

## Do You Want to be A Champion for People Living with Dementia?

*Register for the Champion Course TODAY!*

*by Mary Ellen Burrus,  
PAC Certified Independent Trainer*

As we care partner with a person living with dementia, we have tasks that need to be completed – bathing, dressing, nutrition and hydration, just to name a few. There is a task that needs to be done, but how can we get this accomplished, especially if we aren't on the same page with the person we are caring for? If we push too hard, the task at hand can move even further out of reach. Sometimes, it can create friction and frustration for both people. So what do we do?

Positive Approach® to Care (PAC™) has just the answer for you, as we roll out something new for 2018. Do you ever wish that you could bring a PAC mentor right into your hometown or even into your facility to work with your staff on their PAC skills? PAC will be offering just that with our new Champion Courses. In February, we will have Champion Courses in the Atlanta and Detroit areas. As the year progresses, we will be in many other towns, as well. These programs are all led by Teepa's Accomplished Mentors.

In our Champion Courses, you will be introduced to the PAC philosophy, including Positive Physical Approach™, Positive Personal Connections, Positive Action Starters, and Hand-under-Hand®. Each course is a full-day workshop that teaches these valuable skills and how they can benefit the care partner and the person living with dementia. Once there is a good understanding of each skill, the class will have time to practice and refine each technique. The class sizes are limited, ensuring that each learner receives ample support and feedback from a mentor. These skills and techniques can become valuable tools in the caregiver toolbox.

We hope you will join us for one of these courses in 2018!

**February 7, 2018**

**World Harvest Church – Roswell, Georgia**

**9:00 AM – 4:00 PM**

**February 23, 2018**

**Lakes Bible Church - Walled Lake, Michigan**

**9:00AM – 4:00 PM**

**Please [email](#) Mary Ellen Burrus to register!**

Watch for more locations to be announced!