

# Pohick Episcopal Church • February 6, 2022 • 10:30 am

Fifth Sunday after the Epiphany • Holy Eucharist Rite II

*Facebook Live from inside Pohick Church • BCPonline.org, p. 355*

## Opening Welcome

### Prelude Chorale

*L. Boellmann*

## The Word of God

### Processional *Hymn #362 Holy, holy, holy! Lord God Almighty*



1. Ho - ly, ho - ly, ho - ly! Lord God Al - might - y!  
2. Ho - ly, ho - ly, ho - ly! All the saints a - dore thee,  
3. Ho - ly, ho - ly, ho - ly! Though the dark - ness hide thee,  
4. Ho - ly, ho - ly, ho - ly! Lord God Al - might - y!

Ear - ly in the morn - ing our song shall rise to thee:  
cast - ing down their gold - en crowns a - round the glass - y sea;  
though the sin - ful hu - man eye thy glo - ry may not see,  
All thy works shall praise thy Name, in earth, and sky, and sea;

Ho - ly, ho - ly, ho - ly! Mer - ci - ful and might - y,  
cher - u - bim and ser - a - phim fall - ing down be - fore thee,  
on - ly thou art ho - ly; there is none be - side thee,  
Ho - ly, ho - ly, ho - ly! Mer - ci - ful and might - y,

God in three Per - sons, bless - ed Trin - i - ty.  
which wert, and art, and ev - er - more shalt be.  
per - fect in power, in love, and pu - ri - ty.  
God in three Per - sons, bless - ed Trin - i - ty.

Words: Reginald Heber (1783-1826), alt. Music: *Nicæa*, John Bacchus Dykes (1823-1876)

Celebrant      Blessed be God: Father, Son, and Holy Spirit.

BCP p. 355

People      *And blessed be his kingdom, now and forever. Amen*

**Gloria** (*sung in unison*)

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1. Glory to God in the highest, and peace to his people on earth. 2. Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory. 3. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, 4. you take away the sin of the world: have mercy on us; 5. you are seated at the right hand of the Father: receive our prayer. 6. For you alone are the Holy One, you alone are the Lord, 7. you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of



## Collect for the Fifth Sunday after the Epiphany

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Celebrant The Lord be with you.

*People* *And also with you.*

Celebrant Let us pray.

Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. *Amen.*

## The Lessons

Reader A Reading from Isaiah (6:1-13)

In the year that King Uzziah died, I saw the Lord sitting on a throne, high and lofty; and the hem of his robe filled the temple. Seraphs were in attendance above him; each had six wings: with two they covered their faces, and with two they covered their feet, and with two they flew. And one called to another and said:

"Holy, holy, holy is the Lord of hosts;  
the whole earth is full of his glory."

The pivots on the thresholds shook at the voices of those who called, and the house filled with smoke. And I said: "Woe is me! I am lost, for I am a man of unclean lips, and I live among a people of unclean lips; yet my eyes have seen the King, the Lord of hosts!"

Then one of the seraphs flew to me, holding a live coal that had been taken from the altar with a pair of tongs. The seraph touched my mouth with it and said: "Now that this has touched your lips, your guilt has departed and your sin is blotted out." Then I heard the voice of the Lord saying, "Whom shall I send, and who will go for us?" And I said, "Here am I; send me!" And he said, "Go and say to this people:

'Keep listening, but do not comprehend;  
keep looking, but do not understand.'  
Make the mind of this people dull,  
and stop their ears,  
and shut their eyes,  
so that they may not look with their eyes,  
and listen with their ears,  
and comprehend with their minds,  
and turn and be healed.'

Then I said, "How long, O Lord?" And he said:

"Until cities lie waste  
    without inhabitant,  
and houses without people,  
    and the land is utterly desolate;  
until the Lord sends everyone far away,  
    and vast is the emptiness in the midst of the land.  
Even if a tenth part remain in it,  
    it will be burned again,  
like a terebinth or an oak  
    whose stump remains standing  
    when it is felled."

The holy seed is its stump.

Reader            The Word of the Lord.  
*People*            *Thanks be to God.*

Psalm 138

*BCP p. 793*

*Confitebor tibi*

1 I will give thanks to you, O Lord, with my whole heart; \*  
    before the gods I will sing your praise.

2 I will bow down toward your holy temple  
    and praise your Name, \*  
    because of your love and faithfulness;

3 For you have glorified your Name \*  
    and your word above all things.

4 When I called, you answered me; \*  
    you increased my strength within me.

5 All the kings of the earth will praise you, O Lord, \*  
    when they have heard the words of your mouth.

6 They will sing of the ways of the Lord, \*  
    that great is the glory of the Lord.

7 Though the Lord be high, he cares for the lowly; \*  
    he perceives the haughty from afar.

8 Though I walk in the midst of trouble, you keep me safe; \*  
    you stretch forth your hand against the fury of my enemies;  
    your right hand shall save me.

