

# CHECKLIST FOR MIDDLE SCHOOL PARENTS

- Spend some time helping your child get organized before the year begins. Identify a quiet study location where students can both store their materials and work at home with as little distraction as possible.
- Look for information regarding Middle School Activity Fee. This payment applies to 6th grade camp, but we are unsure how this will work out this year due to COVID-19.
- Consider reading the book “7 Habits of Highly Effective Teens” by Sean Covey or a similar book with your child over the summer. This resource provides a great description of what makes middle and high school students successful. Often experiencing a book like this with your child opens up lines of communication that will hopefully continue through the coming years.
- Look for Back-to-School Information in early August. There will be important information specific to Middle School. Plan to attend our Back-to-School Morning on Friday, August 28. Students will receive their class schedules, meet all their teachers. This experience will be different than what you and your student might be used to from past Back-to-School Mornings so please make a point to attend. It is key for students to feel comfortable on the first day of school.
- Make sure you have school uniforms for your child, order over the summer. All students are required to have 1 complete PE uniform at the start of the new year.
- Contact Mrs. Kennedy with any questions you may have over the summer months. (619) 232-3794 or [sue.kennedy@citytree.org](mailto:sue.kennedy@citytree.org)

Enjoy the benefits that come with  
student maturity and independence!

FOR STUDENTS ENTERING GRADES 6-8

## MIDDLE SCHOOL SUMMER CHECKLIST

- Get lots of exercise this summer! Regular activity helps prevent some of the “sluggishness” that can happen at the beginning of a new school year.
- Think about how you will organize your study time and space at home. Ask parents or older brothers and sisters to help you find a space where you will keep your school materials and do your studying. Remember, you want to choose a space that has as little distraction as possible! Organization and a good study space is very important for your success in middle school.
- Write down any questions you have about middle school this summer. Ask your parents to send your questions to the office or save them until you go back to school. The more questions you ask, the more comfortable you will feel next year!
- Talk to your parents about middle school. Let them know how you are feeling, what you are looking forward to. Make sure you ask them for help when you need it! They are your best resource!
- Complete your required summer reading log.

**Be excited about what's ahead!  
Middle School is great and you're going to love it!**