



The Leader's Complete Coaching Skills Program

"The Leader as Coach program equips participants with the skills to engage in conversations with openness, authenticity, and a non-judgmental attitude, promoting a human-centered culture at ECU Health."

Christina Bowen, Chief Well-being Officer, ECU Health

THE COACHING SKILLS PROGRAM

Program overview

This dynamic program is designed for healthcare leaders who desire to learn to coach and are ready to expand leadership skills and engage people in more meaningful ways. Learning key coaching skills conveys tools to shift the approach to better engage others. A highly experiential and practical approach builds on a partnership mindset, shifting leadership from old ways of managing to new ways of challenging people to play a bigger game for impact.

Learn a coaching model that gets results!

Pyramid's Leader as Coach can be the start of a significant shift in an approach to leadership. Participants will benefit directly from the skills derived in the workshop that are immediately transferable to practical applications for their teams.

Conveying Ownership
of Outcomes

ACTION

Reflective Inquiry
Sharing Observations

EXPLORATION

Leader Presence
Listening

PARTNERSHIP



Logistics

Leader as Coach training will be delivered over the course of 7 weeks in 2 hour sessions to be scheduled through the Healthcare System.

Classes meet on Thursdays from 3 PM to 5 PM

Upcoming Dates:	April 01	April 29
	April 08	May 06
	April 15	May 13
	April 22	

The course is limited to 20 participants.

Leader as Coach



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Sample Agendas:

- Review core skills and expectations
- Discuss building a “culture of coaching”
- Practice presence
- Distinguish managing and coaching
- Introduction to the conventional model
- Coach demonstrations
- Review coach competency progression
- Practice sessions with observer feedback
- Uncover gaps - determine the commitment
- Listen comprehensively - skills and practice
- Learn to ask powerful questions
- Share what you sense and observe
- Plan for next right action
- Practice and observation
- Evaluate progress and codify a plan for using skills

Participant Outcomes:

- Determine various roles of the healthcare leader
- Distinguish the role of leader as coach
- Develop more effective partnerships
- Become present with others to fully hear them
- Build self-awareness and gain insights into others
- Practice an effective and proven conversational model
- Challenge others to take ownership of outcomes
- Unleash potential and inspire greatness
- Develop a plan for using a daily coach approach

Organization Benefits:

- Improve the healthcare leader’s ability to identify and lead change through coaching
- Cultivate a coach approach to problem solving
- Shift and lift engagement – one team member, one conversation at a time
- Encourage accountability & ownership
- Convey skills in cost effective, scalable program

To enroll, contact Nickie Dixon:
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ECU HEALTH

“The Leader as Coach program taught me how to tap into my innate curiosity, learn to listen more deeply, and allow my team to grow by realizing they have the knowledge and creativity to solve most of the problems they encounter.”

Dan Dwyer, MD, ECU Health



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“I am truly grateful for this experience. I think an added benefit was meeting other leaders throughout the institution and forming positive relationships with them. By nature of our practice sessions in coaching, the environment fostered vulnerability and trust. I was sad to see the sessions end.”

Medical School Participant