

City Tree Christian School  
Thursday  
May 20, 2021

# Ryan's Run

Run with JOY!

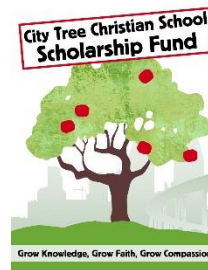
This year we are running with JOY to support 2 great causes: City Tree's Scholarship Fund that and Ronald McDonald House Charities of San Diego. We are excited that our students have a heart for all of God's children and want to do something that will make a difference for others. "**Ryan's Run**" is named in memory of City Tree graduate Ryan Lewis, who graduated from 8<sup>th</sup> grade in the class of 2017. Ryan passed away in March 2018 after a 5-year battle with cancer. Our very first Ryan's Run in 2013 was as a benefit for his family.

**WHO, WHAT, WHERE?** Students in grades K-8 will participate in **Ryan's Run** at Balboa Park (6th & Juniper) from 9:30-10:30 (grades K-3) & 11:00am-12:00pm (grades 4-8). Each student will try to complete as many laps as possible in the allotted time. Each lap will be about 350-400 feet and participants will be encouraged to run, walk, skip, jump, or hop as many as they can.

**FANTASTIC AWARDS:** This will be a fun event for everyone. Special awards will be given to students and classes who complete the most laps, raise the most money, and show the most spirit.

**ATTIRE:** Students should come to school wearing comfortable running shoes, shorts, and the t-shirt color indicated. We suggest also wearing an outer layer (sweatshirt & pants) that can easily be removed. Middle School students should bring clean clothes (school uniforms) to change into after.

Shirt Colors	
Kindergarten	Yellow
Grade 1	Blue
Grade 2	Purple
Grade 3	Green
Grade 4	Red
Grade 5	Orange
Middle School	Shine Your Light Shirt or PE Uniform



## K-3 Balboa Park Schedule:

- 8:50 Grades K-3 leave City Tree to walk to park
- 9:15 Grades K-3 warm-ups and directions
- 9:30 Grades K-3 begin Ryan's Run
- 10:10 Kindergarten's run ends & after a rest time they head back to school
- 10:30 Grades 1-3 Ryan's Run ends
- 10:35 Grades 1-3 rest and then eat lunch in Park
- 11:15 Grades 1-3 walk back to CTCS

## 4-8 Balboa Park Schedule:

- 10:20 Grades 4-8 leave CT to walk to park
- 10:45 Grades 4-8 warm-ups and directions
- 11:00 Grades 4-8 begin Ryan's Run
- 12:00 Grades 4-8 Ryan's Run ends
- 12:05 Grades 4-8 eat lunch in Park
- 12:30 Grades 4-8 walk back to CTCS

**HELP NEEDED:** We will need lots of volunteers to make **Ryan's Run** a success. Prep and set up help, lap counters, water station attendants are all needed. Items such as orange slices, small paper cups, spray bottles and water jugs are needed. Sign-up Online!