



## THE PRESCRIPTION FOR COMMUNITY HEALTH

6400 Arlington Blvd, Suite 120, Falls Church, VA 22042

P: 703-532-0269

F: 703-532-0372

[www.novascriptscentral.org](http://www.novascriptscentral.org)

### CLINICAL DRUG SUMMARY FOR ARIPIPRAZOLE (Abilify; Abilify Discmelt [DSC]; Abilify Maintena; Abilify MyCite) 2019

FDA Indications	Abilify Dosages	Equivalent drugs and equivalent dosages per indication
Acute Agitation (Schizophrenia/bipolar mania)	<ul style="list-style-type: none"> <li><b>Adult dosing:</b>  <b>Oral:</b> Immediate release: 9.75 mg as a single dose (range: 5.25 to 15 mg; a lower dose of 5.25 mg IM may be considered when clinical factors warrant).</li> </ul>	<b>Ziprasidone (Geodon)</b> <ul style="list-style-type: none"> <li><b>Adult dosing:</b>  <b>IM-only:</b> 10 mg every 2 hours or 20 mg every 4 hours</li> </ul>
Bipolar 1 Disorder	<ul style="list-style-type: none"> <li><b>Adult dosing:</b>  <b>As monotherapy or as adjunctive therapy to lithium or valproate for acute treatment of manic or mixed episodes and maintenance associated with bipolar 1 disorder:</b></li> </ul>	<b>Asenapine (Saphris)</b> <p><a href="http://www.saphrishcp.com/">http://www.saphrishcp.com/</a></p> <ul style="list-style-type: none"> <li><b>Adult dosing:</b>  <b>Sublingual:</b> <i>Monotherapy:</i> Initial: 5 to 10 mg twice daily; maximum dose: 10 mg twice daily.  <i>Combination therapy (with lithium or valproate):</i> Initial: 5 mg twice daily; maximum dose: 10 mg twice daily.  <i>Maintenance: Monotherapy:</i> Continue with acute episode dose; decrease to 5 mg twice daily based on response and tolerability; max dose: 10 mg BID</li> </ul>





