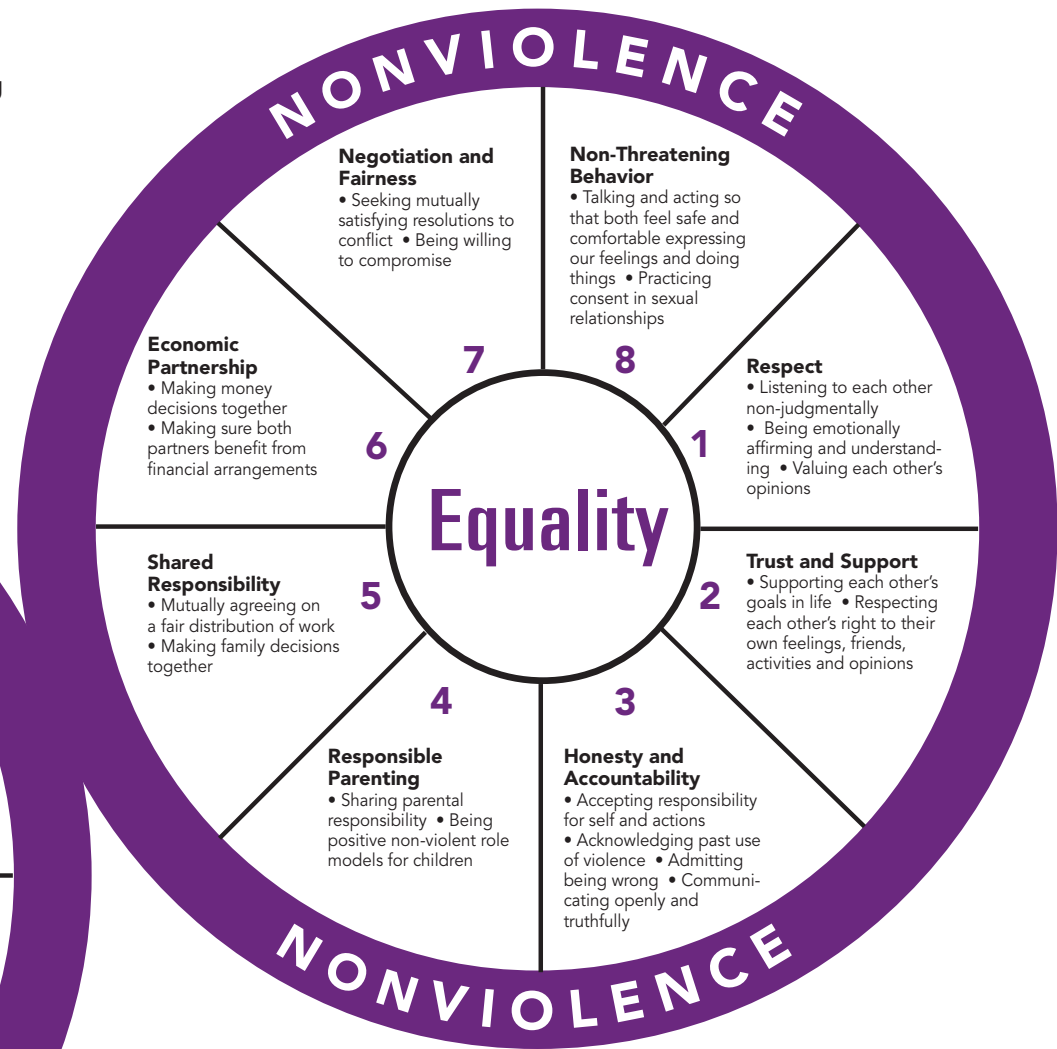
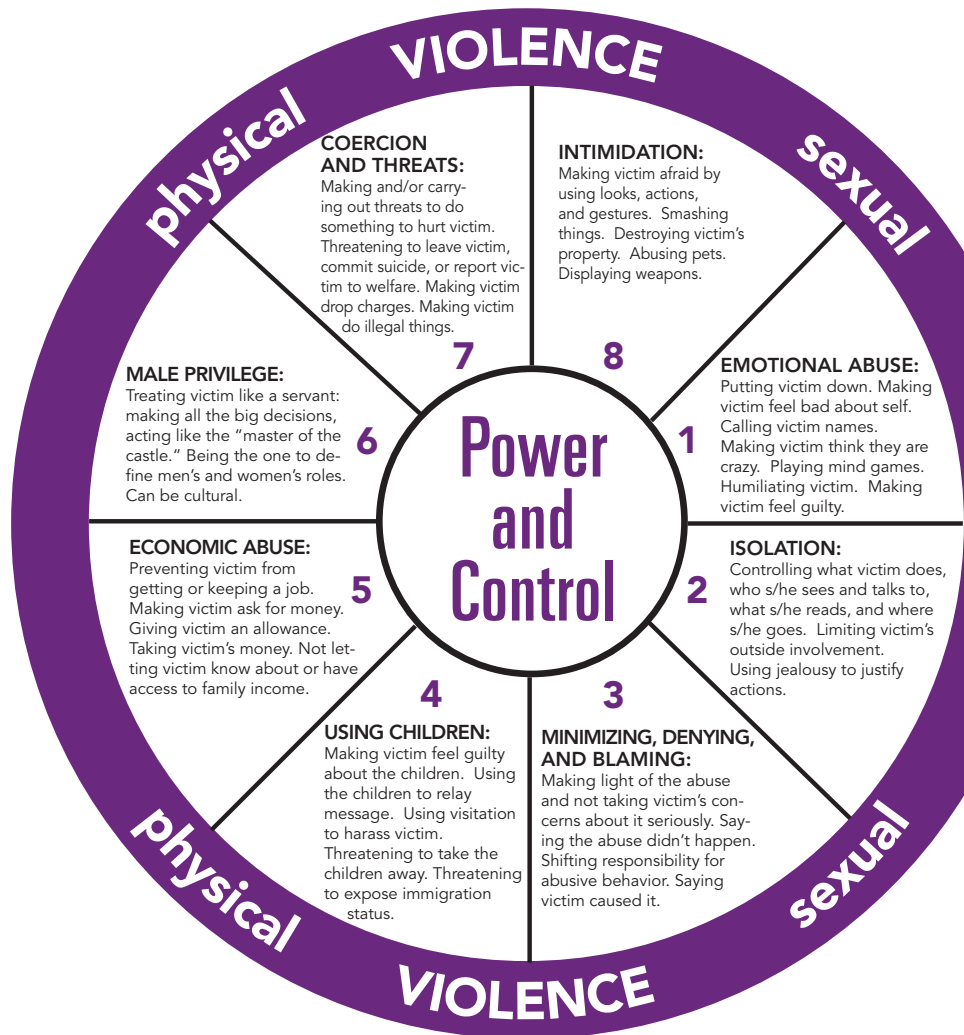


POWER AND CONTROL WHEEL VS. EQUALITY WHEEL

The Power & Control diagram is a particularly helpful tool in understanding the overall pattern of abusive and violent behaviors, which are used by an offender to establish and maintain control over a partner. Very often, one or more violent incidents are accompanied by an array of these other types of abuse. They are less easily identified, yet firmly establish a pattern of intimidation and control in the relationship. The Equality Wheel demonstrates some aspects of healthy relationships.



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