

Online Event:
The VAFCC Virtual Summit is free and open to all member clinic staff and volunteers, RSVP for any number of individual sessions below that you would like to attend.

Monday, June 8: Workplace Well-Being Essentials Track

This track is facilitated by VITAL WorkLife, a leading provider of mental health and well-being services. Sessions will NOT be recorded.

- **9:00-10:00am - Intergenerational Teams Work with Sarah Prom, VITAL WorkLife**
  - There are multiple distinct generations working side-by-side in the workforce today. Effective organizations have a clear understanding of the differences in each group and a plan to ensure that they are maximizing the skills and talents of a generationally diverse employee population. Style differences, motivational strategies and effective communication among the generations will be explored in this session, with a focus on developing skills at the organizational and individual level to promote intergenerational communication and teamwork.
  - RSVP for this session
- **12:00-1:00pm - Emotional Intelligence Basics with Sarah Prom, VITAL WorkLife**
  - Emotional Intelligence (EI) is the ability to perceive, assess and manage emotions, both yours and others. Emotional Intelligence is increasingly becoming an essential component for today's workplace by helping you to respond effectively in difficult situations. Research has also proven that stronger EI translates to more general happiness, better mental and physical health, improved relationships and a decrease in levels of stress hormones. This session will give attendees a starting point to build EI awareness, both for themselves and within their organization.
  - RSVP for this session

- **3:00-4:00pm - Bullying in the Workplace with Casey Johnson, VITAL WorkLife**
    - Bullying is extremely damaging to individuals and workgroups and can also be among the most insidious and difficult issues to deal with effectively. Victims often suffer emotionally, economically and even physically. It is critical for organizations to address the issue to ensure a healthy culture and avoid legal risks. After this session, attendees will better understand bullying and bullies, and what can and should be done in their organizations.
    - RSVP for this session

Tuesday, June 9: Grant Writing Track

This track is facilitated by the GrantFlow, a grant strategy, writing, and software firm working with numerous nonprofits across the United States. GrantFlow knows that grants are infrastructure, not transactions. When they're treated that way, they cost less, work better, and compound over time. Sessions will be recorded.

- **9:00-10:00am - Grants as Infrastructure & The Funding Landscape with Matt Leighty, GrantFlow**
    - Most grant strategies fail before a single word is written, because they're built on a misunderstanding of how foundation funding actually flows. This session lays out the real landscape: who funds what, why the math of the 'available grant universe' matters more than most realize, and why the volume approach (write more, win more) is a trap. We'll work through the distinction between transactional grant chasing and grants as organizational infrastructure, and why that framing changes everything downstream.
    - RSVP for this session
- **12:00-1:00pm - Precision Prospecting & Funder Relationships with Matt Leighty, GrantFlow**
    - Prospect research is the highest-leverage activity most nonprofits struggle with. This session teaches a defensible method for building funder lists including how to read 990s, how to identify true peer organizations, and how to spot behavioral patterns in funder data to separate genuine fits from wishful thinking. We'll also explore strategies for conducting outreach before applying and managing relationships after a grant is awarded.
    - RSVP for this session
- **3:00-4:00pm - Writing to Get Funded: Narrative & Numbers with Matt Leighty, GrantFlow**
    - The final session bridges the gap between financial storytelling and narrative craft. We'll explore what program officers actually read versus what they skim, ensuring every part of the application reinforces a unified case for support and is a proposal that will hold up under pressure. We'll cover the most common red flags that lead to rejection and how to ensure your written narrative and financial data present a professional, winning proposal.
    - RSVP for this session

Wednesday, June 10: Equity-Centered Healthcare Track

This track is facilitated by the Resource & eMpowerment Technical Assistance Center for Behavioral Health (RMTAC), dedicated to growing and supporting the capacity of behavioral health professionals and organizations that serve newcomers, refugees, and resettled individuals across the United States. Sessions will be recorded.

- **9:00-10:00am - Trauma-Informed Care for Diverse Populations with Dr. Trenton Fredrick, RMTAC**
    - This session explores the role of cultural humility in delivering effective, person-centered healthcare across diverse populations. Participants will examine how culture, identity, and

