

SUMMER CO-ED VOLLEYBALL CAMP & CLINICS

All incoming 2018 5th-8th grade BOYS & GIRLS are welcome! For BFA students only.

There are two options for the day camp, but please note all incoming 5th graders must register for the morning session. Evening clinics are open to all players. Day camp registration is not required for evening clinic registration.

Register via the BFA Homepage, click on Payments, click on Middle School Sports.

DAY CAMP JULY 9TH-13TH

MORNING SESSION: 9:00AM-12:00PM, \$125

This session is for ALL incoming 5th, and incoming 6th-8th grade BEGINNER volleyball players. Beginner players have a introductory understanding of the game, but do not possess consistent skills of passing, setting, hitting and serving. This session will teach the fundamentals of the game and provide a refresher for those who want it. We will end the week with a Friday tournament.

AFTERNOON SESSION: 1:00PM-4:00PM, \$125

This session is for incoming 6th-8th grade EXPERIENCED players who have played a volleyball season either with BFA or outside of BFA. To qualify for this session, you need to know the rules of the game, and possess basic consistent skills of passing, setting, hitting and serving. This session will review the fundamentals of the game, but will mainly focus on increased individual skill level and level of team play, as well as playing specific positions and a 6-2 offense. We will end the week with a Friday tournament.

EVENING CLINICS JULY 9TH-11TH

MONDAY JULY 9TH: PASSING/DIGGING, 6:00-8:00PM, \$25

TUESDAY JULY 10th: SETTING/BLOCKING, 6:00-8:00PM, \$25

WEDNESDAY JULY 11th: OVERHAND SERVING/HITTING, 6:00-8:00PM, \$25

QUESTIONS? E-mail coach Kristen Haufschild at bfavolleyballcoach@gmail.com