

At Benchmark Senior Living Communities, individuals are celebrated, and personal connections are created — with endless opportunities to live in the moment, while cherishing memories of the past.

Driven by a people-first philosophy, care is delivered by a team of Associates who are Called to Care. Our focus is on ensuring every resident feels empowered, nurtured and heard. Becoming part of a Benchmark community brings:



Holistic, Personalized Care Individualized care plans are created for each resident and designed to address changing needs. A comprehensive approach to care is supported by access to specialists, such as geriatric neurologists and psychiatrists\* and the resident's selected providers.



One Face of Care Residents benefit from continuous support of a designated team of Mind and Memory Care associates, providing desired familiarity, understanding and comfort with day-to-day activities. These individuals lead with compassion and patience and provide a direct communications line to families to stay connected and informed.



Commitment to Learning and Security Residents deserve a secure place to call home. We are always seeking new ways to evolve and exceed expectations with quality education in safety and infection control, empathy and relationship-building.



**Designed with Home in Mind** Purposefully designed rooms and indoor and outdoor spaces deliver a sense of comfort, familiarity. Mind and Memory design elements are incorporated to minimize overstimulation, such as special lighting and contrasting color palettes.



Mind and Memory Dining Resident-centered dining approach creates positive mealtime experiences that encourage independence, with associates trained to recognize nonverbal cues to provide assistance. Resident food preferences influence meal choices aimed to stimulate appetite and maintain health.



**Building and Nurturing Connections** Through interviews and discovery sessions using TSO Life, and family discussions, memories, interests and experiences are uncovered. By really getting to know individuals, associates encourage participation in activities that nurture passions, build connections and bring joy