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<b>Bipolar 1 Disorder (con't)</b>	<p><b><u>Oral:</u></b></p> <p><b>Immediate release,</b>  <b>Monotherapy:</b> 15 mg once daily. May increase to 30 mg once daily if clinically indicated (maximum 30 mg/day); safety of doses &gt;30 mg/day has not been evaluated</p> <p><b>Adjunct to lithium or valproic acid:</b> Initial: 10 to 15 mg once daily. Recommended target dose: 15 mg once daily; may increase to 30 mg once daily if clinically indicated (maximum 30 mg/day); safety of doses &gt;30 mg/day has not been evaluated.</p> <p><b><u>IM:</u></b></p> <p><b>Extended release,</b>  <b>Maintenance:</b> 400 mg once monthly (doses should be separated by ≥26 days).</p>	<p><b>Carbamazepine (Tegretol)</b></p> <p><a href="https://www.pharma.us.novartis.com/our-products/patient-assistance/patient-assistance-foundation-enrollment#ui-id-1=50">https://www.pharma.us.novartis.com/our-products/patient-assistance/patient-assistance-foundation-enrollment#ui-id-1=50</a></p> <ul style="list-style-type: none"> <li><b><u>Adult dosing:</u></b></li> </ul> <p><b>Oral:</b> Initial: 400 mg/day in 2 divided doses; may adjust by 200 mg/day increments; maximum dose: 1,600 mg/day.</p> <p><b>Cariprazine (Vraylar)</b></p> <p><a href="https://www.vraylar.com/">https://www.vraylar.com/</a></p> <ul style="list-style-type: none"> <li><b><u>Adult dosing:</u></b></li> </ul> <p><b>Oral:</b> Initial: 1.5 mg once daily; adjust dose based on response and tolerability to 3 mg on day 2 and make further adjustments in increments of 1.5 or 3 mg. Recommended dosing range: <b>3 mg to 6 mg once daily</b>. Maximum dose: 6 mg/day</p>
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<b>Bipolar 1 Disorder (con't)</b>	<p><i>Missed Dose(s):</i></p> <p><u>Second or third doses missed:</u></p> <ul style="list-style-type: none"> <li>• &gt;4 weeks but &lt;5 weeks since last dose: Administer next dose as soon as possible</li> <li>• &gt;5 weeks since last dose: Administer oral aripiprazole for 14 days with next injection</li> </ul> <p><u>Fourth or subsequent doses missed:</u></p> <ul style="list-style-type: none"> <li>• &gt;4 weeks but &lt;6 weeks since last dose: Administer next dose as soon as possible</li> <li>• &gt;6 weeks since last dose: Administer oral aripiprazole for 14 days with next injection</li> </ul>	<p><b>Chlorpromazine</b></p> <ul style="list-style-type: none"> <li>• <b><u>Adult dosing:</u></b></li> </ul> <p><b>Oral:</b> Range: 30 to 800 mg daily in 2 to 4 divided doses, initiate at lower doses and titrate as needed; usual dose: 200 to 800 mg daily; some patients may require 1 to 2 g daily, however, therapeutic gain is limited at doses &gt;1 g daily</p> <p><b>IM:</b> Initial: 25 mg, may give additional 25 to 50 mg in 1 hour if needed. May gradually increase subsequent IM doses over several days; usual dosage 200 mg/da</p> <p><b>Lamotrigine (Lamictal)</b></p> <ul style="list-style-type: none"> <li>• <b><u>Adult dosing. Immediate release:</u></b></li> </ul> <p><b>Oral:</b> Regimens <b>not containing</b> carbamazepine, phenytoin, phenobarbital, primidone, rifampin, lopinavir/ritonavir, or valproic acid: Initial: Weeks 1 and 2: 25 mg once daily; Weeks 3 and 4: 50 mg once daily; Week 5: 100 mg once daily; Week 6 and maintenance: 200 mg once daily</p> <p>Regimens <b>containing</b> valproic acid: Initial: Weeks 1 and 2: 25 mg every other day; Weeks 3 and 4: 25 mg once daily; Week 5: 50 mg once daily; Week 6 and maintenance: 100 mg once daily</p>