9 The Lord will make good his purpose for me; \*  
    O Lord, your love endures for ever;  
        do not abandon the works of your hands.

## Reader      A Reading from 1 Corinthians (15:1-11)

I would remind you, brothers and sisters, of the good news that I proclaimed to you, which you in turn received, in which also you stand, through which also you are being saved, if you hold firmly to the message that I proclaimed to you—unless you have come to believe in vain.

For I handed on to you as of first importance what I in turn had received: that Christ died for our sins in accordance with the scriptures, and that he was buried, and that he was raised on the third day in accordance with the scriptures, and that he appeared to Cephas, then to the twelve. Then he appeared to more than five hundred brothers and sisters at one time, most of whom are still alive, though some have died. Then he appeared to James, then to all the apostles. Last of all, as to one untimely born, he appeared also to me. For I am the least of the apostles, unfit to be called an apostle, because I persecuted the church of God. But by the grace of God I am what I am, and his grace toward me has not been in vain. On the contrary, I worked harder than any of them--though it was not I, but the grace of God that is with me. Whether then it was I or they, so we proclaim and so you have come to believe.

**Sequence Hymn #686**    *Come, thou fount of every blessing (vv. 1-2 only)*

1 Come, thou fount of ev - ery bless - ing, tune my  
 2 Here I find my great - est trea - sure; hith - er,  
  
 heart to sing thy grace! Streams of mer - cy nev - er  
 by thy help, I've come; and I hope, by thy good  
  
 ceas - ing, call for songs of loud - est praise.  
 plea - sure, safe - ly to ar - rive at home.

Teach me some me - lo - dious son - net, sung by  
Je - sus sought me when a stran - ger wan - dering  
flam - ing tongues a - bove. Praise the mount! Oh, fix me from  
from the fold of God; he, to res - cue me from  
on it, mount of God's un - chang - ing love.  
dan - ger, in - ter - posed his pre - cious blood.

Celebrant The Holy Gospel of our Lord Jesus Christ according to Luke (5:1-11)  
 People *Glory to you, Lord Christ.*

Once while Jesus was standing beside the lake of Gennesaret, and the crowd was pressing in on him to hear the word of God, he saw two boats there at the shore of the lake; the fishermen had gone out of them and were washing their nets. He got into one of the boats, the one belonging to Simon, and asked him to put out a little way from the shore. Then he sat down and taught the crowds from the boat. When he had finished speaking, he said to Simon, "Put out into the deep water and let down your nets for a catch." Simon answered, "Master, we have worked all night long but have caught nothing. Yet if you say so, I will let down the nets." When they had done this, they caught so many fish that their nets were beginning to break. So they signaled their partners in the other boat to come and help them. And they came and filled both boats, so that they began to sink. But when Simon Peter saw it, he fell down at Jesus' knees, saying, "Go away from me, Lord, for I am a sinful man!" For he and all who were with him were amazed at the catch of fish that they had taken; and so also were James and John, sons of Zebedee, who were partners with Simon. Then Jesus said to Simon, "Do not be afraid; from now on you will be catching people." When they had brought their boats to shore, they left everything and followed him.

Celebrant The Gospel of the Lord.  
 People *Praise to you, Lord Christ.*

**Sequence Hymn #72** *Come, thou fount of every blessing (v3 only)*

3 Oh, to grace how great a debt - or dai - ly  
 I'm con - strained to be! Let thy good - ness, like a

fet - ter, bind my wan - dering heart to thee:  
 prone to wan - der, Lord, I feel it, prone to  
 leave the God I love; here's my heart, oh, take and  
 seal it, seal it for thy courts a - bove.

