

Pohick Episcopal Church • January 30, 2022 • 10:30 am

Fourth Sunday after the Epiphany • Holy Eucharist Rite II

Facebook Live from inside Pohick Church • BCPonline.org, p. 355

Opening Welcome

Prelude *L'Épiphanie*

Durufle

The Word of God

Processional *Hymn #359 God of the prophets (v1, 2, and 5 only)*

1 God of the pro-phets, bless the pro-phets' heirs! E - li - jah's
2 A - noint them pro-phets! Teach them thine in - tent: to hu - man
5 Make them a - pos - tles, her - alds of thy cross; forth may they

1 man - tle o'er E - li - sha cast: each age for thine own sol - emn
2 need their quick - ened hearts a - wake; fill them with power, their lips make
5 go to tell all realms thy grace: in - spired of thee, may they count

1 task pre - pares, make each one strong - er, no - bler than the last.
2 el - o - quent for right - eous - ness that shall all e - vil break.
5 all but loss, and stand at last with joy be - fore thy face.

Words: Sts. 1-2 and 4-5, Denis Wortman (1835-1922), alt.; st. 3, Carl P. Daw, Jr. (b. 1944) Copyright ©1982 Carl P. Daw, Jr. Music: *Toulon*, melody from *Pseaumes octante trois de David*, 1551, abridged; harm. Charles Winfred Douglas (1867-1944) Copyright © The Church Pension Fund. All rights reserved. Used with permission.

Celebrant Blessed be God: Father, Son, and Holy Spirit.
People And blessed be his kingdom, now and forever. Amen

BCP p. 355

Gloria *(sung in unison)*

S-280

1. Glo - ry to God in the high - est, and
 peace to his peo - ple on earth. 2. Lord God, heaven - ly
 King, al - might - y God and Fa - ther, we wor - ship you, we
 give you thanks, we praise you for your glo - ry. 3. Lord Je - sus
 Christ, on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you
 take a - way the sin of the world: have mer - cy
 on us; 5. you are seat - ed at the right hand of the Fa - ther: re -
 ceive our prayer. 6. For you a - lone are the Ho - ly One,
 you a - lone are the Lord, 7. you a - lone are the Most
 High, Je - sus Christ, with the Ho - ly Spi - rit, in the
 glo - ry of God the Fa - ther. A - men.

Collect for the Fourth Sunday after the Epiphany

p. 215

Celebrant The Lord be with you.
 People *And also with you.*

Celebrant Let us pray.

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

The Lessons

Reader A Reading from Jeremiah (1:4-10)

The word of the Lord came to me saying,

"Before I formed you in the womb I knew you,
and before you were born I consecrated you;
I appointed you a prophet to the nations."

Then I said, "Ah, Lord God! Truly I do not know how to speak, for I am only a boy." But the Lord said to me,

"Do not say, 'I am only a boy';
for you shall go to all to whom I send you,
and you shall speak whatever I command you,
Do not be afraid of them,
for I am with you to deliver you,

says the Lord."

Then the Lord put out his hand and touched my mouth; and the Lord said to me,

"Now I have put my words in your mouth.
See, today I appoint you over nations and over kingdoms,
to pluck up and to pull down,
to destroy and to overthrow,
to build and to plant."

Reader The Word of the Lord.

People Thanks be to God.

Psalm 71:1-6

BCP p. 683

In te, Domine, speravi

1 In you, O Lord, have I taken refuge; *
let me never be ashamed.

- 2 In your righteousness, deliver me and set me free; *
incline your ear to me and save me.
- 3 Be my strong rock, a castle to keep me safe; *
you are my crag and my stronghold.
- 4 Deliver me, my God, from the hand of the wicked, *
from the clutches of the evildoer and the oppressor.
- 5 For you are my hope, O Lord God, *
my confidence since I was young.
- 6 I have been sustained by you ever since I was born;
from my mother's womb you have been my strength; *
my praise shall be always of you.

Reader A Reading from 1 Corinthians (13:1-13)

If I speak in the tongues of mortals and of angels, but do not have love, I am a noisy gong or a clanging cymbal. And if I have prophetic powers, and understand all mysteries and all knowledge, and if I have all faith, so as to remove mountains, but do not have love, I am nothing. If I give away all my possessions, and if I hand over my body so that I may boast, but do not have love, I gain nothing.

Love is patient; love is kind; love is not envious or boastful or arrogant or rude. It does not insist on its own way; it is not irritable or resentful; it does not rejoice in wrongdoing, but rejoices in the truth. It bears all things, believes all things, hopes all things, endures all things. Love never ends. But as for prophecies, they will come to an end; as for tongues, they will cease; as for knowledge, it will come to an end. For we know only in part, and we prophesy only in part; but when the complete comes, the partial will come to an end. When I was a child, I spoke like a child, I thought like a child, I reasoned like a child; when I became an adult, I put an end to childish ways. For now we see in a mirror, dimly, but then we will see face to face. Now I know only in part; then I will know fully, even as I have been fully known. And now faith, hope, and love abide, these three; and the greatest of these is love.

