



*A Worldwide Day of Prayer and Fasting
for World Peace and the Safety of Ukraine*

Pohick Episcopal Church
The Reverend Dr. Lynn P. Ronaldi, Rector
 9301 Richmond Hwy • Lorton, VA 22079 • 703-339-6572 • pohick.org
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 Home Church of George Washington and George Mason
Embracing the Past, Welcoming in the Present, Transforming for the Future

Pohick Church
 March 2, 2022
 7:30 am, 12 pm, and 7 pm (*music*)

**Ash Wednesday
Holy Eucharist II**

The people stand

Celebrant The Lord be with you.

People *And also with you.*

Celebrant Let us pray.

The Collect for Ash Wednesday

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Celebrant Almighty and everlasting God, you hate nothing you have made and forgive the sins of all who are penitent: Create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our wretchedness, may obtain of you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

The Lessons *(sit)*

Reader A Reading from Isaiah 58:1-12

Shout out, do not hold back! Lift up your voice like a trumpet! Announce to my people their rebellion, to the house of Jacob their sins. Yet day after day they seek me and delight to know my ways, as if they were a nation that practiced righteousness and did not forsake the ordinance of their God; they ask of me righteous judgments, they delight to draw near to God. "Why do we fast, but you do not see? Why humble ourselves, but you do not notice?" Look, you serve your own interest on your fast day, and oppress all your workers. Look, you fast only to quarrel and to fight and to strike with a wicked fist. Such fasting as you do today will not make your voice heard on high. Is such the fast that I choose, a day to humble oneself? Is it to bow down the head like a bulrush, and to lie in sackcloth and ashes? Will you call this a fast, a day acceptable to the Lord? Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin? Then your light shall break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you, the glory of the Lord shall be your rear guard. Then you shall call, and the Lord will answer; you shall cry for help, and he will say, Here I am. If you remove the yoke from among you, the pointing of the finger, the speaking of evil, if you offer your food to the hungry and satisfy the needs of the afflicted, then your light shall rise in the darkness and your gloom be like the noonday. The Lord will guide you continually, and satisfy your needs in parched places, and make your bones strong; and you shall be like a watered garden, like a spring of water, whose waters never fail. Your ancient ruins shall be rebuilt; you shall raise up the foundations of many generations; you shall be called the repairer of the breach, the restorer of streets to live in.

Reader The Word of the Lord.

People *Thanks be to God.*



PALM SUNDAY - April 10

8 am Holy Eucharist Rite I

10:30 am Palm Procession & Holy Eucharist Rite II

MAUNDY THURSDAY - April 14

7 pm Holy Eucharist Rite II & Commemoration of the Last Supper

GOOD FRIDAY - April 15

12 pm Good Friday Services, followed by Stations of the Cross

7 pm - PASSIONTIDE LESSONS & CAROLS

EASTER SUNDAY - APRIL 17

6 am The Easter Vigil at Sunrise

8:15 am Hot Cross Buns Breakfast

9:15 am Community Easter Egg Hunt

10:30 am Festival Eucharist & Baptisms

11:30 am Easter Reception



Sunday Services at 8 am and 10:30 am

Children's Christian Education Sundays at 9:15 am

Adult Inquirers' Class Sundays at 9:15 am in the Annex

Confirmation Class, 9:15 am in Classroom A

Lenten Program

“Courageous in Community: One Body, One Spirit, One Hope”
featuring speakers The Rev. Martin Smith and Rev. Lynn Ronaldi

Wednesday Evenings, March 9 to April 13 at 7 pm

All ages! Dessert and coffee provided.

Sign-up online or watch via Facebook live-stream

Masks are now optional; we strongly encourage vaccinations.

If you are not vaccinated, please wear a mask and practice social distancing.

Reader and People Psalm 103:8-14 (*said seated*)

8 The Lord is full of compassion and mercy, *
slow to anger and of great kindness.

9 He will not always accuse us, *
nor will he keep his anger for ever.

10 He has not dealt with us according to our sins, *
nor rewarded us according to our wickedness.

11 For as the heavens are high above the earth, *
so is his mercy great upon those who fear him.

12 As far as the east is from the west, *
so far has he removed our sins from us.

13 As a father cares for his children, *
so does the Lord care for those who fear him.

14 For he himself knows whereof we are made; *
he remembers that we are but dust.

Reader A Reading from 2 Corinthians 5:20b-6:10

We entreat you on behalf of Christ, be reconciled to God. For our sake he made him to be sin who knew no sin, so that in him we might become the righteousness of God. As we work together with him, we urge you also not to accept the grace of God in vain. For he says, "At an acceptable time I have listened to you, and on a day of salvation I have helped you." See, now is the acceptable time; see, now is the day of salvation! We are putting no obstacle in anyone's way, so that no fault may be found with our ministry, but as servants of God we have commended ourselves in every way: through great endurance, in afflictions, hardships, calamities, beatings, imprisonments, riots, labors, sleepless nights, hunger; by purity, knowledge, patience, kindness, holiness of spirit, genuine love, truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; in honor and dishonor, in ill repute and good repute. We are treated as impostors, and yet are true; as unknown, and yet are well known; as dying, and see— we are alive; as punished, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything.

