



The following are questions that have cropped up over the past several months regarding the OSeas Race Team and LEMWOD.

What is LEMWOD?

LEMWOD is the Linda Elias Memorial Women's One Design regatta. It takes place annually in October at the Long Beach Yacht Club aboard their fleet of Catalina 37's, which are managed by the Long Beach Sailing Foundation. There are only 11 of these boats in the world.

How do I get to be a part of the LEMWOD team?

The answer is quite simple really, every year, we announce that we'll be looking to put together a team for LEMWOD. At that same time, we'll announce practice dates. THIS IS YOUR CLUE TO P-A-R-T-I-C-I-P-A-T-E! If you'd like to be considered for the LEMWOD team, you need to attend the practices. Give yourself enough practice opportunities to allow our coaches to assess your skills.

So I went to a practice and no one asked me to sail for LEMWOD. What happened?

Remember, we need you to make your intentions known AND participate in enough practices to be fairly assessed by our coaches.

I didn't make the LEMWOD team this year. What about next year?

Get out there, use the year to race and practice, practice, practice! Try again next year!

Aren't the same people on the team year after year?

While many of the same people have participated on the team over the past several years, the team also has new or different team members each year. The LEMWOD team consists of only 10-12 women therefore, not everyone will make the team.

I've heard that at the last minute, people have been asked to race on LEMWOD that haven't practiced or tried out. How does this happen?

As you know, sailboat racing is a unique sport that requires unique talents and skill sets; i.e. everyone can't handle every position. There have been times, when we've been unable to find the skill level needed, either from our existing team or from anyone that has expressed an interest in participating. When we need a specialized position and cannot find the talent from within, then and only then will we look for the right person to sail with the team. However, before anyone is able to sail for LEMWOD, they must be a member or join WSA-OC. The requirement is for the boat is to have all WSA-OC members and that won't change.

What experience level do I need to possess in order to compete in LEMWOD?

For both competitive and safety reasons, we require at least intermediate racing experience.

Does it cost anything to participate in LEMWOD?

Yes. All team members are required to pay to participate in the regatta. The cost varies yearly, but expect to pay \$100 - \$200 out of pocket. Additionally, members are required to pay for all practices aboard the Catalina 37s, usually about \$40 per person.

With all of that being said, LEMWOD isn't the only racing opportunity for the OSeas. Local boat owners have reached out to us requesting crew for various races throughout the year. If you would like to be considered for a position on the 2018 LEMWOD team and/or for the OSeas in general email us oseas@wsaoc.org