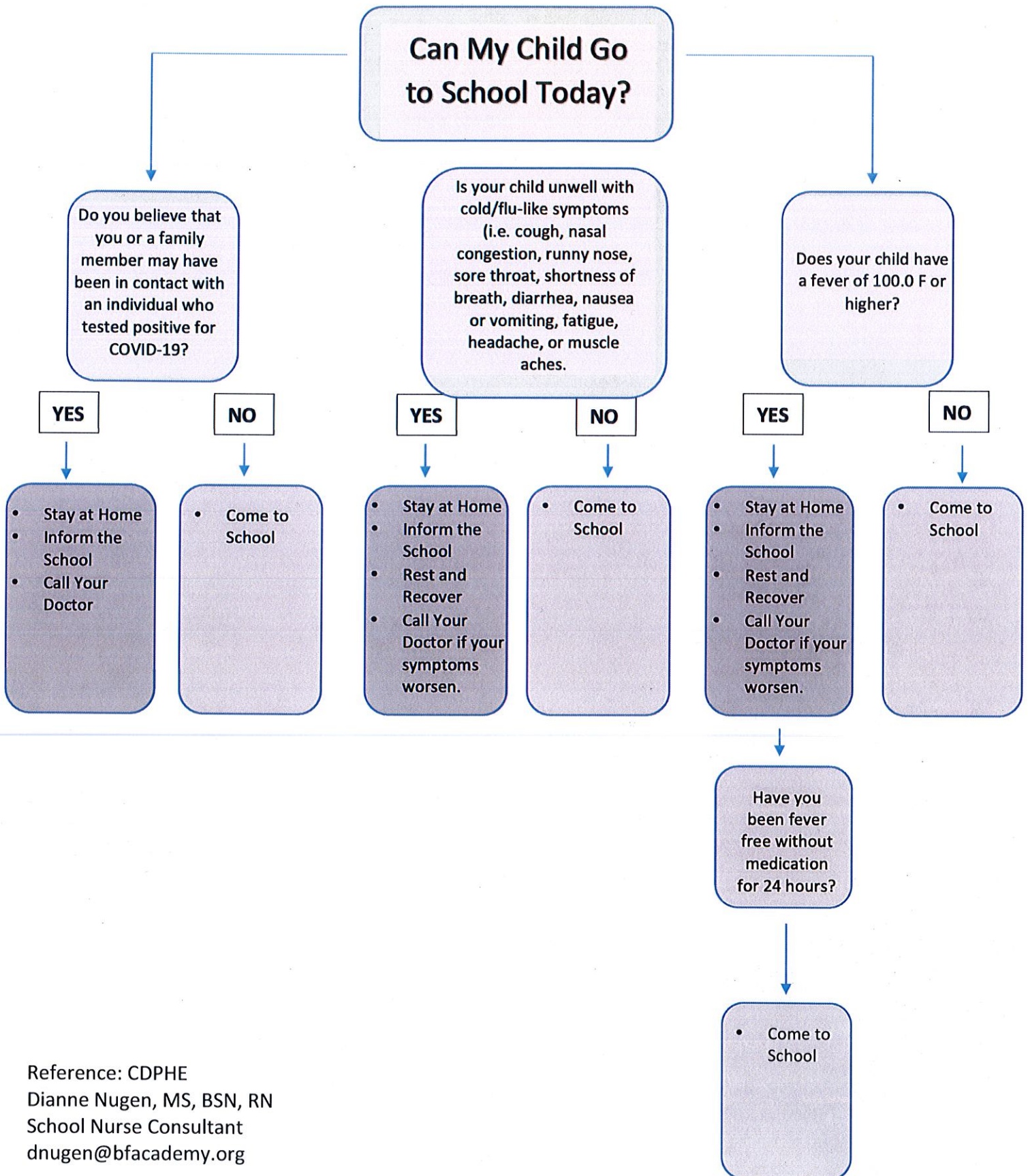


# Illness Decision Chart

Ben Fran Academy | August 2020



Reference: CDPHE  
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## If my child has COVID-19 Symptoms:

**Symptoms:** While symptoms of COVID-19 range widely from mild to severe, our pediatric experts have grouped the known symptoms into “high-risk” and “low-risk” categories. Symptoms in the “high-risk” category indicate a higher likelihood of COVID-19 infection. Symptoms in the “low-risk” category are still indicative of possible illness and should be assessed; however their presence alone may be less likely to be caused by COVID-19 infection.

<b>High-risk</b>	<b>Fever, chills, cough, shortness of breath or difficulty breathing, or loss of taste or smell.</b>
<b>Low-risk</b>	Sore throat, runny nose, muscle aches, headache, fatigue, abdominal pain, vomiting, or diarrhea.

### Isolation vs. Quarantine

- **Isolation** = Sick: Isolation involves the separation of infected and sick individuals from healthy individuals. Anyone who has COVID-19 needs to self-isolate (stay at home) until:
  - At least 10 days since symptoms first appeared (or from positive test date if asymptomatic) AND
  - At least 24 hours with no fever without fever-reducing medication AND
  - Symptoms have improved

Anyone experiencing COVID-19 symptoms and has not been tested, will need to isolate themselves.

- For those who have low risk symptoms, they may return to school after both consulting with a physician about whether a test is needed and being cleared by the physician.
- Those with high-risk symptoms and/or a positive COVID-19 test must remain in isolation for 10 days and may not return to school until going at least 24 hours with no fever without fever-reducing medication and symptoms have improved. This means a person who has been in isolation for the full 10 days but still experiencing symptoms and / or fever remains in isolation until they are totally free of a fever for at least 24 hours and symptoms have improved.
- **Quarantine** = Question: Quarantine involves the separation of well individuals who have been exposed to someone who is either infected with COVID-19 or a probable case. Anyone who has been exposed needs to self-quarantine (stay at home) for 14 days from his or her last contact with the infected person.

Reference: Children’s Hospital Managing COVID-19 Symptoms and Exposure in Schools  
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