Words: Robert Robinson (1735-1790), alt. Music: *Nettleton*, melody from *A Repository of Sacred Music, Part II*, 1813;  
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**Sermon** The Reverend Celal Kamran, *Assistant to the Rector*

**The Nicene Creed**

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*Celebrant and People*

*We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.*

*We believe in one Lord, Jesus Christ,*

*the only Son of God, eternally begotten of the Father,*

*God from God, Light from Light,*

*true God from true God, begotten, not made, of one Being with the Father.*

*Through him all things were made.*

*For us and for our salvation he came down from heaven:*

*by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man.*

*For our sake he was crucified under Pontius Pilate; he suffered death and was buried.*

*On the third day he rose again in accordance with the Scriptures;*

*he ascended into heaven and is seated at the right hand of the Father.*

*He will come again in glory to judge the living and the dead, and his kingdom will have no end.*

*We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son.*

*With the Father and the Son he is worshiped and glorified.*

*He has spoken through the Prophets. We believe in one holy catholic and apostolic Church.*

*We acknowledge one baptism for the forgiveness of sins.*

*We look for the resurrection of the dead, and the life of the world to come. Amen.*

Reader      Father, we pray for your holy Catholic Church;  
*People*      *That we all may be one.*

Reader      Grant that every member of the Church may truly and humbly serve you;  
*People*      *That your Name may be glorified by all people.*

Reader      We pray for all bishops, priests, and deacons;  
*People*      *That they may be faithful ministers of your Word and Sacraments.*

Reader      We pray for all who govern and hold authority in the nations of the world;  
*People*      *That there may be justice and peace on the earth.*

Reader      Give us grace to do your will in all that we undertake;  
*People*      *That our works may find favor in your sight.*

Reader      Have compassion on those who suffer from any grief or trouble, especially those listed on our  
prayer list on pg. 15.  
*People*      *That they may be delivered from their distress.*

Reader      Give to the departed eternal rest.  
*People*      *Let light perpetual shine upon them.*

Reader      We praise you for your saints who have entered into joy;  
*People*      *May we also come to share in your heavenly kingdom.*

Reader      Let us pray for our own needs and those of others.

*The people may add their own thanksgivings.*

Reader      We pray for a peaceful resolution to the conflict in the Ukraine, and for the safety of our  
deployed troops.

Celebrant      O Lord our God, accept the fervent prayers of your people; in the multitude of your mercies,  
look with compassion upon us and all who turn to you for help; for you are gracious, O lover of  
souls, and to you we give glory, Father, Son, and Holy Spirit, now and for ever. *Amen.*

Celebrant      We pray to you also for the forgiveness of our sins.

*Celebrant and People*

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*Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we  
have done, and by what we have left undone.*

*We have not loved you with our whole heart; we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.*

*For the sake of your Son Jesus Christ, have mercy on us and forgive us;  
that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.*

Celebrant Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

### The Peace

Celebrant The peace of the Lord be always with you.  
*People And also with you.*

### Announcements

Celebrant Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.  
*Ephesians 5:2*

### The Holy Communion

**Offertory** *Let all mortal flesh keep silence*

*G. Holst (Pohick Choir)*

**The Doxology** *Hymn #135 (v1 only)*

1 Songs of thank-ful - ness and praise, Jes - us, Lord, to thee we raise,  
man - i - fest - ed by the star to the sa - ges from a - far;  
branch of roy - al Da - vid's stem in thy birth at Beth - le - hem;



Words: Sts. 1-3, Christopher Wordsworth (1807-1885); st. 4, F. Bland Tucker (1895-1984)  
 Music: *Salzburg*, melody Jakob Hintze (1622-1702); harm. Johann Sebastian Bach (1685-1750)

## The Great Thanksgiving: Eucharistic Prayer B

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Celebrant The Lord be with you.

*People* *And also with you.*

Celebrant Lift up your hearts.

*People* *We lift them to the Lord.*

Celebrant Let us give thanks to the Lord our God.

*People* *It is right to give him thanks and praise.*

Celebrant It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your son Jesus Christ our Lord.

Therefore, we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

## The Sanctus & Benedictus (*sung in unison*)

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*The people stand or kneel.*

Ho - ly, ho - ly, ho - ly,  
 ho - ly Lord, God of power and might,  
 heaven and earth are full of your glo - ry. Ho-san-na in the

Music score for 'Ho-san-na in the high-est.' featuring a soprano vocal line and a basso continuo line. The soprano part includes lyrics 'high - est.', 'Bless - ed is he who', 'comes in the name of the Lord.', and 'Ho-san-na in the high-est.' The basso continuo part provides harmonic support with sustained notes and rhythmic patterns.

Celebrant We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

*Celebrant and People*

*We remember his death,  
We proclaim his resurrection,  
We await his coming in glory;*

Celebrant And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and forever. AMEN.

