
A 1-2 page letter of universal value to loved ones

**Express
gratitude**

What have they
given you?
How have they
enriched
your life?

**Share
wisdom**

What are three things
your life has taught
you, that you know
to be true?
List them.

**Bless
the recipients**

What are your hopes
for them?
What is the one most
important thing you
want to say to them?