



SCAN THE QR CODE TO SIGN
UP FOR OUR WEEKLY
VOLUNTEER HOURS,
MAY THROUGH OCTOBER.

Sharing the Harvest Community Farm

A Division of YMCA Southcoast



VOLUNTEER GUIDE

Sharing the Harvest Community Farm is a collaboration between the Dartmouth YMCA and the United Way of Greater New Bedford's Hunger Commission. Sharing the Harvest is a volunteer-driven community farm established in 2006 as a grassroots effort to fight hunger and help feed our neighbors in need. All produce is donated to 22 local hunger relief programs throughout the southcoast region.

WHAT TO EXPECT WHILE VOLUNTEERING

First and foremost, we expect everyone to have fun at the farm while we accomplish our work together. Expect hands-on learning. You will get dirty and muddy; all while having a good time in the field or greenhouse.

- All farm work is done outdoors, rain or shine.
- Unexpected weather; dress in layers!
- Make friends while volunteering alongside like-minded community members
- Learn about hunger, food origination, agriculture, and volunteer stewardship.

WHERE TO FIND OUR FRESH PRODUCE

UNITED WAY



Free Mobile Markets
from July-October

Visit:

<https://unitedwayofgnb.org/mobile-market>



FULL PLATE PROJECT
FOOD BANK

FULL PLATE PROJECT

Offers pre-packaged bags of
groceries and STH produce.

Visit:

<https://ymcasouthcoast.org/programs/full-plate-project/>

WHAT TO WEAR

- Wear comfortable clothes and closed toed shoes that you don't mind getting muddy
- Long pants and long sleeve shirts are recommended
- Dress for wind, prepare for rain
- Brimmed hat
- Do not wear sandals, flip flops, or high heels
- Do not wear anything valuable, including jewelry

WHAT TO BRING

- A water bottle
- Sunscreen
- Insect repellent
- Gloves – we provide communal gloves, bring your own if you prefer
- An open-mind
- A positive attitude

GROUP VOLUNTEERS

For groups larger than six, please contact the Volunteer Coordinator at sharingtheharvest@ymcasc.org at least one week in advance of expected volunteer date. We welcome groups of all sizes and abilities.

Contact us:

sharingtheharvest@ymcasc.org



Tuesdays, Wednesdays, Thursdays:
9:00am – 11:00am & 2:00 pm – 4:00pm

Saturdays:
9:00am – 11:00am