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<b>Bipolar 1 Disorder (con't)</b>	<p><b>Lithium (Lithobid)</b></p> <ul style="list-style-type: none"><li>• <b><u>Adult dosing:</u></b> Oral: Initial: 600 to 900 mg/day in 2 to 3 divided doses; may increase gradually (eg, 300 to 600 mg every 1 to 5 days) based on response and tolerability; usual dosage: 900 to 1,800 mg/day in 1 to 3 divided doses</li></ul> <p><b>Loxapine (Adasuve)</b></p> <ul style="list-style-type: none"><li>• <b><u>Adult dosing:</u></b></li></ul> <p><b>Inhalation:</b> 10 mg once daily; maximum dose: 10 mg per 24-hour period</p> <p><b>Seroquel (Quetiapine)</b></p> <ul style="list-style-type: none"><li>• <b><u>Adult dosing:</u></b></li></ul> <p>Immediate release: Oral: Initial: 100 to 200 mg once daily at bedtime or in 2 divided doses on day 1, then increase by 100 mg/day (divided twice daily or as single dose at bedtime) until 400 mg/day is reached by day 4-3 mg once daily.</p> <p>Extended release: Initial: 300 mg once daily on day 1; increase to 600 mg once daily on day 2, then adjust dose based on response and tolerability. Maximum dose: 800 mg once daily</p>
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<b>Bipolar 1 Disorder (con't)</b>		<p><b>Risperdal (Risperidone)</b></p> <ul style="list-style-type: none"><li>• <b>Adult dosing:</b> Bipolar 1 Disorder: <i>Oral 2-3 mg once daily</i>, if needed, adjust dose by 1 mg daily in intervals &gt;24 hours.</li></ul> <p>Maintenance: No dosing recommendation available for treatment &gt;3 weeks duration</p> <p><b>Valproic Acid (Divalproex Sodium)</b></p> <ul style="list-style-type: none"><li>• <b>Adult dosing:</b> Initial: 500 to 750 mg/day; increase by 250 to 500 mg every 1 to 3 days to reach desired clinical effect and therapeutic serum concentration. Maximum recommended dosage: 60 mg/kg/day.</li></ul> <p><b>Ziprasidone (Geodon)</b></p> <ul style="list-style-type: none"><li>• <b>Adult dosing:</b> Oral: Initial: <b>40 mg twice daily</b>; may increase to 60 or 80 mg twice daily on second day of treatment; subsequently adjust dose based on response and tolerability. Usual dosage: 40 to 80 mg twice daily.</li></ul>
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<b>Bipolar 1 Disorder (con't)</b>		<b>Zyprexa (Olanzapine)</b> <ul style="list-style-type: none"> <li>• <b><u>Adult dosing:</u></b> Oral  <i>Monotherapy:</i> Initial: 10 to 15 mg once daily; increase by 5 mg daily at intervals of not less than 24 hours.   Maintenance: 5 to 20 mg daily,</li> </ul>
<b>Depression</b>	<ul style="list-style-type: none"> <li>• <b><u>Adult Dosing</u></b>   <b><u>Adjunctive with antidepressants</u></b>   <u>Oral:</u>  Initial: 5-10 mg (adjunct)</li> </ul>	<b>Amitriptyline (Elavil)</b> <ul style="list-style-type: none"> <li>• <b>Adult Dosing:</b> Oral: Initial: 25 to 50 mg/day as a single dose at bedtime or in divided doses; increase dose based on response and tolerability in 25 to 50 mg increments at intervals of <math>\geq 1</math> week up to a usual dose of 100 to 300 mg/day</li> </ul> <b>Amoxapine</b> <ul style="list-style-type: none"> <li>• <b>Adult Dosing:</b> Oral: Initial: 50 mg once to 3 times daily. Doses may be increased to 100 mg 2 to 3 times daily by the end of the first week based on response and tolerability; if 300 mg daily has been reached and maintained for at least 2 weeks and no response is observed, may further increase to 400 mg daily.</li> </ul>



