

Middle School Summer Checklist (for students)

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Get lots of exercise this summer! Regular activity helps prevent some of the “sluggishness” that can happen at the beginning of a new school year.

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Think about how you will organize your study time and space at home. Ask parents or older brothers and sisters to help you find a space where you will keep your school materials and do your studying. Remember, you want to choose a space that has as little distraction as possible! Organization and a good study space is very important for your success in middle school.

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Write down any questions you have about middle school this summer. Ask your parents to send your questions to the office or save them until Back-to-School morning. The more questions you ask, the more comfortable you will feel next year!

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Talk to your parents about middle school. Let them know how you are feeling, what you are looking forward to. Make sure you ask them for help when you need it! They are your best resource!

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Complete your required summer reading and writing journal.

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Be excited about what's ahead! Middle school is great and you're going to love it!



Middle School Summer Checklist (for parents)

- ☐ ***Spend some time helping your child get organized*** before the school year begins. Identify a quiet study location where students can both store their materials and work at home with as little distraction as possible .
- ☐ ***Be sure to submit your Middle School Activity Fee.*** This payment (applied to 6th Grade Camp) is due July 1 if you opted for the pay in full option. You may submit payment to the school tuition box prior to June 13 or wait for your July 1 statements that will go out by mail.
- ☐ ***Consider reading the book “7 Habits of Highly Effective Teens”*** by Sean Covey or a similar book with your child over the summer. This resource provides a great description of what makes middle and high school students successful. Often experiencing a book like this with your child opens up lines of communication that will hopefully continue through the coming years.
- ☐ ***Check the mail for our Back-to-School Information*** in early August. There will be important information specific to Middle School included with this packet.
- ☐ ***Plan to attend our Back-to-School Morning*** on Friday, August . Students will receive their class schedules, meet all their teachers, and walk through a typical school day. This experience will be different than what you and your student might be used to from past Back to School Mornings so please make a point to attend. It is key for students to feel comfortable on the first day of school.
- ☐ ***Check out the new uniform options*** for middle school students in the Parent Handbook and order over the summer. All students required to have 1 complete PE uniform at the start of the new year.
- ☐ ***Contact Mrs. Henzel with any questions*** you may have over the summer months. (619) 232-3794 or becky.henzel@citytree.org
- ☐ ***Enjoy the benefits*** that come with student maturity and independence!