



OLLI @ DU



UNIVERSITY OF DENVER

Course Index Fall Term '24


September 16 – November 8


The Osher Lifelong Learning Institute at the University of Denver (OLLI at DU) is a community of over 2000 members, 50 + better, who are looking to pursue new ideas and experiences through courses, webinars, social events, and travel opportunities. We offer over 350 courses, 40 webinars and 20 social events and outings each year. We offer both in-person courses and events at four locations and online courses and webinars on a variety of subjects. Our courses are designed for informal discussion with plenty of opportunity for social interaction. Most morning sessions meet 9:30-11:30 and most afternoon sessions meet 1:00-3:00. There are no tests and no quizzes! OLLI at DU is a place where people feel the joy of learning and connection – the key to happiness and longevity. Join us!

Health/ Wellness




| Course Title/Facilitator | Online/ In-Person (IP) | Day AM/PM |
|---|---------------------------|--------------|
| Minding Your Balance: Mind/Body Techniques to Improve Balance & Prevent Falls – Susan Chandler 9/17 - 10/8 | IP First U | Tue AM |
| The Secret Life of Groceries by Benjamin Lorr – Bill Baird, Anne Bennett 9/17 - 11/5 | Online | Tue AM |
| Come Bird with Us – George Ho 9/17 - 11/5 | IP First U | Tue AM |
| The Ugly, the Bad, and the Good: Depression, Anxiety and Happiness in Seniors – Christopher (Kip) Doran 9/18 - 10/23 | IP First U | Wed AM |
| Sex After Sixty: Celebrating Intimacy – Gretchen Frey 10/16 - 11/6 | Online | Wed AM |
| Core Concepts in Pilates – Debby Levinson 9/18 - 11/6 | IP First U | Wed PM |
| Maintaining Health and Vigor After 60: A Medical Speaker Series – Anne Bennett, Janet Kester 9/18 - 11/6 | IP South | Wed PM |

| Course Title/Facilitator | Online/ In-Person (IP) | Day AM/PM |
|--|---|--------------|
| NDEs/Near Death Experiences and Lots More; Stunning Reports from Decades of Research – Maria Arapakis 9/18 - 10/23 | Online | Wed PM |
| Maintaining Wellness in Later Life – Catherine Dockery 9/19 - 10/10 | Online | Thurs AM |
| History & Economics |  | |
| Course Title/Facilitator | Online/ In-Person (IP) | Day AM/PM |
| The Biggest Political Division in US History: The Road to Secession in 1860– Tom Kleinschmidt 9/16-10/7 | IP- Broomfield CC | Mon PM |
| Imprisoned Without Trial: The Japanese Incarceration in WWII – Dennis Kato 9/16-10/7 | Online | Mon PM |
| Artificial Intelligence: What It Is & How It Will Impact Us All – Alec Tsoucatos, Ralph Hughes 9/17-11/5 | IP- Jefferson UC | Tue AM |
| Immigrant Workers in the Mile High City: Voices of Denver's Migrant Communities – James Walsh 9/17 - 10/22 | Online | Tue AM |
| Colorado's Hall of Fame Windows – Shedding Light on 19th Century Colorado – Stuart Gentry 9/17-11/5 | IP South | Tue PM |
| Think Like an Economist: How to Make 'Cents' of Your Dollars – Ira Rifkin, Stan Folker 9/17-11/5 | IP South | Tue PM |
| A World in Motion: A History of Immigration to America – Myra Rich 9/17- 11/12 (no class 10/15) | Online | Tue PM |
| Forgotten Presidents – Marjie Clark 9/17-11/5 | IP First U | Tue PM |
| Churchill: The Valiant Years (Hybrid) – Mac McHugh 9/17-11/5 | IP- DU Ruffatto | Tue PM |
| Churchill: The Valiant Years (Hybrid) – Mac McHugh 9/17-11/5 | Online | Tue PM |
| Culture Wars of the Renaissance- Birth of a New World Order and Implications for Today – Stephen Bennett 9/18-11/6 | IP South | Wed AM |
| Greece: Still Amazing, Still Important – Steve Swenerton 10/23-11/13 | IP- Broomfield CC | Wed AM |
| The British East India Company: Its Historical Rise to Imperial Power – Bix Bicknell, Lane Hart 9/18-11/6 | IP First U | Wed AM |
| An Entertaining and Concise History of the 50 US States – John Lay 9/18-11/6 | IP- DU Chambers | Wed AM |
| Close and Controversial Presidential Elections – David Lippman 9/18-11/6 | IP- DU Chambers | Wed PM |
| The Evolution of Systemic Racism – Leanne Puglielli, Ben Kempinen 9/18 - 11/6 | Online | Wed PM |

