

Presented by The Sacramento Rainbow Chamber of Commerce

In partnership with

SCOTT'S
SEAFOOD
GRILL & BAR

On the River

Dashin' Down the Delta 5k Fun Run/Walk

August 16, 2026

Run it, walk it, vibe through it—Dashin' Down the Delta is a waterfront 5K for everyone. Join us for movement, community, and a post-run celebration.



The Delta Dashers Kids Run is a fun and energetic race designed just for our youngest participants. Perfect for kids under 10 years of age, this short-distance run is all about building confidence, staying active, and having a great time.

Registration is OPEN!

Learn all
about it on our
website