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### Depression (con't)

### Brexiprazole (Rexulti)

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<https://www.rexulti.com/us/mdd>

- **Adult Dosing:** Oral: Initial: **0.5 mg or 1 mg once** daily; titrate at weekly intervals based on response and tolerability to 1 mg once daily (if initial dose is 0.5 mg), followed **by 2 mg once daily**; maximum daily dose: 3 mg

### Bupropion (Wellbutrin)

- **Adult Dosing:**

*IR:* Oral: Initial: 100 mg twice daily; after 3 days may increase to the usual dose of 100 mg 3 times a day; if no clinical improvement after several weeks, may increase to a maximum dose of 450 mg/day in 3 or 4 divided doses; do not exceed 150 mg in a single dose.

*12-hour ER:* Oral: Initial: 150 mg daily in the morning; if tolerated, after 3 days, may increase to a target dose of 150 mg twice daily; if no clinical improvement after several weeks, may increase to a maximum dose of 200 mg twice daily; do not exceed 200 mg in a single dose.

*24-hour ER:* Oral: Hydrochloride salt: Initial: 150 mg once daily in the morning; if tolerated, may increase as early as day 4 of dosing



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<p><b>Depression (con't)</b></p>		<p>to 300 mg once daily; if no clinical improvement after 2 weeks, may increase to 450 mg once daily.</p> <p><b>Citalopram (Celexa)</b></p> <ul style="list-style-type: none"> <li>• <b>Adult Dosing:</b> Oral: Initial: <b>20 mg once daily</b>. In adults <math>\leq 60</math> years, may gradually increase dose based on response and tolerability at intervals <math>\geq 1</math> week to a maximum dose of 40 mg/day; for adults <math>&gt; 60</math> years, do not exceed the maximum dose of 20 mg/day</li> </ul> <p><b>Desipramine (Norpramin)</b></p> <ul style="list-style-type: none"> <li>• <b>Adult Dosing:</b> Oral: Initial dose: 25 to 50 mg once daily or in divided doses; increase based on tolerance and response; usual maintenance dose: 100 to 200 mg once daily or in divided doses; doses up to 300 mg daily may be necessary in severely depressed patients (maximum: 300 mg/day)</li> </ul> <p><b>Quetiapine (Seroquel)</b></p> <ul style="list-style-type: none"> <li>• <b>Adult dosing:</b> Oral: Initial: <b>50 mg once daily on days 1 and 2; increase to 150 mg once daily on day 3.</b></li> </ul> <p><b>Olanzapine (Zyprexa)</b></p> <ul style="list-style-type: none"> <li>• <b>Adult dosing:</b> Oral: Initial: 5 mg in the evening; adjust as tolerated to usual range of 5 to 12.5 mg daily</li> </ul>
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<p><b>Schizophrenia</b></p>	<ul style="list-style-type: none"> <li>• <b><u>Adult Dosing</u></b></li> </ul> <p><b><u>Oral:</u></b>  <b>Initial:</b> 10 or 15 mg once daily; may be increased to a maximum of 30 mg once daily (efficacy at dosages above 10 to 15 mg has not been shown to be increased). Dosage titration should not be more frequent than every 2 weeks.</p> <p><b><u>IM:</u></b>  <b>Extended Release:</b> 400 mg once monthly (doses should be separated by <math>\geq 26</math> days); Note: Tolerability should be established using oral aripiprazole prior to initiation of parenteral therapy; due to the half-life of oral aripiprazole it may take up to 2 weeks to fully assess tolerability. Continue oral aripiprazole (or other oral antipsychotic) for 14 days during initiation of parenteral therapy.</p>	<p><b>Asenapine (Saphris)</b></p> <p><a href="http://www.saphrishcp.com/">http://www.saphrishcp.com/</a></p> <ul style="list-style-type: none"> <li>• <b>Adult Dosing:</b> Sublingual: Initial: 5 mg twice daily; may increase to 10 mg twice daily after 1 week based on tolerability; maximum dose: 10 mg twice daily.</li> </ul> <p><b>Brexpiprazole (Rexulti)</b></p> <p><a href="https://www.rexulti.com/us/mdd">https://www.rexulti.com/us/mdd</a></p> <ul style="list-style-type: none"> <li>• <b>Adult Dosing:</b> Oral: Initial: <b>1 mg once daily</b> for 4 days, titrate based on response and tolerability to 2 mg once daily for 3 days, followed by 4 mg on day 8; maximum daily dose: 4 mg</li> </ul> <p><b>Cariprazine (Vraylar)</b></p> <p><a href="https://www.vraylar.com/">https://www.vraylar.com/</a></p> <ul style="list-style-type: none"> <li>• <b>Adult Dosing:</b> Oral: Initial: <b>1.5 mg once daily</b>; adjust dose based on response and tolerability to 3 mg on day 2 and make further adjustments in increments of 1.5 or 3 mg. Recommended dosing range: 1.5 mg to 6 mg once daily. Maximum dose: 6 mg/day</li> </ul>
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<p><b>Schizophrenia (con't)</b></p>	<p><i>Missed doses:</i></p> <p><u>Second or third doses missed:</u></p> <ul style="list-style-type: none"> <li>• &gt;4 weeks but &lt;5 weeks since last dose: Administer next dose as soon as possible</li> <li>• &gt;5 weeks since last dose: Administer oral aripiprazole for 14 days with next injection</li> </ul> <p><u>Fourth or subsequent doses missed:</u></p> <ul style="list-style-type: none"> <li>• &gt;4 weeks but &lt;6 weeks since last dose: Administer next dose as soon as possible</li> </ul> <p>&gt;6 weeks since last dose: Administer oral aripiprazole for 14 days with next injection</p>	<p><b>Haloperidol (Haldol)</b></p> <ul style="list-style-type: none"> <li>• <b>Adult Dosing:</b> IM (as lactate): <b>2 to 5 mg</b>; subsequent doses may be administered as often as every 60 minutes, although 4- to 8-hour intervals may be satisfactory.</li> </ul> <p><b>Invega (Paliperidone)</b></p> <p><a href="https://www.invega.com/">https://www.invega.com/</a></p> <ul style="list-style-type: none"> <li>• <b>Adult Dosing:</b> Oral: Usual: <b>6 mg once daily</b> (administered in the morning in clinical trials); titration not required, though some may benefit from lower or higher doses (<b>range: 3 to 12 mg daily</b>). If exceeding 6 mg daily, increases of 3 mg daily are recommended no more frequently than every 5 days, up to a maximum of 12 mg daily.</li> </ul> <p><b>Lurasidone (Latuda)</b></p> <p><a href="https://www.latuda.com/">https://www.latuda.com/</a></p> <ul style="list-style-type: none"> <li>• <b>Adult Dosing:</b> Oral: <b>Initial: 40 mg once daily</b>; may increase dose further based on response and tolerability; maximum recommended dose: 160 mg/day</li> </ul>
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### Schizophrenia (con't)

### Quetiapine (Seroquel)

- **Adult Dosing:**

*Immediate release:* Oral: **Initial: 25 mg twice daily**; increase in increments of 25 to 50 mg/day in 2 or 3 divided doses on days 2 and 3 and increase further to a target dose of 300 to 400 mg/day by day 4. May further adjust dose based on response and tolerability in increments of 50 to 100 mg/day every  $\geq 2$  days. Acute therapy usual dosage range: 150 to 750 mg/day. Maintenance therapy usual dosage range: 400 to 800 mg/day; maximum dose: 800 mg/day.