| Course Title/Facilitator | Online/ In-Person (IP) | Day AM/PM |
|---|---|--------------|
| The Gilded Age: A Turning Point in US History – Anne Christner 9/18-11/6 | Online | Wed PM |
| CHERNOBYL the Rest of the Story – Wayne Cassell 9/18-11/6 | IP First U | Wed AM |
| Something's Happening Here: How the 60s Shaped American Culture into the 21st Century – James Walsh 9/19-11/7 | Online | Thurs AM |
| Literature/Writing/Language |  | |

| Course Title/Facilitator | Online/ In-Person (IP) | Day AM/PM |
|--|---------------------------|--------------|
| Exploring Angela's Ashes – Linda Ropes 9/17-10/29 | IP- Jefferson UC | Tue AM |
| Memoir for the Undermotivated or Overwhelmed – Kirsten Morgan 9/17-11/5 | IP- Jefferson UC | Tue AM |
| Chatting In Spanish – Linda Gordon 9/24-10/29 | IP First U | Tue AM |
| Art of the Short Story – Carol Anthony 9/18-11/5 | IP- Jefferson UC | Tue PM |
| Mary Shelley's World: Exploring the original Frankenstein and its many modern representations – Gloria (Lori) Eastman 9/17-10/22 | IP- DU Ruffatto | Tue PM |
| Tales Untold: A Short Story Writing Adventure – Edward (Ned) Ford 9/18-11/6 | IP- DU Chambers | Wed PM |
| Cheneneville by Paulette Jiles: A novel of vengeance and redemption – Gracie Batt, Don Batt 9/19-11/7 | Online | Thurs AM |
| Mysterious Places: A Dark & Stormy Night – Linda Lange, Tom Corona 9/19-11/7 | Online | Thurs AM |
| Writing the Short Story: the backbone for all writing adventures – Carolyn Varvel 9/19-11/7 | Online | Thurs AM |
| James: Is Perceval Everett's Retelling of Huck Finn a Masterpiece, too? – Patricia Paul 10/10-11/7 | Online | Thurs PM |


| Psychology, Religion, Philosophy, Culture | |  |
|---|---------------------------|--|
| Course Title/Facilitator | Online/ In-Person (IP) | Day AM/PM |
| What Happens When We Eliminate Justice? – Terry Ortlieb 9/16-11/4 | Online | Mon PM |
| Capital, Inequality & Ideology: An Intellectual History, Part 1 – Mitchell Stewart 9/24-11/12 | IP- DU Chambers | Tue PM |
| Decisions of Fate: Your Jewish Compass for Navigating Questions of Medical Ethics – Yossi Serebryanski 10/15-11/5 | Online | Tue PM |

| Course Title/Facilitator | Online/ In-Person (IP) | Day AM/PM |
|--|---------------------------|--------------|
| Four Asian Religions and Philosophies – Dan Putman 9/18-10/30 | Online | Wed AM |
| What The Buddha Taught – Mike Prevedel 9/18-11/6 | IP First U | Wed PM |
| Critical Perspective: The Problem and the Key to Unlock Misunderstandings – Joe Conner 9/18-10/9 | Online | Wed PM |
| Introduction to Islam and Sufism – Kathleen Ochs 9/18-11/6 | Online | Wed PM |
| Tapping the Well of Creativity – Donna Van Dusen 9/18-10/23 | Online | Wed PM |
| Resonating World: Seeing the World as Energies – Wally Klatch 9/19-10/31 (no class 10/3) | Online | Thurs AM |
| Everyday Wisdom For Staying Sane in a World Gone Mad – Paula Staffeldt 10/17-11/7 | Online | Thurs PM |
| The Vowels of Science: A System for Talking with People You Just Met – Joe Conner 10/17-11/7 | Online | Thurs PM |


