

**Home of Guiding Hands Invites You To Join
Us In Creating a Plan for a Better Tomorrow!**

The Life Planning Project

A Family Workshop Series*

A series of six workshops for parents and relatives of people with developmental disabilities or other challenges. Create your own detailed plan for your family members' future.

***The TWO HOUR sessions will be held on:
Wednesday evenings
6pm – 8pm***

Oct 4	Why Plan – Getting Started
Oct 18	Building Relationships & Skills
Nov 1	Work, Retirement & Leisure
Nov 15	Housing Options
Nov 29	Legal Issues
Dec 13	Setting Goals

**Meeting Space Generously Provided by
North Coastal Consortium for Special Education**

255 Pico Ave
San Marcos, Ca 92069

*Vendored program funded by San Diego Regional Center

Reservations are necessary as space is limited

Call Wendy at: (619) 938-2876 to **RSVP** or

email: wendy@guidinghands.org

www.guidinghands.org