

A Heart Full of GEMS

by Reverend Linn Possell and
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Will your kids be spending time this summer with a grandparent who has dementia? Not sure how to explain that grandma still loves you but is different? Dementia is often difficult for an adult to understand; it is even more difficult for a child. *A Heart Full of GEMS* is a beautifully illustrated book that teaches children to pay attention to, and share in the human connection, that can be maintained when someone is living with dementia. In this extraordinary story of love, Abel is taught by a wise peacock how to look for the precious characteristics that make his grandmother special and to meet her where she is in the progression of her disease.

This story was written to help you, as well as your child, understand what is changing, but also to help maintain your relationships with your loved one living with dementia. It is one of the few options available for parents to help children better understand what is happening and how to cope. To be used as a resource, the book's appendix includes helpful dementia tips as well as a practical dementia progression guide to help everyone adapt to the changes experienced when someone is living with dementia.

"*A Heart Full of Gems* features lovely artwork and storytelling inviting children to leave behind their worries and realize dementia is causing a change in grandma or grandpa, not them. Rather than feelings of hurt and sadness, these young readers learn how to recognize the various GEMS to be found in themselves and their loved ones. This is a simple, easy to understand book that can be shared with any child - removing fear and anxiety and replacing it with confidence and calm."

- Ron Gregory, Founder of Alzheimer's Music Connect

Rev. Linn Possell is a Positive Approach® to Care Mentor and PAC Skills trainer. She has her Bachelors in Education, MA in Exercise Physiology, and Masters of Divinity. Linn has been working with people living with dementia and their families for the past ten years. She began her journey in dementia care when her mother was diagnosed with early onset Frontal Temporal Dementia. Linn is also the author of [Alzheimer's: A Beautiful Spirit Celebrated](#) and [Dementia Guide for Faith Communities and Leaders](#).

Teepa Snow is one of the leading educators on dementia. As an Occupational Therapist for over thirty years, her wealth of experience has led her to develop Positive Approach® to Care techniques and training models that are used by families and professional care partners all over the world.

Illustrated by Katya Villano.

[Click here](#) to purchase your copy of *A Heart Full of GEMS* today!

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