Public Affairs/Current Events



| Course Title/Facilitator | Online/ In-Person (IP) | Day AM/PM |
|---|---------------------------|--------------|
| The Trump Cases – David Savitz 9/17-10/22 | IP- Jefferson UC | Tue AM |
| This Land is Mine: A History of Palestine – Gary Wyngarden 9/17-11/5 | IP South | Tue AM |
| American Nations: How Eleven Unique American Identiities Impactted the Past and Molded the Future of America – Steve Winber 9/17-11/5 | Online | Tue AM |
| Current Events, Tues – Dick Reinish, Sydney Myers 9/17-11/5 | IP First U | Tue AM |
| An In-Depth Trip Through Numerous High Profile Criminal Trials – Rick Levinson, Gary Lozow 9/17-11/5 | IP First U | Tue PM |
| The Story of Israel & the Arab-Israel Conflict – Herzl Melmed 9/17-10/8 | IP First U | Tue PM |
| The Surveillance State Big Data, Freedom, and You (Part 1) – Michael Levin 9/18-10/23 | Online | Wed AM |
| Issues in American Sports – Kent Epperson 9/18-10/23 | IP- DU Chambers | Wed AM |
| Current Events, Weds – Dick Reinish, Sydney Myers 9/18-11/6 | IP First U | Wed AM |
| YIKES: Political Pandemonium and the '24 Election's Final Fights – Bob Steele, Dennis Ryerson 10/16-11/6 | Online | Wed AM |
| Current Events for Open Minded People – Tom Bieging, Barbara Holme 9/18-11/6 | IP- DU Chambers | Wed AM |


| Course Title/Facilitator | Online/ In-Person (IP) | Day AM/PM |
|--|---|--------------|
| Documentary Films – Dick Reinish 9/18-11/6 | IP First U | Wed PM |
| How Can We End Homelessness in America? It's Up to You – Don Burnes 9/18-10/23 | IP- DU Chambers | Wed PM |
| Current Events Thurs – Terry Casey 9/19-11/7 | IP- DU Chambers | Thurs AM |
| Great Decisions, Section 2 – Steve Winber 9/19-11/7 | Online | Thurs AM |
| This Land is Mine: A History of Palestine – Gary Wyngarden 9/19-11/7 | Online | Thurs AM |
| STEM |  | |

| Course Title/Facilitator | Online/ In-Person (IP) | Day AM/PM |
|---|---------------------------|--------------|
| Current Developments in Climate Change: What We're Facing, What We're Doing, and What Needs to be Done in Colorado the US and the World Speakers Series – Jon Young 9/16-11/4 | Online | Mon PM |
| Searching for Other Earths: Our Growing Understanding of the Cosmos and Our Place In It – Charles Holt 9/17-11/5 | IP South | Tue AM |
| Water Resources Science and Management – Thomas Bellinger 9/17-10/22 | IP- DU Chambers | Tue AM |
| GREAT RIVERS OF THE WORLD - Part D – Timothy Steele, James (Jim) Kunkel 9/17-11/5 | IP First U | Tue AM |
| Heroes and Villains of Climate Change – Phil Nelson 9/17-11/5 (No class 10/15) | IP- Jefferson UC | Tue PM |
| Journey to Mars - Space 101 – Barbara Adams 9/17-10/22 | IP- Jefferson UC | Tue PM |
| The Climate We Expect, The Weather We Get – Thomas Corona 9/18-10/23 | IP South | Wed AM |
| Why Drones are Changing the Face of Warfare and Your Everyday Life – Bill Gernert, Pat Smith 9/18-11/6 | IP South | Wed AM |
| Making and Sharing Sound End-of-Life Choices – George Ho 9/18-11/6 | IP First U | Wed AM |
| Foundations of Quantum Mechanics – Edward Friedman 9/18-10/23 | IP- DU Chambers | Wed AM |
| Generative Magic: Unleashing AI's Creative Powers – Ronald Knox, Bob Waytt 9/18-11/6 | IP South | Wed PM |
| Neurology in a Nutshell; The Brain Explained – Paul Schanfield 10/16-11/6 | Online | Wed PM |