Reader The Word of the Lord.

People Thanks be to God.

Sequence *Hymn #142 (7 pm) Lord, who throughout these forty days*

Celebrant The Holy Gospel of our Lord Jesus Christ according to Matthew (6:1-6, 16-21)

People Praise to you, Lord Christ

Celebrant Jesus said, "Beware of practicing your piety before others in order to be seen by them; for then you have no reward from your Father in heaven. "So whenever you give alms, do not sound a trumpet before you, as the hypocrites do in the synagogues and in the streets, so that they may be praised by others. Truly I tell you, they have received their reward. But when you give alms, do not let your left hand know what your right hand is doing, so that your alms may be done in secret; and your Father who sees in secret will

reward you. "And whenever you pray, do not be like the hypocrites; for they love to stand and pray in the synagogues and at the street corners, so that they may be seen by others. Truly I tell you, they have received their reward. But whenever you pray, go into your room and shut the door and pray to your Father who is in secret; and your Father who sees in secret will reward you. "And whenever you fast, do not look dismal, like the hypocrites, for they disfigure their faces so as to show others that they are fasting. Truly I tell you, they have received their reward. But when you fast, put oil on your head and wash your face, so that your fasting may be seen not by others but by your Father who is in secret; and your Father who sees in secret will reward you. "Do not store up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal; but store up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there your heart will be also.""

Celebrant The Gospel of the Lord.
People *Praise to you, Lord Christ*

Sermon (sit) The Rev. Dr. Lynn P. Ronaldi, *Rector*

Celebrant Dear People of God: The first Christians observed with great devotion the days of our Lord's passion and resurrection, and it became the custom of the Church to prepare for them by a season of penitence and fasting. This season of Lent provided a time in which converts to the faith were prepared for Holy Baptism. It was also a time when those who, because of notorious sins, had been separated from the body of the faithful were reconciled by penitence and forgiveness, and restored to the fellowship of the Church. Thereby, the whole congregation was put in mind of the message of pardon and absolution set forth in the Gospel of our Savior, and of the need which all Christians continually have to renew their repentance and faith.

I invite you, therefore, in the name of the Church, to the observance of a holy Lent, by self-examination and repentance; by prayer, fasting, and self-denial; and by reading and meditating on God's holy Word. And, to make a right beginning of repentance, and as a mark of our mortal nature, let us now kneel before the Lord, our maker and redeemer.

Silence is then kept for a time, all kneeling.

Celebrant Almighty God, you have created us out of the dust of the earth: Grant that these ashes may be to us a sign of our mortality and penitence, that we may remember that it is only by your gracious gift that we are given everlasting life; through Jesus Christ our Savior. *Amen.*

The ashes are imposed with the following words

Celebrant Remember that you are dust, and to dust you shall return.

Celebrant The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith with thanksgiving.

Celebrant The Body (Blood) of our Lord Jesus Christ keep you in everlasting life. *Amen.*

Post Communion Prayer

Celebrant Let us pray

 Almighty God, we thank thee that in thy great love thou hast fed us with the spiritual food and drink of the Body and Blood of thy Son Jesus Christ, and hast given unto us a foretaste of thy heavenly banquet. Grant that this Sacrament may be unto us a comfort in affliction, and a pledge of our inheritance in that kingdom where there is no death, neither sorrow nor crying, but the fullness of joy with all thy saints; through Jesus Christ our Savior. *Amen.*

Blessing p. 366

Recessional *Hymn #143 The glory of these forty days*

Dismissal

Celebrant *(Sentence of dismissal)*

People *Thanks be to God.*

Those Who Serve

Celebrant and Preacher	The Rev. Dr. Lynn P. Ronaldi, <i>Rector</i>
Assisting Priest	The Reverend Celal Kamran, <i>Assistant to the Rector</i>
Deacon	The Reverend Deacon Michele Causton, <i>Seminarian</i>
Ministry of Music	David Leahey
Lay Eucharistic Ministers	
Acolyte	Rose Strawderman
Ushers	
Altar Guild	Sunderland Team
Digital Ministry	John Wooten, Marc Abrams, John Sessums, Tom Ronaldi, Chris Brown

Music Notes

Lay not up for yourselves treasures on earth, where moth and rust doth corrupt, and where thieves break through and steal, but lay up for yourselves treasures in heaven, for where your treasure is, there will your heart be also.	Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you, for every one that asketh receiveth, and he that seeketh findeth, and to him that knocketh it shall be opened.
	<i>-Matthew 6:19-21; 7:7-8</i>

us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

At the following words concerning the bread, the Celebrant is to hold it, or to lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, we proclaim the mystery of faith.

Celebrant and People

Christ has died.

Christ is risen.

Christ will come again.