*Extended release:* Oral: **Initial: 300 mg once daily**; may increase dose based on response and tolerability in increments of up to 300 mg/day every  $\geq 1$  day. Usual dosage range: 400 to 800 mg once daily; maximum dose: 800 mg/day.



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<p><b>Schizophrenia (con't)</b></p>		<p><b>Risperidone (Risperdal)</b></p> <ul style="list-style-type: none"> <li> <b>Adult Dosing</b> <p><i>Oral:</i> Initial: 2 mg daily in 1 to 2 divided doses; may be increased by 1 to 2 mg daily at intervals <math>\geq 24</math> hours to a recommended dosage <b>range of 4 to 8 mg daily</b>. Daily dosages <math>&gt;6</math> mg do not appear to confer any additional benefit, and the incidence of extrapyramidal symptoms is higher than with lower doses. Dose range studied in clinical trials: 4 to 16 mg daily. Maintenance: Recommended dosage range: 2 to 8 mg daily</p> <p><i>IM:</i> Initial: <b>25 mg every 2 weeks</b>; if unresponsive, some may benefit from larger doses (37.5 to 50 mg); maximum dose: 50 mg every 2 weeks. No additional benefit was observed with doses <math>&gt;50</math> mg; however, a higher incidence of adverse reactions was observed. Dosage adjustments should not be made more frequently than every 4 weeks. A lower initial dose of 12.5 mg may be appropriate in some patients (eg, demonstrated poor tolerability to other psychotropic medications).</p> <p><i>SubQ:</i> Usual dose: <b>90 or 120 mg once monthly</b>. Do not administer more than one 90 or 120 mg injection per month. <b>Note:</b> Establishment of tolerability to oral risperidone is recommended prior to initiation of the SubQ injection. Neither a loading dose nor oral overlap with risperidone is needed.</p> </li> </ul>
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<b>Schizophrenia (con't)</b>		<b>Ziprasidone (Geodon)</b> <ul style="list-style-type: none"> <li>• <b>Adult Dosing:</b>  Oral: Initial: <b>20 mg twice daily</b>. Increase dose based on response and tolerability no more frequently than every 2 days; ordinarily, patients should be observed for improvement over several weeks before adjusting the dose. Usual dosage: 40 to 80 mg twice daily. <b>Note:</b> Dosages up to 320 mg per day appear safe; however, there is no data suggesting improved efficacy at higher doses</li> </ul>
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### Antidepressant Black Box Warning

Antidepressants increased the risk compared to placebo of suicidal thinking and behavior (suicidality) in children, adolescents, and young adults in short-term studies of Major Depressive Disorder (MDD) and other psychiatric disorders. anyone considering the use of ~~xxxxx~~ or any other antidepressant in a child, adolescent, or young adult must balance this risk with the clinical need...

### General Atypical Antipsychotics Black Box Warning

Atypical antipsychotics increased the risk of mortality in elderly patients with dementia-related psychoses. They also increased suicidal thoughts and behaviors for those who initially begins one of these drugs.



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- Guideline / Resources :
  - Lexicomp Online
  - Pharmacist Letter (subscription required)
    - <https://pharmacist.therapeuticresearch.com/Content/Segments/PRL/2015/Jul/Comparison-of-Atypical-Antipsychotics-8608>
  - Celexa Drug Monograph:
    - [https://www.accessdata.fda.gov/drugsatfda\\_docs/label/2012/020822s042,021046s019lbl.pdf](https://www.accessdata.fda.gov/drugsatfda_docs/label/2012/020822s042,021046s019lbl.pdf)
  - Elavil Drug Monograph:
    - [http://www.mentalmeds.org/prescription\\_meds/Elavil.pdf](http://www.mentalmeds.org/prescription_meds/Elavil.pdf)
  - Geodon Package Insert:
    - <http://labeling.pfizer.com/showlabeling.aspx?id=584>
  - Risperidal Package Insert:
    - <http://www.janssenlabels.com/package-insert/product-monograph/prescribing-information/RISPERDAL-pi.pdf>
  - Seroquel Package Insert:
    - [https://www.accessdata.fda.gov/drugsatfda\\_docs/label/2016/020639s064lbl.pdf](https://www.accessdata.fda.gov/drugsatfda_docs/label/2016/020639s064lbl.pdf)