| Course Title/Facilitator | Online/ In-Person (IP) | Day AM/PM |
|--|---|--------------|
| Earth: The Big Picture – Lynn Peyton 9/19-10/10 | Online | Thurs AM |
| Life in Clouds – Sharon Sherman 9/19-10/24 | Online | Thurs AM |
| Science at the Denver Museum of Nature and Science - Guest Speaker Series – Jon Young 9/19-10/17 | Online | Thurs AM |
| Get Smarter About Your Windows PC – Sharon Sherman 9/19-10/24 | Online | Thurs PM |
| Visual & Performing Arts |  | |

| Course Title/Facilitator | Online/ In-Person (IP) | Day AM/PM |
|--|---------------------------|--------------|
| How Colors Speak: The Language of Color Theory – Mitra Verma 9/16-11/4 | Online | Mon PM |
| Matinee at the Bijou – More Bogart and Friends – Mac McHugh 9/16-11/4 | Online | Mon PM |
| The Evolution of Martin Scorsese's Cinema from Gritty Gangsters to Sacred Silence – Mark Garrett 9/16-11/4 | Online | Mon PM |
| Women Composers: Their History and Their Music – Catherine Beeson 9/16-11/4 | Online | Mon PM |
| Music, Musicians and so much more – Hille Dais 9/17-11/5 | IP- Jefferson UC | Tue AM |
| No Man's Land: WWI and the Birth of Horror Movies – Gregory Moody 9/17-11/5 | IP South | Tue AM |
| Japanese Prints: From Meiji to Modern – Jerry Mercure 9/24-11/5 | IP South | Tue AM |
| Movies that Matter – Sarah Kozloff 9/17-11/5 | IP- DU Chambers | Tue AM |
| The Wisdom of the African American Spirituals Tradition – Arthur Jones 9/17-11/5 | IP- DU Chambers | Tue AM |
| Art in Germany Between the World Wars: Neue Sachlichkeit (New Objectivity) – Linda Susak 9/17-11/5 | Online | Tue AM |
| Comedy Appreciation – Jim Sieke 9/17-11/5 | IP- Jefferson UC | Tue PM |
| The Wonderful, Wacky World of Comedy – Steve Spirn 9/17-11/5 | IP First U | Tue PM |
| Memorable Films From the Nineties – Larry Matte, Greg Patty 9/17-11/5 | Online | Tue PM |
| The NEW Old West: Amazing Movies You Might Have Missed – Sally Walling 9/17-11/5 | Online | Tue PM |
| Museum of Lost Art – Sue Bramley, Natalie Conklin 9/18-11/6 | IP South | Wed AM |

| Course Title/Facilitator | Online/ In-Person (IP) | Day AM/PM |
|--|---------------------------|--------------|
| Beethoven's Symphonic Vision – an Evolution Story – Betsy Schwarm 9/18-10/23 | Online | Wed AM |
| Impressionism, Picasso and More – Bob Manning 9/18-10/23 | Online | Wed AM |
| Opera Potpourri – Jan Friedlander, Neil Adelman 9/18-10/9 | Online | Wed AM |
| The Art of Mandala Drawing – Mitra Verma 10/16 - 11/6 | Online | Wed AM |
| Journeys, Learning Thru Travel Adventures – Barbara Werren 10/16 - 11/6 | Online | Wed PM |
| Smart Phone + Snapseed: mastering photos in post-production – Sara Frances 10/16 - 11/6 | Online | Wed PM |
| Great Film Directors – Robert Magnani 9/19-11/7 | Online | Thurs AM |
| An Afternoon with Tom Hanks – Alan Folkestad 9/19-11/7 | Online | Thurs PM |
| Beyond The Cartoon: Animated Films with Depth and Complexity – Dixie Vice, John Lungerhausen 9/19-11/7 | Online | Thurs PM |
| Miscellaneous/ Extracurricular | • • • | |