Celebrant We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

The Agnus Dei (7 pm) S-165

Hurd

Celebrant Christ our Passover is sacrificed for us;

People *Therefore let us keep the feast.*

The Invitation

In the Episcopal tradition all are welcomed to the Table. All baptized Christians may receive Communion, or you may cross your arms over your chest and simply receive a blessing.

Psalm 51 *(said in unison, seated)*

1 Have mercy on me, O God, according to your loving-kindness; *
in your great compassion blot out my offenses.

2 Wash me through and through from my wickedness *
and cleanse me from my sin.

3 For I know my transgressions, *
and my sin is ever before me.

4 Against you only have I sinned *
and done what is evil in your sight.

5 And so you are justified when you speak *
and upright in your judgment

6 Indeed, I have been wicked from my birth, *
a sinner from my mother's womb.

7 For behold, you look for truth deep within me, *
and will make me understand wisdom secretly.

8 Purge me from my sin, and I shall be pure; *
wash me, and I shall be clean indeed.

9 Make me hear of joy and gladness, *
that the body you have broken may rejoice.

10 Hide your face from my sins *
and blot out all my iniquities.

11 Create in me a clean heart, O God, *
and renew a right spirit within me.

12 Cast me not away from your presence *
and take not your holy Spirit from me.

13 Give me the joy of your saving help again *
and sustain me with your bountiful Spirit.

14 I shall teach your ways to the wicked, *
and sinners shall return to you.

15 Deliver me from death, O God, *
and my tongue shall sing of your righteousness, O God of my salvation.

16 Open my lips, O Lord, *
and my mouth shall proclaim your praise.

17 Had you desired it, I would have offered sacrifice; *
but you take no delight in burnt-offerings.

18 The sacrifice of God is a troubled spirit; *
a broken and contrite heart, O God, you will not despise.

Litany of Penitence

The Priest and People together, all kneeling, if you are able.

Most holy and merciful Father: We confess to you and to one another, and to the whole communion of saints in heaven and on earth, that we have sinned by our own fault in thought, word, and deed; by what we have done, and by what we have left undone.

Priest We have not loved you with our whole heart, and mind, and strength. We have not loved our neighbors as ourselves. We have not forgiven others, as we have been forgiven.

People Have mercy on us, Lord.

Priest We have been deaf to your call to serve, as Christ served us. We have not been true to the mind of Christ. We have grieved your Holy Spirit.

People Have mercy on us, Lord.

Priest We confess to you, Lord, all our past unfaithfulness: the pride, hypocrisy, and impatience of our lives,

People We confess to you, Lord.

Priest Our self-indulgent appetites and ways, and our exploitation of other people

People We confess to you, Lord.

Priest Our anger at our own frustration, and our envy of those more fortunate than ourselves,

People We confess to you, Lord.

Priest Our intemperate love of worldly goods and comforts, and our dishonesty in daily life and work,

People We confess to you, Lord.

Priest Our negligence in prayer and worship, and our failure to commend the faith that is in us

People We confess to you, Lord.

Priest We repent on behalf of our world for its rampant violence and greed. We pray for peace and reconciliation. Accept our repentance, Lord, for the wrongs we have done: for our blindness to human need and suffering, and our indifference to injustice and cruelty,

People Accept our repentance, Lord.

Priest For all false judgments, for uncharitable thoughts toward our neighbors, and for our prejudice and contempt toward those who differ from us,

People Accept our repentance, Lord.

Priest For our waste and pollution of your creation, and our lack of concern for those who come after us,

People Accept our repentance, Lord.

Priest Restore us, good Lord, and let your anger depart from us;

People Favorably hear us, for your mercy is great.

Priest Accomplish in us the work of your salvation,

People That we may show forth your glory in the world.

Priest By the cross and passion of your Son our Lord,

People Bring us with all your saints to the joy of his resurrection.

Priest Almighty God, the Father of our Lord Jesus Christ, who desires not the death of sinners, but rather that they may turn from their wickedness and live, has given power and commandment to his ministers to declare and pronounce to his people, being penitent, the absolution and remission of their sins. He pardons and absolves all those who truly repent, and with sincere hearts believe his holy Gospel.

Therefore we beseech him to grant us true repentance and his Holy Spirit, that those things may please him which we do on this day, and that the rest of our life hereafter may be pure and holy, so that at the last we may come to his eternal joy; through Jesus Christ our Lord. *Amen.*

Priest The peace of the Lord be always with you

People And also with you. The Peace is then exchanged.

Announcements (*sit*)

The Presentation of the Bread and Wine

Holy Eucharistic Prayer A

Offertory Hymn (*7 pm*) *Nolo Mortem Peccatoris* *T. Morley (Pohick Choir)*

(translation: I do not want the death of the wicked; These are the words of the Savior.)

Celebrant The Lord be with you.

People And also with you.

Celebrant Lift up your hearts.

People We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.

People It is right to give him thanks and praise.

Celebrant It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty Creator of heaven and earth.

Through Jesus Christ our Lord, who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name

Celebrant and People

Holy, Holy, Holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

The Sanctus and Benedictus qui venit (7 pm) *S-124 Hurd*

The people stand or kneel.

Celebrant Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of