



BFA GIRLS SUMMER VOLLEYBALL CAMP!

All incoming 2017 5th-8th grade girls are welcome! Join us in the BFA Gym to learn and develop your skills on the court. There are two sessions to choose from for the week long camp as well as optional evening clinics. Week long camp registration is not required for evening clinic registration. Pick and choose as you like! Registration can be found on the BFA Website Quicklinks under Payments/Middle School Sports.

WEEK LONG CAMP JULY 10 - 14

MORNING SESSION: 9 - 11:30 a.m., \$125

This session is for ALL incoming 5th, and incoming 6th-8th grade BEGINNER volleyball players. Beginner players have a fundamental understanding of the game, but do not possess consistent skills of passing, setting, hitting and serving. This session will teach the fundamentals of the game and provide a refresher for those who want it. We will end the week with a Friday tournament.

AFTERNOON SESSION: 1 - 3:30 p.m., \$125

This session is for incoming 6th-8th grade EXPERIENCED players who have played a volleyball season either with BFA or outside of BFA. To qualify for this session, you need to know the rules of the game, and possess basic consistent skills of passing, setting, hitting and serving. This session will review the fundamentals of the game, but will mainly focus on increased individual skill level and level of team play, as well as playing specific positions. We will end the week with a Friday tournament

EVENING CLINICS JULY 10 - 14

- MONDAY, JULY 10:** PASSING/DIGGING, 6 - 8 p.m., \$25
TUESDAY, JULY 11: SETTING, 6 - 8 p.m., \$25
WEDNESDAY, JULY 12: OVERHAND SERVING/HITTING, 6 - 8 p.m., \$25
THURSDAY, JULY 13: OPEN GYM, 6 - 8 p.m., FREE

QUESTIONS? E-mail coach Kristen Haufschild at bfavolleyballcoach@gmail.com