



St Rose School, Health Office
40 Church Hill Road
Newtown, CT 06470

May 2020

Dear Parent/Guardian,

I hope that this letter finds you and your family well. Each spring, the Health Office sends a letter to parents of sixth and ninth graders to remind them of the State of CT requirement that students have a physical exam and updated immunizations before entering sixth-grade. This year our reminder has been delayed, knowing that many of you have had limited access to well-child care during the COVID-19 lockdown.

Our local pediatricians tell us that they are working hard to continue to safely provide needed immunizations and required physicals. Current health and immunization information will be more important than ever in keeping our community safe as we go forward. With these things in mind, we are asking that parents **submit a current physical for their sixth-grade students to the nurse's office before the start of school in August**. Any physical completed after August 27, 2019 is acceptable as long as all immunizations are up to date.

If your child has already had a physical dated after August 27, 2019, we would appreciate it if you would forward it to the school nurse as soon as possible (**only, if you haven't already**). Physicals should be recorded on the State of CT Health Assessment Record form. This form is available here: [State Health Assessment Forms \(K-8 Grades\)](#)

If your child has not had a physical since August 2019, please call your health care provider for guidance on scheduling a well-child visit for a physical exam and any needed immunizations.

Students who are participating in interscholastic and/or intramural sports can use the same physical to meet the requirement for sports clearance, as long as the exam date is within thirteen months of the first sports team tryout/practice.

Completed physicals should be emailed, faxed, or mailed to the school nurse:
St Rose of Lima School, Bonnie Nezvesky, RN
nurse@srles.com
Fax: 203-426-5374

If you are having difficulty getting immunizations or a physical for your child, please email your school nurse. We will be working to help make well-child care accessible for all of our students.

We realize that there are still many unknowns about school reentry. We will need everyone's help as we plan for the health and safety of the whole community. Thank you in advance for working with us to meet that goal.

Stay safe. Be well.

Anne Dalton, RN, BSN, Nursing Supervisor
Newtown School District