lived experience shape health beliefs, communication, and engagement in care. The presentation introduces practical strategies for self-reflection, addressing implicit bias, and building respectful partnerships with individuals from varied backgrounds, including refugee, newcomer, and other historically underserved communities. Emphasis is placed on fostering trust, improving health outcomes, and creating more equitable care environments.
    - RSVP for this session
- **12:00-1:00pm - Cultural Humility in Healthcare with Dr. Mutsa Majero, RMTAC**
    - This session provides a practical overview of trauma-informed care and its application across diverse populations. Participants will learn how trauma can impact physical and mental health, help-seeking behaviors, and engagement with services. The session highlights key principles of trauma-informed practice - including safety, trustworthiness, collaboration, and empowerment - and offers concrete strategies for integrating these principles into everyday care. Special consideration is given to individuals with complex trauma histories, including these impacted by displacement, migration, and systemic stressors.
    - RSVP for this session
- **3:00-4:00pm - Delivering Culturally Supportive Crisis Care Across Diverse Populations with Dr. Mohammed Ali, RMTAC**
    - This session focuses on delivering effective and culturally responsive crisis care in high-stress situations. Participants will explore how cultural values, communication styles, and past experiences influence how individuals express distress and respond to crisis interventions. The presentation offers practical tools for de-escalation, culturally attuned safety planning, and appropriate referral, with attention to working within the scope of various provider roles. Scenarios will include individuals from diverse backgrounds, including immigrant and refugee communities, to support providers in delivering respectful, responsive, and effective care during critical moments.
    - RSVP for this session

Thursday, June 11: Diabetes Education Track

This track is facilitated by American Diabetes Association, working to help those affected by diabetes through research funding, community services, education and advocacy. Sessions will be recorded.

- **9:00-10:00am - Closing the Gap: Advancing Diabetes Technology Access in Underserved Populations with Dr. Dana Stallings, American Diabetes Association**
    - This session explores the barriers that prevent underserved populations from accessing life-changing diabetes technology. We'll provide actionable strategies for clinicians to advocate for their patients and bridge the technology gap in a community health setting.
    - RSVP for this session
- **12:00-1:00pm - Rethinking Diabetes Drug Therapy: Focus on Cardiovascular-Kidney-Metabolic Syndrome with Dr. Evan Sisson, American Heart Association**
    - This session dives into the interconnected nature of Cardiovascular-Kidney-Metabolic (CKM) syndrome. Participants will review the latest drug therapies and how these medications provide organ protection beyond A1c reduction for patients at high risk of heart or kidney failure.
    - RSVP for this session

- **3:00-4:00pm - Modern Insulin Therapy in Primary Care: Earlier Use, Safer Titration, Better Outcomes with Dr. David Lieb, American Heart Association**
    - This session demystifies insulin initiation in the primary care setting, focusing on overcoming clinical inertia and patient resistance. We'll review modern titration protocols that prioritize safety and simplicity, ensuring providers feel confident helping patients achieve better outcomes through earlier, more effective insulin use.
    - RSVP for this session

Friday, June 12: Emergency Preparedness Track

This track is facilitated by the Virginia Healthcare Emergency Management Program with VHHA, working to develop and coordinate emergency preparedness and response activities for the Virginia healthcare system. Sessions will be recorded.

- **9:00-10:00am - From Plan to Action: Emergency Response Basics with Scott Cormier, Virginia Hospital & Healthcare Association**
    - Many clinics have emergency plans in place, but staff may lack clarity on how to activate and implement them in real time. This session focuses on translating written plans into immediate, coordinated action. Participants will learn how to recognize when to activate their Emergency Operations Plan (EOP), establish clear staff roles, and make informed decisions in the early stages of an incident. Designed specifically for small and resource-constrained clinics, this training introduces simple, scalable approaches to emergency leadership and response.
    - RSVP for this session
- **12:00-1:00pm - Crisis Communication & Continuity of Care with Scott Cormier, Virginia Hospital & Healthcare Association**
    - Effective communication and continuity planning are essential to maintaining patient trust and access to care during disruptions. This session equips clinics with practical tools to communicate clearly with staff and patients when normal systems may be unavailable. Participants will also learn how to identify and prioritize essential services, ensuring continuity of care even during significant operational challenges. Emphasis is placed on low-tech, adaptable communication strategies and realistic continuity planning for clinics with limited capacity.
    - RSVP for this session
- **3:00-4:00pm - Emergency Preparedness in Practice with Scott Cormier, Virginia Hospital & Healthcare Association**
    - Preparedness depends not only on plans, but on having the right resources and relationships in place before an emergency occurs. This session focuses on strengthening operational readiness through practical supply planning, staffing considerations, and community coordination. Participants will explore how to determine appropriate levels of emergency supplies, plan for disruptions in staffing and supply chains, and build effective partnerships with local emergency management, public health agencies, and peer organizations. The session emphasizes low-cost, high-impact strategies that clinics can implement immediately.
    - RSVP for this session

Many thanks to our event sponsors:







