

SUMMER SENIOR CONNECT



MAYOR MIKE SPANO



JULY & AUGUST AT YONKERS PARKS 9 AM & 10 AM SLOTS AVAILABLE

COYNE PARK AT MCLEAN AVENUE

TUESDAYS:

Rise and Shine Exercise
Senior Chat and Fun

WEDNESDAYS:

Creative Arts

THURSDAYS:

Rise and Shine Exercise

FRIDAYS:

Rise and Shine Exercise

REDMOND FIELD AT COOK AVENUE

TUESDAYS:

Art in the Park

THURSDAYS:

Art in the Park
Rise and Shine Exercise

UNTERMYER PARK AT NO. BROADWAY

TUESDAYS:

Rise and Shine Exercise
Chat and Fun

WEDNESDAYS:

Rise and Shine Exercise

THURSDAYS:

Rise and Shine Exercise
Senior Chat and Fun

FRIDAYS:

Creative Arts

Activities are by Reservation Only!

Call 914.377.6143

for Reservations and Details.

Free and Open to Yonkers Residents 60 and over.

*Summer Senior Connect will include Exercise, Tai Chi,
Painting, Crafts, Socialization and more.*

Classes are subject to change. Call in the event of inclement weather.

BEGINS JULY 7TH!

Attendees must practice social distancing and wear masks.

Please follow the Centers for Disease Control and Prevention (CDC)/State Department of Health (DOH) guidelines for preventing the spread of COVID -19. Stay home if you are sick, exhibiting or feeling any COVID-19 symptoms such as fever, coughing and/or trouble breathing.