



Cuyahoga Hts Wrestling Club

Attention all Kids , grades Kindergarden – 6th

The Cuyahoga Hts. Wrestling club is open to all kids in grades K thru 6th grade. Your child will learn basic wrestling techniques and we will build on those skills as the basics are mastered. Our goal is for your child to develop wrestling skills along with a strong work ethic and positive self esteem.

We will have a **parents meeting** in the high school cafeteria on **October 27, 2021** at **6:30pm**. This will be an informational meeting to get a chance to review the upcoming season and to answer any questions parents may have.

Practices will be held at the Cuyahoga Hts. Auxilary Gym (Next to the pool) from 6pm and finish around 8pm. The season will officailly start on Tuesday November 2nd. All wrestlers will practice on Tuesday and Thursdays from 6pm until 8pm. Varsity only will practice on Wednesdays as well from 6pm until 8pm

Our program is very unique to other wrestling clubs as we do not charge for the program. Other programs charge anywhere from \$175-\$200. We are able to not charge because we have a fundraiser each year to take care of the costs. This year our Fundraiser we will be selling raffle tickets for a liquior baskets. We will provide more information at the Parents Meeting.

We are in the NEOYWL which is apart of the Ohio Youth Wrestling League. The league was organized for the sole purpose of introducing the sport of wrestling to grade school children. The OYWL has over 120 teams with close to 3000 wrestlers. Our league NEOYWL host meets on Sunday's with a AM and PM session. Our wrestlers will complete in matches based on there skill level. We have a Varsity and All- Star Team (1-2 year wrestlers). All of our meets are at the schools in our league and this year we will host one match and the Sectional Tournament.

If you have any questions about the Wrestling Program feel free to contact any of the Coaches

Ralph Conte, Drew Strahan, Mike Kirchner and Shawn Deka

Cuyahogahtsyouthwrestling@gmail.com

Looking forward to another great wrestling season!

Cuyahoga Hts Youth Wrestling Coaching Staff