Reader The Word of the Lord.
People *Thanks be to God.*

Celebrant The Holy Gospel of our Lord Jesus Christ according to Luke (4:21-30)
People *Glory to you, Lord Christ.*

Jesus began to speak in the synagogue at Nazareth: "Today this scripture has been fulfilled in your hearing." All spoke well of him and were amazed at the gracious words that came from his mouth. They said, "Is not this Joseph's son?" He said to them, "Doubtless you will quote to me this proverb, 'Doctor, cure yourself!' And you will say, 'Do here also in your hometown the things that we have heard you did at Capernaum.'" And he said, "Truly I tell you, no prophet is accepted in the prophet's hometown. But the truth is, there were many

widows in Israel in the time of Elijah, when the heaven was shut up three years and six months, and there was a severe famine over all the land; yet Elijah was sent to none of them except to a widow at Zarephath in Sidon. There were also many lepers in Israel in the time of the prophet Elisha, and none of them was cleansed except Naaman the Syrian." When they heard this, all in the synagogue were filled with rage. They got up, drove him out of the town, and led him to the brow of the hill on which their town was built, so that they might hurl him off the cliff. But he passed through the midst of them and went on his way.

Celebrant The Gospel of the Lord.
People *Praise to you, Lord Christ.*

Sermon The Reverend Dr. Lynn P. Ronaldi, *Rector*

The Nicene Creed

p. 358

Celebrant and People

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

*We believe in one Lord, Jesus Christ,
the only Son of God, eternally begotten of the Father,
God from God, Light from Light,
true God from true God, begotten, not made, of one Being with the Father.
Through him all things were made.*

*For us and for our salvation he came down from heaven:
by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man.*

For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

*On the third day he rose again in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead, and his kingdom will have no end.*

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son.

*With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets. We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead, and the life of the world to come. Amen.*

The Prayers of the of the People Form III

p. 387

Reader Father, we pray for your holy Catholic Church;
People *That we all may be one.*

Reader Grant that every member of the Church may truly and humbly serve you;
People *That your Name may be glorified by all people.*

Reader	We pray for all bishops, priests, and deacons;
People	<i>That they may be faithful ministers of your Word and Sacraments.</i>
Reader	We pray for all who govern and hold authority in the nations of the world;
People	<i>That there may be justice and peace on the earth.</i>
Reader	Give us grace to do your will in all that we undertake;
People	<i>That our works may find favor in your sight.</i>
Reader	Have compassion on those who suffer from any grief or trouble, especially those listed on our prayer list on pg. 12.
People	<i>That they may be delivered from their distress.</i>
Reader	Give to the departed eternal rest. We pray for those who have died, including Marty Robertson, father-in-law of Maureena Crawford, and grandfather of McKenna and Max Crawford.
People	<i>Let light perpetual shine upon them.</i>
Reader	We praise you for your saints who have entered into joy;
People	<i>May we also come to share in your heavenly kingdom.</i>
Reader	Let us pray for our own needs and those of others.
<i>The people may add their own thanksgivings.</i>	
Celebrant	O Lord our God, accept the fervent prayers of your people; in the multitude of your mercies, look with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls, and to you we give glory, Father, Son, and Holy Spirit, now and for ever. <i>Amen.</i>
Celebrant	We pray to you also for the forgiveness of our sins.
Celebrant and People	p. 360
	<i>Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone.</i>
	<i>We have not loved you with our whole heart; we have not loved our neighbors as ourselves.</i>
	<i>We are truly sorry and we humbly repent.</i>
	<i>For the sake of your Son Jesus Christ, have mercy on us and forgive us;</i>
	<i>that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.</i>
Celebrant	Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. <i>Amen.</i>

The Peace

Celebrant The peace of the Lord be always with you.
People *And also with you.*

Announcements

Celebrant Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.
Ephesians 5:2

The Holy Communion

Offertory Hymn #317 *This is the hour of banquet and song*

- 1 This is the hour of banquet and of song;
 this is the heavenly table spread for me;
here let me feast, and feasting, still prolong
 the brief, bright hour of fellowship with thee.
- 2 Too soon we rise; we go our several ways;
 the feast, though not the love, is past and gone,
the Bread and Wine consumed: yet all our days
 thou still art here with us-our Shield and Sun.
- 3 Feast after feast thus comes and passes by,
 yet, passing, points to the glad feast above,
giving us foretaste of the festal joy,
 the Lamb's great marriage feast of bliss and love.