And now, as our Savior Christ has taught us, we are bold to say,

## Celebrant and People

*Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.*

## The Breaking of the Bread

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*The Celebrant breaks the consecrated Bread.*

Celebrant Alleluia. Christ our Passover is sacrificed for us;

People *Therefore let us keep the feast. Alleluia.*

Celebrant The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

## The Invitation

Celebrant The Body of Christ, the bread of heaven. *Amen.*

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*In the Episcopal tradition, all are welcomed to the Table; simply come to the altar rail and kneel to receive if you are able, or you may stand. If you are unable to come to the rail, please indicate to an usher that you would like communion brought to you.*

*All baptized Christians may receive communion, or you may cross your arms over your chest and simply receive a blessing. We have returned to Communion in Both Kinds (both bread and wine). Because of ongoing health concerns, the Celebrant will instinct (dip) the edge of the bread in the Common Cup for you, then drop the bread gently into your outstretched hands. If you prefer to receive only bread, simply cross one arm across your chest as you hold out your hand for bread.*

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## Communion Hymn #482 Lord of all hopefulness



1 Lord of all hope - ful - ness, Lord of all joy,  
2 Lord of all ea - ger - ness, Lord of all faith,  
3 Lord of all kind - li - ness, Lord of all grace,  
4 Lord of all gen - tle - ness, Lord of all calm,

whose trust, ev - er child - like, no cares could de - stroy,  
whose strong hands were skilled at the plane and the lathe,  
your hands swift to wel - come, your arms to em - brace,  
whose voice is con - tent - ment, whose pres - ence is balm,

Words: Jan Struther (1901-1953) Copyright © by permission of Oxford University Press. All rights reserved. Used with permission.  
Music: *Slane*, Irish ballad melody; adapt. *The Church Hymnary*, 1927; harm. *Hymnal 1982*

Celebrant Let us pray. *(in unison)*

*Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.*

### Blessing

#### Recessional *Hymn #537 Christ for the world we sing*

Words: Samuel Wolcott (1813-1886) Music: *Moscow*, melody Felice de Giardini (1716-1796); harm. *The New Hymnal*, 1916  
based on *Hymns Ancient and Modern*, 1875, and Lowell Mason (1792-1872)

## Dismissal

Celebrant *(Sentence of dismissal)*  
People *Thanks be to God.*

## Postlude *Fugue in G Minor*

*J. S. Bach*

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## Those Who Serve

Celebrant	The Reverend Dr. Lynn P. Ronaldi, <i>Rector</i>
Assisting and Preaching	The Reverend Celal Kamran, <i>Assistant to the Rector</i>
Deacon	Michele Causton, <i>Seminarian</i>
Ministry of Music	David Leahey
Lay Eucharistic Ministers	Steve Harding and Mari Harding
Shepherd	Jennifer Strawderman
Acolytes	Rose Strawderman, Rhett Strawderman, Caroline Billingsley, Charles Keeney
Ushers	Beth Altman and Dan Derbes
Altar Guild	Wells Team

**For your home prayers, intercessions, and thanksgivings:**

For the special needs and concerns of this congregation, especially for Kristy Girten, Joan Parsons, Lynn Anderholm, Nancy Bireley, Davis Sessums, Suzanne Froman, Anne Cannon, Craig Floyd, Roy Baumann, Jack Oats, Andy, Chrissy, Judy Schmid, D'Andrea Wooten, Carney McCullough, Bill Hosp, Greg Scott, Andrea Nutter, Darryl Sebastian, Lisa Ruf, Alice Jean Scott, Nelson Whittaker, Chuck MacDonald, Janet Hinson, Joan Egan, Jehl Palvado, Carl Steuernagel, Mike Morgan, Charlotte Knipling, Sarah, Terrence Dolan, Buck Gastrell, Skip Schultz, Ken Knight, Tony Marsico, Neil Sunderland, Jill Johnson, John Hishta, Michael Bartholomew, Tom Ronaldi, Edwardene Pitcock, John Sessums, Frances Sessums, Kathy Linville, Chris Rose, Bette Hohn, Harry Petrie, Caleb Caesar, Carol Clark, Fr. Willard Kamandari, Kathy Yoder, Van and Liz Johnson, and Robert Scott.

*The people may add their own petitions*

We pray for all the blessings of this life, especially those celebrating birthdays this week: Prudence Brooks, Vickie Koons, Patty Mitchell, Mike Elston, Dru Hodges, Anna Krajack, Hal Yarwood, Grant Smith, David Smallfield, and Russell Booth.

We pray for our members who serve our country, particularly those overseas, and their families: Arch Wilson, Ryan Moatta, Rick Church, Katie Weber, Jesse Grimm, Kyle Gibson, and Joseph Causton.

