

# A 1-2 page letter of universal value to loved ones

## Express gratitude

What have they  
given you?  
How have they  
enriched  
your life?

## Share wisdom

What are three things  
your life has taught  
you, that you know  
to be true?  
List them.

## Bless the recipients

What are your hopes  
for them?  
What is the one most  
important thing you  
want to say to them?