| Course Title/Facilitator | Online/ In-Person (IP) | Day AM/PM |
|---|---|--------------|
| Bridge Basics 1, An Introduction – Michael Holmes 9/18-11/6 | Online | We AM |
| Let the Games Begin! – Peggy Winn, Nancy Cassell 9/18-10/23 | IP South | We PM |
| Improving Your Bridge Judgement – Michael Holmes 9/18-11/6 | Online | We PM |
| American Mahjong for those People who have NEVER Played – Elaine Levy 9/18-11/6 | IP First U | We PM |
| Trail Walking and More – Jan Friedlander 9/20-11/8 | IP Offsite | Fr AM |
| OLLI FIT |  | |

| Course Title/Facilitator | Online/ In-Person (IP) | Day AM/PM |
|---|---------------------------|--------------|
| Meditation in Motion: The Art and Science of Tai Chi – Joseph Brady, Jacqui Shumway 9/16 - 11/4 | Online | Mon AM |
| Gentle Hatha Yoga – Lisa Theis 9/17 - 11/5 | Online | Tue AM |
| Medical Qigong: Healing Exercises from China – Joseph Brady, Jacqui Shumway 9/18 - 11/6 | Online | Wed AM |
| Breath, Meditation & Community– Lisa Theis 9/19 - 11/7 | Online | Thurs AM |

| Course Title/Facilitator | Online/ In-Person (IP) | Day AM/PM |
|--|---------------------------|--------------|
| Movement, Mindfulness and Energy – Amanda Gregg 9/20-11/8 | Online | Fri AM |

Webinars via

zoom



| Webinars Sponsored by Olli DU West | Day AM/PM |
|---|--------------|
| "Flagship Space Astrophysics Observatories: Hubble, Webb and Beyond – Human Spaceflight and the Emergence of NewSpace Capabilities" – Michael Kaplan, Joe Tanner 9/27 | Fri AM |
| Rocky Mountain Biolab Application of Emerging Technology to Forecast, Manage and Adapt to a rapidly changing planet – Ian Billick 10/4 | Fri AM |
| Next Generation of Anti Obesity Drugs: Exercise Mimetics – Thomas Burris 10/11 | Fri AM |
| Exposing Medical Research Abuses: The Silent complicity and the Fight for Accountability – Carl Elliot 9/20 | Fri AM |
| Energy, Minerals & Net Zero: Climbing the Steep Hill of an Energy Transition – Vincent Matthew 10/25 | Fri AM |
| Advances in Diagnosing and Treating Chronic Pain – Daniel Clauw 11/1 | Fri AM |
| The Future of Human Reproduction: Genetic Selection, Genome Editing, In Vitro Gametogenesis, and Ectogenesis- Oh, My! – Henry T. Greely 11/8 | Fri AM |

Locations for In-Person classes:

IP -Central- First Universalist Church

IP -DU Campus- Ruffatto Hall

IP -DU Campus-Chambers Center

IP -South- Columbine United Church

IP -West- Jefferson Unitarian Church

IP -West- Broomfield Community Center



UNIVERSITY OF
DENVER



OLLI at DU

2211 S. Josephine St
Denver, CO 80208

Visit for full Fall term
catalog olli.du.edu

Enjoy shared intellectual and cultural pursuits in a relaxed, supportive environment. For more information, visit our new website at olli.du.edu or call our office between 9-2 PM , M-TH, 303-871-3181. Annual membership of \$65 allows you to register for courses.