

A Tribute to Susan Suchan

by Lauren U, PAC Core Team

This has been an incredibly sad year for me so far. One of my very best friends, a woman I love dearly, lost her life to cancer and FTD. Susan, I miss you so much. This time without you here has already been far too long and I know it's only the beginning. Every day, often several times a day, I find myself eager to "tell Susan." I think, "Susan is going to love this!" or I calm myself with the knowledge that "Susan and I will figure this out." And then, again, I am struck by the reminder that my Susan is gone.



Lauren and Susan on The Vacay

We have had practically daily contact since the day we met years ago. I love this photo. We were so happy just to be together. Everyone says we look like sisters. We are soulmates.

You were a warrior for all human rights. You have been my partner in crime. We could always make each other laugh. Always!



I love to think about The Vacay. What a grand time we had. S'mores, sangria, sunburn, swimming, tears, hilarity, and friendship.

I have your handprint, one of our many projects. We discussed so much and supported each other so perfectly. Death, life, fear, joy...we talked about it all. Our relationship has filled my heart with love.

You and me, Chica. Always and forever in my heart and in my pocket.

Lauren U is a member of the PAC Core Team. She was a registered nurse with the ANCC Board Certification in Psychiatry for 30 years. Now she is the keeper of the frolic. Lauren has been living with Lewy Body Dementia (love how they add "with behavioral disturbance") for over five years. She currently lives in Northern California with her professor husband, Eddy. She enjoys spending time with her friends (the horses) at her the [TROT](#) equine therapy program. PAC agrees with Lauren – that she is delightful!

Learn more about Susan or make a donation in Susan's memory:

[Susan Suchan's Facebook Page](#)

[Susan's Memorial Donation Page](#)