



Check Out the [Athletics Page](#) on Our School Website!

We encourage all families to visit the page and explore the latest updates. It's a great resource for staying connected with St. Rose Athletics and getting involved in our vibrant sports community.

Click [here](#) to visit the Athletics Page and learn more! Thank you for your continued support, and we look forward to a fantastic year of sports at St. Rose!

We have some exciting updates to share with you from our Athletics department! Here's what's happening:

St. Rose Boys Basketball Update: Strong Wins at St. Joseph's!

We are excited to share the results from the two recent games played by our Boys Varsity and JV teams at St. Joseph's!

This Week's Game Results:

We had a busy and exciting week of games across all levels! Here's a quick look at the results:

Saturday, January 20th:

- **Girls Varsity** defeated St. Ann's 33-14
- **Boys JV** battled hard but fell to St. James, 42-17

Sunday, January 21st:

- **Girls JV** won against St. Joseph's, 24-6
- **Boys JV** secured a strong victory over St. Joseph's, 21-5

Wednesday, January 22nd (Home Games):

- **Boys JV** triumphed over St. Joseph's BJV, 43-25
- **Boys Varsity** narrowly lost to St. Joseph's Purple, 68-67 in a close game.

Overall, our teams showed great effort and sportsmanship, with standout performances across the board. Thank you to all the players, coaches, and supporters for making this week's games memorable. Let's keep the momentum going!

Upcoming Game Schedule:

Here's a look at the exciting games coming up for our teams:

Saturday, January 25, 2025

- **Girls Varsity** vs. St. Mark GV @ St. Catherine at 10:10 AM

Wednesday, January 29, 2025 (Postponed Game)

- **Girls Varsity** vs. St. Mary GV

Upcoming Basketball Game Schedule for February – Come Show Your Support!

Here's a look at the upcoming games for our teams this February! Be sure to mark your calendars and come out to support our athletes!

Sunday, February 2, 2025 @ St. Rose

- **St. Rose Girls JV** vs. St. Gregory's Blue at 1:00 PM
- **St. Rose Boys JV** vs. St. Gregory's Grey at 2:15 PM

Wednesday, February 5, 2025 @ St. Rose

- **Boys JV** vs. SCSS Boys JV at 6:00 PM
- **Boys Varsity** vs. SCSS Boys Varsity at 7:15 PM

Saturday, February 8, 2025 @ St. Rose

- **Boys JV** vs. St. Thomas 6th BJV at 9:00 AM
- **Girls Varsity** vs. St. Augustine GV at 10:10 AM
- **Boys Varsity** vs. St. Augustine Boys Varsity at 11:20 AM

Sunday, February 9, 2025 @ St. Joseph's School

- **St. Rose Girls JV** vs. St. Joseph's Girls JV at 1:00 PM
- **St. Rose Boys JV** vs. St. Joseph's Boys JV at 2:15 PM

Wednesday, February 12, 2025 @ St. Rose

- **Girls Varsity** vs. St. Joseph GV at 6:00 PM
- **Boys Varsity** vs. St. Joseph White BV at 7:15 PM

Tuesday, February 18, 2025 @ St. Rose

- **Girls Varsity** vs. St. Mary GV at 6:00 PM
- **Boys Varsity** vs. Holy Trinity BV at 7:15 PM

Wednesday, February 19, 2025 @ St. Rose

- **Boys JV** vs. St. Gregory BJV at 6:00 PM
- **Boys Varsity** vs. St. Gregory Blue BV at 7:15 PM

Saturday, February 22, 2025 @ St. Catherine's in Trumbull

- **Boys JV** vs. Assumption BJV at 11:20 AM (at St. Catherine)

Sunday, February 23, 2025 @ St. Joseph's & St. Thomas Aquinas

- **St. Rose Girls JV** vs. St. Joseph's Girls JV at 1:00 PM (at St. Joseph's)
- **Girls Varsity** vs. St. Thomas Blue GV at 2:10 PM (at St. Thomas Aquinas)
- **St. Rose Boys JV** vs. St. Joseph's Boys JV at 2:15 PM (at St. Joseph's)

Monday, February 24, 2025 @ St. Rose

- **Girls Varsity** vs. St. Gregory GV at 6:00 PM
- **Boys Varsity** vs. Greg White BV at 7:15 PM

We hope to see you there cheering on our teams! Go RAMS!

We would love for you to come out and support our teams! In addition to cheering, we're also looking for volunteers to help make these games run smoothly. Volunteer hours are a great way to contribute to the team. If you're interested in helping, please sign up using this link:

[Volunteer Sign-up](#)

Let's make February a month to remember with great basketball and even greater team spirit!

Cheerleading Update – January & February Practice Schedule

Our St. Rose cheerleaders are ready to continue bringing energy and excitement to our teams this season! Here's a look at the upcoming cheer practice schedule:

- **Regular Practices (Mondays 3:00 – 4:00 PM):**

These will continue every Monday throughout the month, providing the perfect opportunity to keep building skills and team spirit.

- **Stunt-Only Team Practices (Mondays 4:00 – 4:30 PM):**

For our stunt-only team members, practice will now go until **4:30 PM** on Mondays. This is a great opportunity to focus on stunt-specific skills and preparation.

- **Special Stunt Practices:**

- **Monday, February 17th: 1:00 – 3:00 PM (STUNT ONLY)**

These practices are essential for preparing our cheerleaders for upcoming performances and games, so we encourage everyone to attend.

As always, thank you for your continued support of our St. Rose Athletics programs. We look forward to seeing you at our games and practices!

Note: always check the SportsEngine App for the most current practice and game schedule information

To view the athletics calendar, click [HERE!](#) Let's go, Rams! 