

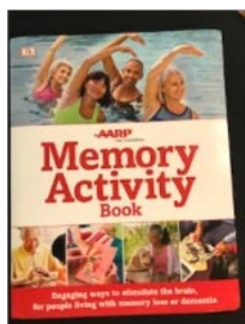
## PAC's 2018 UK Journey

by Teepa Snow, MS, OTR/L, FAOTA

What an amazing too few days for some and two weeks for others!

We met so many terrific and inspiring people as we went from London to Derby to Wales! And some of us to places and spaces beyond those locales!

We took great friends and colleagues along with us and partnered with our fantastic friends in England, Scotland, Wales, and beyond to expand our Positive Approach to Care culture and message. We now have many more Trainers, Coaches, Mentors, and Champions! More people are Aware, more have Knowledge beyond what they had, and there were new skills practiced and tried out that may just change how interactions and care happen for people living with dementia!



We got to preview and review Helen Lambert's terrific and well-structured book, **Memory Activity Book**, when she came to London for the Coach-Skills Trainer Course and then explore more while we were in Wales conducting Champion Courses and a Teepa Talk!

The Birmingham area was great fun to explore! Our Skills Day time with the Derbyshire group was just superb! We loved the willingness of the team members to try things out, to work hard, and to listen to American accents for a whole day without giving up!



And the sights we saw along with the treks, tours, mountain streams, and ocean dips made the trip remarkable and memorable. We still have more to

visit and investigate, so we are looking forward to our next UK excursion, even as we finish this one.



An extra special SHOUT OUT to Alison, Nick, Sian, Sue, and the entire Wales Team that made our time with them extraordinary! Their ability and willingness to work with us to develop some new teaching and training tools and videos will certainly allow us to go above and beyond!



Plus, a final note of special recognition for some of our team. Hooray for Andrea, Alejandro, and Lilianna for making the trip at two months of age. For Dan, Dick, and Benji for a third international journey within the first two years of Benji's time with us. And congratulations to Seb for making his first trip abroad with a bunch of family and friends who got him to try out lots of new things, including fish and chips!