The Doxology #380 (v3 only)

*3 Praise God, from whom all blessings flow; praise him, all creatures here be - low; praise him a - bove, ye



Words: Isaac Watts (1674-1748), para. of Psalm 117. St. 3, Thomas Ken (1637-1711)
 Music: *Old 100th*, melody from *Pseaumes octante trois de David*, 1551, alt.; harm. after Louis Bourgeois (1510?-1561?)

The Great Thanksgiving: Eucharistic Prayer B

p. 367

Celebrant The Lord be with you.

People And also with you.

Celebrant Lift up your hearts.

People We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.

People It is right to give him thanks and praise.

Celebrant It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your son Jesus Christ our Lord.

Therefore, we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

The Sanctus & Benedictus (*sung in unison*)

S-130

The people stand or kneel.

Holy, holy, holy Lord, God of power and might,
 heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

Celebrant We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

Celebrant and People

We remember his death,

We proclaim his resurrection,

We await his coming in glory;

Celebrant

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and forever. AMEN.

And now, as our Savior Christ has taught us, we are bold to say,

Celebrant and People

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Breaking of the Bread

p. 364

The Celebrant breaks the consecrated Bread.

Celebrant Alleluia. Christ our Passover is sacrificed for us;

People *Therefore let us keep the feast. Alleluia.*

Celebrant The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

The Invitation

Celebrant The Body of Christ, the bread of heaven. *Amen.*

Prayer of Spiritual Communion

Celebrant and People:

Lord Jesus, I believe that You are present in the Sacrament of the Eucharist. I love You above all things, and I desire to receive You. Since during this pandemic I cannot receive You sacramentally, come spiritually into my heart. I embrace You, knowing that You are already here. I unite myself to You and to the entire Body of Christ. Never permit me to be separated from You. Let my hunger and longing for your Body and Blood deepen my compassion for others who are hungry, sick, and suffering. And as we return to our fellowship one day, we will discern with joy just how precious the Body of Christ truly is! Amen.

Celebrant Let us pray. *(in unison)*

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

Blessing

Recessional *Hymn #344 Lord, dismiss us with thy blessing*

1 Lord, dis - miss us with thy bless - ing; fill our hearts with
 2 Thanks we give and a - dor - a - tion for thy Gos - pel's joy and peace; let us each, thy love pos - sess - ing,
 3 so that when thy love shall call us, Sa - vior, from the joy - ful sound; may the fruits of thy sal - va - tion
 world a - way, fear of death shall not ap - pall us,
 tri - umph in re - deem-ing grace: O re - fresh us,
 in our hearts and lives a - bound: ev - er faith - ful,
 glad thy sum - mons to o - bey. May we ev - er,
 O re - fresh us trav - eling through this wil - der - ness.
 ev - er faith - ful to thy truth may we be found;
 may we ev - er reign with thee in end - less day.

Words: Att. John Fawcett (1739/40-1817) Music: *Sicilian Martners*, Sicilian melody; first published *The European Magazine and London Review*, 1792, alt.

Dismissal

Celebrant *(Sentence of dismissal)*

People *Thanks be to God.*

Postlude *Maestoso*

E. Titcomb

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Those Who Serve

Celebrant	The Reverend Celal Kamran, <i>Assistant to the Rector</i>
Assisting and Preaching	The Reverend Dr. Lynn P. Ronaldi, <i>Rector</i>
Ministry of Music	David Leahey
Lay Eucharistic Ministers	Glenn Larkin and Rick Nelson
Shepherd	Kathy Kirkland
Acolytes	Sophia Herbert, Zach Johnson, Kyle Johnson, Anderson Bontrager
Ushers	Fuzzy Thurston and Patrick Riley
Altar Guild	Wells Team
Digital Ministry	John Wooten, Marc Abrams, John Sessums, Tom Ronaldi, Chris Brown

For your home prayers, intercessions, and thanksgivings:

For the special needs and concerns of this congregation, especially for Kristy Girtten, Joan Parsons, Lynn Anderholm, Nancy Bireley, Davis Sessums, Suzanne Froman, Anne Cannon, Craig Floyd, Roy Baumann, Jack Oats, Andy, Chrissy, Judy Schmid, D'Andrea Wooten, Carney McCullough, Bill Hosp, Greg Scott, Andrea Nutter, Darryl Sebastian, Lisa Ruf, Alice Jean Scott, Nelson Whittaker, Chuck MacDonald, Janet Hinson, Joan Egan, Jehl Palvado, Carl Steuernagel, Mike Morgan, Charlotte Knipling, Sarah, Terrence Dolan, Buck Gastrell, Skip Schultz, Ken Knight, Tony Marsico, Neil Sunderland, Jill Johnson, John Hishta, Michael Bartholomew, Tom Ronaldi, Edwardene Pitcock, John Sessums, Frances Sessums, Chris Brown, Carolyn Cockroft-Brown, Kathy Linville, Chris Rose, Bette Hohn, Harry Petrie, Caleb Caesar, and Carol Clark.

