

**Home of Guiding Hands Invites You To Join  
Us In Creating a Plan for a Better Tomorrow!**

## **The Life Planning Project** **A Family Workshop Series\***

*A series of six workshops for parents and relatives of people  
with developmental disabilities or other challenges. Create your own  
detailed plan for your family members' future.*

**The TWO HOUR sessions will be held on:**

**Wednesday evenings**

**6pm – 8pm**

Oct 4	Why Plan – Getting Started
Oct 18	Building Relationships & Skills
Nov 1	Work, Retirement & Leisure
Nov 15	Housing Options
Nov 29	Legal Issues
Dec 13	Setting Goals

**Meeting Space Generously Provided by  
North Coastal Consortium for Special Education**  
255 Pico Ave  
San Marcos, Ca 92069

\*Vendored program funded by San Diego Regional Center  
Reservations are necessary as space is limited  
Call Wendy at: (619) 938-2876 to **RSVP** or  
email: [wendy@guidinghands.org](mailto:wendy@guidinghands.org)  
[www.guidinghands.org](http://www.guidinghands.org)