



Check Out the Updated [Athletics Page](#) on Our School Website!

We encourage all families to visit the page and explore the latest updates. It's a great resource for staying connected with St. Rose Athletics and getting involved in our vibrant sports community.

Click [here](#) to visit the Athletics Page and learn more! Thank you for your continued support, and we look forward to a fantastic year of sports at St. Rose!

We have some exciting updates to share with you from our Athletics department! Here's what's happening:

St. Rose Boys Basketball Update: Strong Wins at St. Joseph's!

We are excited to share the results from the two recent games played by our Boys Varsity and JV teams at St. Joseph's!

Varsity Boys: St. Rose 59, St. Joseph's 16

Our Varsity Boys put on a dominant performance, cruising to a decisive 59-16 victory. The team displayed strong defense and efficient offense throughout the game, limiting St. Joseph's to just 16 points. Great teamwork and hustle were on display, and every player contributed to the win. A special shoutout to our defense for holding the opposition to such a low score, and to the entire team for their relentless effort on both ends of the floor!

JV Boys: St. Rose 40, St. Joseph's 33

Our JV Boys also came out on top with a hard-fought 40-33 win. The game was closely contested, but our team showed resilience and composure in the final moments to seal the victory. Solid shooting, strong rebounding, and excellent ball movement helped secure the win. It was an impressive showing from our JV squad, and we look forward to seeing their continued growth and success throughout the season!

Both teams showcased excellent play, and we couldn't be more proud of their performances. As always, thank you to the coaches, players, and fans for their continued support. We look forward to more exciting games ahead!

Upcoming St. James Basketball Tournament - Week 2 Schedule

We are excited to announce the upcoming games for Week 2 of the St. James Basketball Tournament, taking place at St. James School in Stratford. Here's the schedule for our teams:

- **Tonight:** Boys JV at 5:30 PM

- **Tomorrow:**
 - Girls JV at 10:00 AM
 - Boys JV at 11:00 AM
 - Girls JV at 3:30 PM

Our teams are ready to take on the competition, and we encourage everyone to come out and support them! It's sure to be an action-packed week of basketball, and we look forward to seeing great performances from all our athletes.

Athletics Media Days Update

We are excited to continue our Athletics Media Days and want to share some important updates! First, a huge thank you to **Jesse Rosenschein**, mom of Tristan & Keegan, for generously volunteering her time to take photos of the Boys Varsity and Boys JV teams and offering these images at an incredible value. The preview of the JV Boys pictures is absolutely amazing, and we are so grateful for her support in capturing these moments for our teams!

Looking ahead, **Dan Kane**, former St. Rose parent, will be taking the rest of the team photos this coming week. We are incredibly thankful for Dan's generosity and his offer of a special photo package for all athletes. This is a wonderful opportunity for our teams, and we appreciate Dan's continued support!

Here's the updated schedule for the upcoming Media Days:

- **Monday (3:00 - 4:30 PM): Cheer Team**
Please bring any spare bows and socks you may have for the photo session.
- **Tuesday: Boys JV**
Boys JV players, please bring **all uniform pieces** for your photo shoot.
- **Thursday (3:00 - 4:30 PM): JV Girls**
JV Girls, please bring your **jersey, warm-up shirt, and black shorts** for your pictures.
- **Thursday Night (5-6:30): Girls Varsity Team**
Girls Varsity, please remember to bring **all uniform pieces** for your photo shoot.

We are so excited to capture these great moments for each team and are grateful for the amazing support from Jesse Rosenschein and Dan Kane. Thank you to all the athletes for bringing the necessary items, and we look forward to seeing the wonderful photos!

Upcoming Basketball Game Schedule for January – Come Show Your Support!

We've got an exciting month of basketball ahead! Here's the full schedule for January, with plenty of opportunities to cheer on our St. Rose teams:

- **Wednesday, January 15th:**
 - **Girls Varsity** vs St. Gregory – 6:00 PM at St. Gregory's School, Danbury
- **Friday, January 18th – Home Games:**
 - **Girls Varsity** vs St. Ann's – 9:00 AM
 - **Boys JV** vs St. James BJV – 10:10 AM
- **Wednesday, January 22nd – Home Games:**
 - **Boys JV** vs St. Joseph's BJV – 6:00 PM
 - **Boys Varsity** vs St. Joseph's Purple – 7:15 PM

- **Saturday, January 25th – Home Games:**
 - **Boys JV** vs St. Thomas 5th JV – 9:00 AM
 - **Girls Varsity** vs St. Mark GV – 10:10 AM
- **Wednesday, January 29th:**
 - **Girls Varsity** vs St. Mary – 6:00 PM at St. Mary, Bethel

We would love for you to come out and support our teams! In addition to cheering, we're also looking for volunteers to help make these games run smoothly. Volunteer hours are a great way to contribute to the team. If you're interested in helping, please sign up using this link:

[Volunteer Sign-up](#)

Let's make January a month to remember with great basketball and even greater team spirit!

Cheerleading Update – January & February Practice Schedule

Our St. Rose cheerleaders are ready to continue bringing energy and excitement to our teams this season! Here's a look at the upcoming cheer practice schedule:

- **Regular Practices (Mondays 3:00 – 4:00 PM):**

These will continue every Monday throughout the month, providing the perfect opportunity to keep building skills and team spirit.

- **Stunt-Only Team Practices (Mondays 4:00 – 4:30 PM):**

For our stunt-only team members, practice will now go until **4:30 PM** on Mondays. This is a great opportunity to focus on stunt-specific skills and preparation.

- **Special Stunt Practices:**

- **Saturday, January 11th:** 9:30 – 11:30 AM (STUNT ONLY)
- **Monday, January 20th:** 1:00 – 3:00 PM (STUNT ONLY)
- **Monday, February 17th:** 1:00 – 3:00 PM (STUNT ONLY)

These practices are essential for preparing our cheerleaders for upcoming performances and games, so we encourage everyone to attend.

Let's keep up the great work, and continue to bring that St. Rose spirit to the court! 

As always, thank you for your continued support of our St. Rose Athletics programs. We look forward to seeing you at our games and practices!

Note: always check the SportsEngine App for the most current practice and game schedule information

To view the athletics calendar, click [HERE!](#)

Let's go, Rams! 