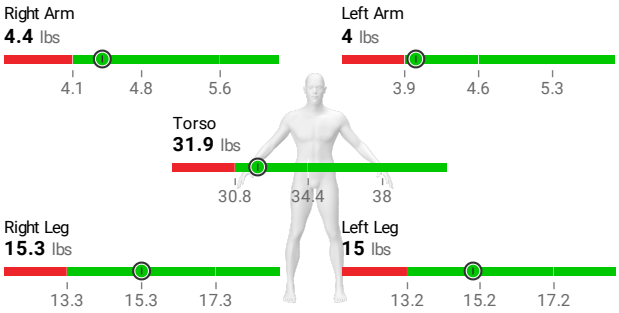


Visceral Adipose Tissue:
3.8 Liters

Body Composition Chart - BCC



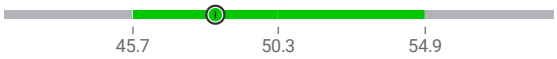
Segmental Skeletal Muscle Mass



Total Skeletal Muscle Mass:
70.6 lbs

Water

TBW ↘ 48.3 Liters



ECW ↘ 21.5 Liters

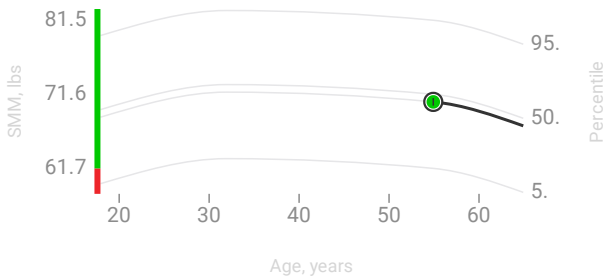


Total Body Water (TBW):
49.1 %

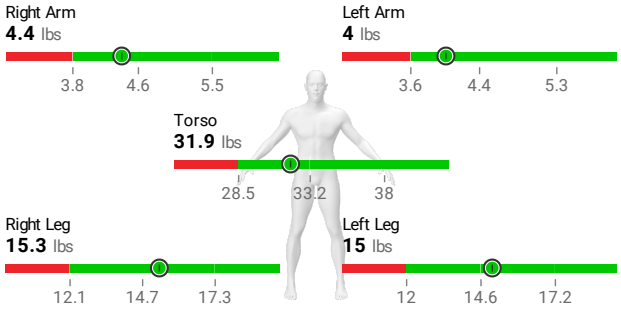
Extracellular Water (ECW):
21.9 %

Skeletal Muscle Mass over Age - SMM

↗ 70.6 lbs 43. Percentile



Segmental Skeletal Muscle Mass



Total Skeletal Muscle Mass:
70.6 lbs

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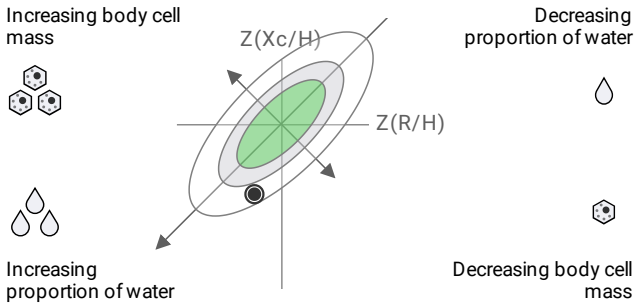
seca mBCA

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Name: Last, First
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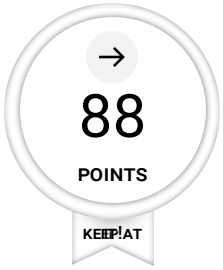
Date of test: 10/15/2025, 6:00 AM

Bioelectric Impedance Vector Analysis - BIVA



Resistance: 513.1 Ω
Reactance: 39.4 Ω

TRU Body Score



Muscle Score: 62 pts
Fat Score: 26 pts

Energy expenditure - REE / TEE

Resting Energy Expenditure - REE

7.89 MJ/day = 1886 kcal/day

Total Energy Expenditure - TEE

11.05 MJ/day = 2641 kcal/day

PAL
1.4

Notes are provided here

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