



# Ohio Family Career and Community Leaders of America

## COVID-19 Safety Guidelines

COVID-19 is an extremely contagious disease that can lead to severe illness and death, especially for those with underlying medical conditions. Ohio FCCLA Association's top priority is the health and safety of those attending in-person events. Throughout our planning, we will continue to monitor and follow all national, state, and local safety requirements and guidelines when hosting events this year.

For each event, Ohio FCCLA Association will work closely with the local health department and the host site to plan for a healthy and safe experience. The following information provides you with the current pandemic-related recommendations and requirements from the Center for Disease Control (CDC) and Ohio Health Department. This plan is a living document that will continue to evolve as the venues and local protocols change.

### **Masks:**

- All attendees are required to observe the rules established by the host site/venue and local authorities at the time of the event.
- Masks are strongly recommended at all Ohio FCCLA events. Attendees should wear a properly fitted face mask (covers both mouth and nose) throughout the duration of the event.

### **Hand Sanitizer:**

- Hand sanitizer stations will be positioned in key locations during the event.
- Carrying personal-sized hand sanitizers also is recommended.

### **Before You Arrive:**

- If you are experiencing any of the following symptoms or have been in contact with anyone with a confirmed COVID positive test within 6 days prior to the event, please stay home:
  - Fever (temperature over 100.4 F)
  - Loss of taste or smell
  - Dry cough
  - Congestion or runny nose
  - Sore throat
  - Shortness of breath or difficulty in breathing
  - Nausea or vomiting or diarrhea
- Be sure that student and parent/guardian have signed the 2021 Ohio FCCLA Liability and Consent Form before the student arrives at the event.

### **Stay back if you're sick:**

If you develop symptoms of COVID-19 less than 10 days before or any time while attending an event, do not come.

### **Vaccination:**

The Centers for Disease Control and Prevention (CDC) and Ohio Department of Health say the best way to prevent the spread of COVID-19 is to get the vaccine, which is free and widely available for all persons 12 years of age and older.

### **Assumption of Risk:**

By attending Ohio FCCLA events, you voluntarily assume the risks of exposure to COVID-19.

To promote personal growth and leadership development through Family and Consumer Sciences education. Focusing on the multiple roles of family member, wage earner and community leader, members develop skills for life through character development, creative and critical thinking, interpersonal communication, practical knowledge, and career preparation.