For those who have died, including Marty Robertson, father-in-law of Maureena Crawford, and grandfather of McKenna and Max Crawford. For the soul of Don Jones, brother of Susanne Leon, on the anniversary of his death.

We pray for all the blessings of this life, especially those celebrating birthdays this week: Randy Brooks and Kristina Girtten.

We pray for our members who serve our country, particularly those overseas, and their families: Arch Wilson, Ryan Moatta, Rick Church, Katie Weber, Jesse Grimm, and Kyle Gibson.

We pray for peace in the Middle East, especially in Afghanistan, and for the Church in Syria, Iraq, Egypt, and Israel.

We pray for the Afghan refugees and for those left behind. We pray for victims of natural disasters. We pray for all suffering from COVID-19, and for the protection and strength for all health care workers.

In the Diocese of Virginia, we pray for Church of the Messiah, Fredericksburg; and St. George's, Arlington.



Announcements

- **Welcome newcomers!** In normal times our services are open to an unlimited number of worshippers. Following the Diocesan guidelines, masks will be worn during church services and in the Parish House.
- **Pohick Regathering!** We will regather again for worship, Christian education and fellowship **Sunday Feb. 6**. Rite I Eucharist at 8 am, Christian Education and fellowship for all ages at 9:15 am, and Rite II Eucharist at 10:30 am. We will practice safe distancing guidelines and masking! Please be vaccinated if possible.
- **Thank you for attending Pohick's 2022 Annual Meeting!** About 150 attended our successful, 290th annual meeting last Sunday, via Zoom. We shared the good news of our spiritual and financial health. Pohick elected four new vestry members: Steve Harding, Glenn Larkin, Sarah Turk-Hoffman, and D'Andrea Wooten. The new Vestry elected 2022 officers: Stew Remaly, Sr. Warden; Tony Harriman, Jr. Warden; John Pasour, Treasurer (Glenn Larkin assisting); and Steve Harding, Registrar. Many thanks to all staff and vestry members who assisted, as well as Erin Kamran. Annual Report was emailed Sunday to all and snail mailed to those who requested.
- **Christian Education Classes** (online at www.pohick.org).
 - **Adult Inquirers' class** for newcomers, seekers, and those seeking a refresher, **begins Sunday, February 6 at 9:15 am** in the Parish House Annex Room.
 - **Community of the Widowed** begins a six-week series, **Tuesday Feb. 1, 10:30 am in the Vestry House**. Contact Marleen McCabe for information.
 - **Children's Christian Education**, in-person, and virtual components **Sunday School** and **Children's Chapel** will be on Zoom today at 12:30 pm. Please contact Frances Sessums for information.
 - **Being Community**. New study, now through Feb. 27! **Sunday evenings at 7 pm on Zoom** - Bible Study on The Letters of Paul to the Corinthians, led by Amy Bontrager. Contact Amy at Amy.L.Bontrager@gmail.com for the website registration link.
 - **Education for Ministry (EFM)** will continue with weekly Monday classes, 7-9 pm. Students will meet in person, with virtual component as needed. Please contact Denise McHugh at 410-300-9867 or dmchugh@umd.edu, or John Egan, for information or to register.
 - **Confirmation Class for Youth** starts next week **February 6**, in person at 9:15 am in the Vestry House. Confirmation eligibility is for students who are 12 years of age or older by July 31, 2022. Contact Rev. Celal to sign up your student!
- **Parents of Youth Choir:** Please meet with Dave Leahey next **Sunday Feb. 6**, immediately after the 10:30 am service in Parish House Music Room.

- **There is no EYC next week February 6.**
- **EYC Super Bowl Party!** Rev. Lynn and Tom have invited the EYC to the Rectory in time for Kickoff of the 2022 Super Bowl on Feb. 13. Parents see Rev. Celal for details.
- **George Washington Birthday Breakfast, Monday, Feb. 21, 8:30 am.** Tickets on sale through the Brotherhood of St. Andrew for annual prayer and celebration event, featuring a Mt. Vernon historian as speaker.
- **Christian Education Director:** With Frances Sessums' retirement this summer, this position is open. Job description at www.pohick.org. If you discern a potential call to minister to our children and youth, e-mail Rev. Lynn with a letter and resume, to lrnaldi@pohick.org.
- **Wear your name tags to welcome newcomers!** If you need a name tag, contact Jane Thurston: fuzzyandjane@gmail.com or 703-339-1301.

We warmly welcome all newcomers and visitors and hope you'll introduce yourselves, and receive a gift from our Invite Welcome Connect ministry.

Pohick Episcopal Church

The Reverend Dr. Lynn P. Ronaldi, Rector

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Home Church of George Washington and George Mason

Embracing the Past, Welcoming in the Present, Transforming for the Future