

DISCOVER ELDERCARE SERVICES AT UCFS

Ross Adult Day Services

Provide support when:

- An adult cannot perform all the activities of daily living, but does not need professional care around the clock
- A respite opportunity for the caregiving family is needed
- The caregiver must go to work and a safe and enriching environment is required
- An adult needs social stimulation to prevent loneliness or depression
- Supervision during the day is needed
- Assistance is needed with meals
- The individual could maximize their health and well-being through activities, socialization and professional supervision

Services include:

- Nursing care management
- Personal care and assistance
- Enrichment
- Home-style meals
- Wheelchair transportation
- Social services
- Outdoor secured courtyard
- Sensory room for individuals with dementia
- Salon services
- Podiatrist visits
- Fulfilling social environment

Primary Care Services

- Located at UCFS Eldercare for the Sheltering Arms residents and Adult Day participants.
- Mondays 1:00pm - 4:30pm
- Physicals, wellness visits, sick visits, immunizations
- UCFS accepts most insurances including Medicare and Medicaid. UCFS participates with some Medicare advantage plans
- Podiatry visits every 9 weeks

Hours:

Monday - Friday
8:00 a.m. - 4:30 p.m.

ROSS ADULT DAY CENTER

165 McKinley Avenue
Norwich, CT 06360
T (860) 889-1252
F (860) 892-2340

Sheltering Arms Residential Care

Sheltering Arms is a home for men and women age 60 years and older. It allows residents to maintain independence, surrounded by friends and caring staff, in a home-like atmosphere.

Benefits Include:

- Private rooms
- On-site nurse and 24-hour resident attendants
- Three, home-style meals provided each day
- Laundry and housekeeping services
- Formal living room for entertaining with family and friends
- Sun porches
- Community TV's
- Recreation and social activities
- Intergenerational programs
- Transportation to and from off-site activities
- Medication administration

Additional Amenities:

- Private telephone
- Satellite television/Wi-Fi available
- Podiatry visits
- Salon services
- Outdoor courtyard

Respite Available:

- Upon room availability
- 1 week minimum

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SHELTERING ARMS RESIDENTIAL CARE

165 McKinley Avenue
Norwich, CT 06360
T (860) 887-5005
F (860) 892-2340

We currently have openings, call to schedule a tour.

This program is supported by Senior Resources Agency on Aging with Title-III funds made available under the Older Americans Act and the United Way of Southeastern Connecticut.



Sheltering Arms is a smoke free campus.