

Meet Amanda Bulgarelli

Hello everyone. While my official titles include COO, many of you may recognize me from certification courses, the online course, DVDs, video clips, webinars, and other things I have done with PAC in the last year and a half. What you may not realize is that if you've been following Teepa for a while, you may have seen me helping her when I was just a teenager. You see, Teepa is not only my boss but she is my mom. I was often the guinea pig as she tried out new techniques and that often led to me being on videos with her. Just what every teenager wants, right?

While I didn't join Teepa in the world of dementia care right away, I took many of her philosophies and techniques with me into the world of teaching. PPA™ is a wonderful technique to use with everyone even if you don't need to get into Hand-under-Hand™. Developing a connection, maintaining the relationship, and having that be the most important part of my job helped me build and develop my students' skills and knowledge. I taught 4th and 5th grade in incredibly different schools for eight years in North Carolina, New York, and Michigan.

While I loved my students it was time for a change and I joined the Positive Approach® family in an official role at the end of June 2015. It has been a whirlwind 14 months as I have worked with Teepa in the Pacific Northwest, the United Kingdom, and seemingly everywhere in between. On top of that, my husband and I bought a new house and had our first child, Benjamin Bulgarelli, on August 6th, 2016. Needless to say, we think he's perfect and it's tough to put him down to do some work, but fortunately I love what I do.

Meet Dan Bulgarelli

Hey there. As always, my wife is a tough act to follow. I, too, was a teacher for ten years. I taught middle school social studies starting out at a small school in North Carolina, which is how we met. I enjoyed meeting her family, not knowing that I was meeting the one and only Teepa Snow. We moved to New York and when Teepa came to Long Island for one of her talks, Amanda and I took the train out to watch. For those of you that have seen Teepa in person or even on video, you'll know that I should have been ready for



something. Again, I only knew her as my girlfriend's mom and I thought we were just going to watch her give a speech. Well, a few hours later, we took the train back to Manhattan with my face still red from embarrassment and my mind swimming with newfound knowledge and understanding.

After six years in New York, my southern born wife agreed to move to where I was raised which is the metro-Detroit area of Michigan. The fact that the first winter we were here happened to include the coldest February in Michigan for 140 years was not lost on her. Heated seats and a husband who is willing to shovel the driveway helped get us through.

Much like Amanda, I felt it was time for a change. I loved my students and still keep in contact with many of them. While I wasn't born into the Positive Approach® world as my lovely wife was, I have been welcomed in to both the Snow and PAC families with open arms. I have been extremely fortunate to join an organization that truly cares about people and wants to make a positive difference. I'm not saying this because she is my mother-in-law, but working for Teepa has been a great experience. She has a vision and a kind heart that includes not only her employees but everyone affected by brain change. She works tirelessly to make the world a better place. She can't do it alone and her energy inspires and motivates all of us to help spread her message.

While I don't present in public as much as Amanda does I am often used by Teepa to help demonstrate techniques when she speaks publicly or trains our PAC team. Our size difference adds a bit of humor but it also helps to show that with a Positive Approach® and proper techniques, size isn't as important of an issue as many would think.

Meet Benjamin Bulgarelli

I am honored to be the first baby born into the Positive Approach® to Care family. I have big shoes to fill and I look forward to the challenge. Fortunately, I already have peacocks adorning my room as well as some beautiful artwork from my friend Lauren U.

While I'm just a little guy, I was lucky enough to have Grandma Teepa stay with us and take care of me at night so my mommy and daddy could sleep a bit. They tell me she travels a lot but hopefully she'll be able to come back and visit soon!

I've been working hard to improve my Positive Physical Approach™ and Hand-under-Hand™ skills, but between feeding, diaper changes, baths, and naps it's hard to find the time. I know it's important that I keep working because I want to help others as so many have helped me. I'll be making my first official PAC related appearance this November as mommy and daddy join Grandma Teepa in the United Kingdom, wherever that is. I just hope they can get me added to the payroll by then.