We pray for Christians and others around the world, especially those in Burma, China, Nigeria, and North Korea, who continue to face persecution for their faith.

We pray for peace in the Middle East, especially in Afghanistan, and for the Church in Syria, Iraq, Egypt, and Israel.

We pray for a peaceful resolution to the conflict in the Ukraine, and for the safety of our deployed troops.

In the Diocese of Virginia, we pray for Christ, Spotsylvania; Grace, Stanardsville; St. Andrew's, Richmond; and St. Mary's, Colonial Beach.

**Announcements**

- **Welcome newcomers!** Our services are open to an unlimited number of worshippers. Following the Diocesan guidelines, masks will be worn during church services and in the Parish House.

- **Christian Education Classes** (online at [www.pohick.org](http://www.pohick.org)).
  - **Adult Inquirers' class** for newcomers, seekers, and those seeking a refresher, **begins today at 9:15 am** in the Parish House Annex Room.
  - **Community of the Widowed**, six-week series, is ongoing, **Tuesdays at 10:30 am in the Vestry House**. Contact Marleen McCabe for information.
  - **Children's Christian Education**, in-person, and virtual components **Sunday School** and **Children's Chapel** is at 9:15 am today. Please contact Frances Sessums for information.
  - **Being Community**. New study, now through Feb. 27! **Sunday evenings at 7 pm on Zoom** - Bible Study on The Letters of Paul to the Corinthians, led by Amy Bontrager. Contact Amy at [Amy.L.Bontrager@gmail.com](mailto:Amy.L.Bontrager@gmail.com) for the website registration link.
  - **Education for Ministry (EFM)** will continue with weekly Monday classes, 7-9 pm. Students will meet in person, with virtual component as needed. Please contact Denise McHugh at 410-300-9867 or [dmchugh@umd.edu](mailto:dmchugh@umd.edu), or John Egan, for information or to register.
  - **Confirmation Class for Youth** starts **today at 9:15 am** in the Vestry House. Confirmation eligibility is for students who are 12 years of age or older by July 31, 2022. Contact Rev. Celal to sign up your student!
- **Parents of Youth Choir:** Please meet with Dave Leahey immediately **after the 10:30 am service today** in Parish House Music Room.
- **There is no EYC today.**
- **EYC Super Bowl Party!** Rev. Lynn and Tom have invited the EYC to the Rectory in time for Kickoff of the 2022 Super Bowl on Feb. 13. Parents see Rev. Celal for details.
- **Baptisms next Sunday February 13, at 10:30 am.** This is a rescheduled baptism date, after January baptisms were postponed. More baptisms will be scheduled for Easter Day. Please contact Rev. Lynn if you are interested in either date at [ironaldi@pohick.org](mailto:ironaldi@pohick.org).
- **George Washington Birthday Breakfast, Monday, Feb. 21, 8:30 am.** Tickets on sale beginning today, through the Brotherhood of St. Andrew. The 1662 Morning Prayer Service with music is unlimited attendance. The breakfast event with a speaker from Mt. Vernon is limited to 50 attendees.
- **Christian Education Director:** With Frances Sessums' retirement this summer, this position is open. Job description at [www.pohick.org](http://www.pohick.org). If you discern a potential call to minister to our children and youth, e-mail Rev. Lynn with a letter and resume, to [ironaldi@pohick.org](mailto:ironaldi@pohick.org).

- **New Pohick Directory for 2022!** Professional photographers will be in the Commons Room on March 24, 25, and 26. Please make an appointment at [pohick.org](http://pohick.org) under “News and Announcements” page 2. Any questions contact Helen Parker at [helenandjeffp68@gmail.com](mailto:helenandjeffp68@gmail.com). Each participating family will receive a free copy of the directory and a free 8x10 of their directory pose.
- Mark your calendars for **Ash Wednesday services on March 2:** 7:30 am (no music), 12 noon (music, or 7 pm (music). Wednesday Lenten Program begins March 9, more information to come!
- **Wear your name tags to welcome newcomers!** If you need a name tag, contact Jane Thurston: [fuzzyandjane@gmail.com](mailto:fuzzyandjane@gmail.com) or 703-339-1301.

*We warmly welcome all newcomers and visitors and hope you'll introduce yourselves, receive a gift from our Invite Welcome Connect ministry and join us for Fellowship Hour between services at 9:15am in the Parish House.*

### **Pohick Episcopal Church**

*The Reverend Dr. Lynn P. Ronaldi, Rector*

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Home Church of George Washington and George Mason  
*Embracing the Past, Welcoming in the Present, Transforming for the Future*